

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Regency Retirement Village – Memory Care

<h2 style="color: red;">July 2017</h2> <h3>Regency Retirement Village – Memory Care</h3>							<p>1 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy <small>Canada Day</small></p>
<p>2 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy ***Color of the Week: Red ***</p>	<p>3 9:00 Pet Therapy/Raleigh&Gooch 9:00 Sit & Be Fit Exercises 9:30 Kick Ball Exercise 10:00 Kathryn Music Therapy 2FL 11:00 Music Therapy 1:00 Puzzle Solving 2:00 Flyswatter Ping Pong 3:00 Art Set-up – Color: Red 6:00 Aromatherapy ***Color of the Week: Red ***</p>	<p>4 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Personal Devotion/Relaxation</p>	<p>5 9:00 Wii Fit or Morning Stroll 9:30 Group Music Therapy 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia 2:00 Target Toss 3:00 Table Games 6:00 Aromatherapy ***Color of the Week: Red ***</p>	<p>6 9:00 Wii Fit 9:30 Kick Ball Mania 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Kickball 2:30 Flyswatter Ping Pong 3:00 Music Sing-a-Long 6:00 Aromatherapy</p>	<p>7 9:00 Waking Up w/ Dancercise 9:30 Walking Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Ring Toss 2:30 Foot Stompin' Band - SR 3:30 Crafts or Painting 6:00 Aromatherapy **FUNtastic Fri: Sunglasses Day**</p>	<p>8 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy ***Color of the Week: Red ***</p>	
<p>9 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy</p>	<p>10 9:00 Pet Therapy/Raleigh&Gooch 9:00 Parachute 9:30 Sit & Be Fit Exercises 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks 6:00 Aromatherapy</p>	<p>11 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Purple Hats in for Lunch 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts</p>	<p>12 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Horse Shoes 2:00 Larry & Garnetta - 2nd Floor 2:00 Employee Birthday Party 3:00 Table Games with staff * 6:00 Aromatherapy</p>	<p>13 9:00 Wii Fit 9:30 Morning Stroll 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along</p>	<p>14 9:00 Sit & Be Fit Exercises 9:30 Morning Exercise 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Lunch Out to Cracker Barrel 1:00 Walking Club 2:00 Shady Grady in Concert - SR 3:00 Hangman 6:00 Aromatherapy</p>	<p>15 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy</p>	
<p>16 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy</p>	<p>17 9:00 Pet Therapy/Raleigh&Gooch 9:00 Kick Ball Exercise 9:30 Sit & Be Fit Exercises 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Chix Soup for the Soul 1:30 Bible Devotions 2:00 Bean Bag Toss 3:00 Hangman</p>	<p>18 9:00 Morning Stroll with... 9:30 Gardening Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Gentlemen's Outing 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Kickball 3:00 Checkers</p>	<p>19 9:00 Wii Fit or Morning Stroll 9:30 Group Music Therapy 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Personal Devotion/Relaxation 2:00 Flyswatter Ping Pong 3:00 Crafts or Painting 6:00 Aromatherapy</p>	<p>20 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Resident B-Day Party 3:00 Group music Sing-along 6:00 Aromatherapy</p>	<p>21 9:00 Wii Fit 9:30 Morning Stroll 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bean Bag Toss 2:00 Adult Coloring 2:15 Coffee & Donuts Treat 3:00 Bingo for Prizes 6:00 Aromatherapy</p>	<p>22 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy</p>	
<p>23 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy</p>	<p>24 9:00 Pet Therapy/Raleigh&Gooch 9:00 Wii Fit 9:30 Sit & Be Fit Exercises 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Pokeno 2:00 Flyswatter Ping Pong 3:00 Musical Movements 6:00 Aromatherapy</p>	<p>25 9:00 Morning Stroll with... 9:30 Gardening Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 10:30 ALZ Bake Sale 11:00 Music Therapy with staff * 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Horseshoes 2:30 Kickball</p>	<p>26 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Wolfgang – SR 1:00 Hymnal Music Therapy 2:00 Target Toss 3:00 Crafts or Painting 6:00 Aromatherapy</p>	<p>27 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along</p>	<p>28 9:00 Parachute Exercise 9:30 Walking Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Michael Havron Concert– 3rd 1:00 Michael Havron Concert - 2nd 1:00 Magazine & Book Reading 2:00 Ladderball 2:30 Walking Club</p>	<p>29 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 3:00 Messiah Minstrels - SR 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy</p>	
<p>30 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy</p>	<p>31 9:00 Pet Therapy/Raleigh&Gooch 9:00 Parachute 9:30 Sit & Be Fit Exercises 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks 6:00 Aromatherapy</p>						

Green activities are “mind”; yellow activities are “spirit”; and blue activities are “body”. Activities are subject to change. Please forgive any scheduling errors; staff plans to assist when needed.