

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2017

Regency Retirement Village – Memory Care

<p>4 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Church (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy ***Color of the Week: Green ***</p>	<p>5 9:00 Pet Therapy w. Raleigh & Gooch 9:00 Sit & Be Fit Exercises 9:30 Kick Ball Exercise 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Puzzle Solving 2:00 Flyswatter Ping Pong 3:00 Art Set-up – Color: Blue 6:00 Aromatherapy</p>	<p>6 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Personal Devotion/Relaxation 6:00 Aromatherapy</p>	<p>7 9:00 Wii Fit or Morning Stroll 9:30 Musical Movements with... 9:30 Instruments 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia 2:00 Target Toss 3:00 Table Games 6:00 Aromatherapy ***Color of the Week: Green ***</p>	<p>8 9:00 Wii Fit 9:30 Morning Stroll 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Aromatherapy</p>	<p>9 9:00 Sit & Be Fit Exercises 9:30 Morning Exercise 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Lunch Out to Meteor Buffet 1:00 Walking Club 1:30 Wayne Abbott as "Willie Nelson" in Concert - SR 3:00 Hangman 6:00 Aromatherapy</p>	<p>10 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy</p>
<p>11 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Church (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy</p>	<p>12 9:00 Pet Therapy w. Raleigh & Gooch 9:00 Parachute 9:30 Sit & Be Fit Exercises 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks 6:00 Aromatherapy</p>	<p>13 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Purple Hats in for Lunch 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts 6:00 Aromatherapy</p>	<p>14 9:00 Parachute Exercise 9:30 Musical Movements with... 9:30 Instruments 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Horse Shoes 2:00 Larry & Garnetta as "Two for the Show" - 2nd Floor 2:00 Employee Birthday Party 3:00 Table Games with staff *</p>	<p>15 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Aromatherapy</p>	<p>16 9:00 Wii Fit 9:30 Kickball 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Walking Club 1:30 Randy Taylor & The Tea Time Band - SR 3:00 Trivia Competition 6:00 Aromatherapy</p>	<p>17 9:00 Morning Exercise 10:00 Snacks 10:00 Chamber Music Concert presented by the HSV Youth Orch.-SR 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy</p>
<p>18 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Church (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy Father's Day</p>	<p>19 9:00 Pet Therapy w. Raleigh & Gooch 9:00 Kick Ball Exercise 9:30 Sit & Be Fit Exercises 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Chix Soup for the Soul 1:30 The Alexander's in Concert 2:00 Bean Bag Toss 3:00 Hangman</p>	<p>20 9:00 Morning Stroll with... 9:30 Gardening Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Gentlemen's Outing 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Kickball 3:00 Checkers 6:00 Aromatherapy</p>	<p>21 9:00 Wii Fit or Morning Stroll 9:30 Musical Movements with... 9:30 Instruments 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Personal Devotion/Relaxation 2:00 Flyswatter Ping Pong 3:00 Tables Games 6:00 Aromatherapy</p>	<p>22 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Resident B-Day Party 3:00 Music Sing-along with.... 3:00 Instruments with staff * 6:00 Aromatherapy</p>	<p>23 9:00 Sit & Be Fit Exercises 9:30 Walking Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Magazine & Book Reading 2:00 Ladderball 2:30 Walking Club 3:00 Hangman 6:00 Aromatherapy</p>	<p>24 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy</p>
<p>25 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Church (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy</p>	<p>26 9:00 Pet Therapy w. Raleigh & Gooch 9:00 Wii Fit 9:30 Sit & Be Fit Exercises 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Pokeno 2:00 Flyswatter Ping Pong 3:00 Musical Movements 6:00 Aromatherapy</p>	<p>27 9:00 Morning Stroll with... 9:30 Gardening Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 10:30 ALZ Bake Sale 11:00 Music Therapy with staff * 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Horseshoes 2:30 Kickball 3:00 Checkers</p>	<p>28 9:00 Parachute Exercise 9:30 Musical Movements with... 9:30 Instruments 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Wolfgang – SR 1:00 Hymnal Music Therapy 2:00 Target Toss 3:00 Table Games 6:00 Aromatherapy</p>	<p>29 9:00 Wii Fit 9:30 Morning Stroll 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Bean Bag Toss 2:00 Adult Coloring 2:15 Coffee & Donuts Treat 3:00 Bingo for Prizes 6:00 Aromatherapy</p>	<p>30 9:00 Parachute Exercise 9:30 Walking Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Michael Havron Concert- 3rd 1:00 Michael Havron Concert - 2nd 1:00 Magazine & Book Reading 2:00 Ladderball 2:30 Walking Club 3:00 Hangman</p>	

Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change. Please forgive any scheduling errors; staff plans to assist when needed.