


Sunday Monday Tuesday Wednesday Thursday Friday Saturday



August 2017

Regency Retirement Village Memory Care

		1 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Personal Devotion/Relaxation 6:00 Aromatherapy	2 9:00 Sit & Be Fit Exercises 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia 2:00 Gardening Cooking Show • Enjoy the fruits of the garden (Potato Soup) 3:00 Bible Trivia 6:00 Aromatherapy	3 9:00 Parachute Exercises 9:30 Kick Ball Mania 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Kickball 2:30 Flyswatter Ping Pong 3:00 Music Sing-a-Long 6:00 Aromatherapy	4 9:00 Waking Up w/ Dancercise 9:30 Walking Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Vanessa Hill Concert – 2FL 2:30 Ring Tossor.... 2:30 Wayne Abbott as "Willie Nelson" in Concert - SR 3:30 Crafts or Painting 6:00 Aromatherapy	5 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
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6 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy ***Color of the Week: Yellow ***	7 9:00 Pet Therapy/Raleigh&Gooch 9:00 Sit & Be Fit Exercises 9:30 Kick Ball Exercise 10:00 Kathryn Music Therapy 2FL 11:00 Music Therapy 1:00 Puzzle Solving 2:00 Flyswatter Ping Pong 3:00 Art Set-up – Color: Yellow 6:00 Aromatherapy ***Color of the Week: Yellow ***	8 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Purple Hat Society - SR 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts 6:00 Aromatherapy	9 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Horse Shoes 2:00 Hymns and Music Sing-a-long 2:00 Employee Birthday Party 3:00 Table Games with staff * 6:00 Aromatherapy ***Color of the Week: Yellow ***	10 9:00 Morning Stroll 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Aromatherapy	11 9:00 Sit & Be Fit Exercises 9:30 Morning Exercise 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Lunch Out to Chow King 1:00 Walking Club 2:00 Art Finale – Color: Yellow 3:00 Hangman 6:00 Aromatherapy **FUNtastic Fri: Backwards Day**	12 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
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13 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	14 9:00 Pet Therapy/Raleigh&Gooch 9:00 Kick Ball Exercise 9:30 Sit & Be Fit Exercises 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Chix Soup for the Soul 1:30 Bible Devotions 2:00 Bean Bag Toss 3:00 Hangman 6:00 Aromatherapy	15 9:00 Morning Stroll with... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Gentlemen's Outing - SR 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Kickball 3:00 Checkers 6:00 Aromatherapy	16 9:00 Morning Stroll 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Flyswatter Ping Pong 2:00 Larry & Garnetta - 2 nd Floor 3:00 Crafts or Painting 6:00 Aromatherapy	17 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Resident B-Day Party 3:00 Group music Sing-along 6:00 Aromatherapy	18 9:00 Sit & Be Fit Exercise 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bean Bag Toss 2:00 Adult Coloring 2:15 Coffee & Donuts Treat 3:00 Bingo for Prizes 6:00 Aromatherapy	19 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
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20 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	21 9:00 Pet Therapy/Raleigh&Gooch 9:00 Morning Stroll 9:30 Sit & Be Fit Exercises 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Pokeno 2:00 Flyswatter Ping Pong 3:00 Musical Movements 6:00 Aromatherapy	22 9:00 Morning Stroll with... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy with staff * 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Horseshoes 2:30 Kickball 3:00 Checkers 6:00 Aromatherapy	23 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Wolfgang – SR 1:00 Hymnal Music Therapy 2:00 Target Toss 3:00 Crafts or Painting 6:00 Aromatherapy	24 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Aromatherapy	25 9:00 Parachute Exercise 9:30 Walking Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Michael Havron Concert– 3rd 1:00 Michael Havron Concert - 2nd 1:00 Magazine & Book Reading 2:00 Ladderball 2:30 Walking Club 3:00 Hangman	26 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
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27 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	28 9:00 Pet Therapy/Raleigh&Gooch 9:00 Parachute 9:30 Sit & Be Fit Exercises 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks 6:00 Aromatherapy	29 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Bracelet Making & Beading 6:00 Aromatherapy	30 9:00 Sit & Be Fit Exercises 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia 2:00 Bean Bag Toss 3:00 Puzzle Play 6:00 Aromatherapy	31 9:00 Parachute Exercises 9:30 Kick Ball Mania 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Building Blocks 2:30 Basketball or Air Hockey 3:00 Music Sing-a-Long 6:00 Aromatherapy	
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Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change. Please forgive any scheduling errors; staff plans to assist when needed.