

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2016

Memory Care

9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 3:00 YANA Cheerleaders Show - SR 5:00 I Love Lucy DVD	9:00 Bible Talks 9:00 Pet Therapy w. Raleigh & Gooch 9:30 Kick Ball Exercise 10:00 Kathryn Music Therapy - 2FL 10:30 New Beginnings Little Choir with Don't Forget Me Choir - SR 10:00 Snacks 10:30 Ring Toss 1:00 Bean Bag Toss 2:00 Snacks 2:15 Mani- Spa treatments 3:45 Room Refresh 5:00 Movie or Music Sing-a-long	9:00 Morning Outside Stroll 9:30 Hangman 10:00 Snacks 10:30 Bean Bag Toss 1:00 One-To-One 1:30 Cooking Show: Christmas Pancakes 2:00 Snacks and Crafts 2:00 Crafts 2:15 "Beamer" and Karen Pet Therapy 3:45 Room Refresh 5:00 Bingo	9:00 Parachute Exercise 9:30 Musical Movements 10:00 Snacks 10:00 Trinity UM Hand Bells - SR 10:30 Flyswatter Ping Pong 1:30 Madison Senior Center Line Dancers - SR 2:00 Employee B-Day Party 2:00 Snack & 2:15 Wed Movie Matinee 3:45 Room Refresh 6:30 Sparkman Young Men/Women-SR	9:30 Morning Exercise 10:00 Snacks 10:30 Kick Ball Mania 1:00 One-To-One 2:00 Snacks 2:15 Bingo for Prizes 3:45 Room Refresh 5:00 Bingo	1 FUnTastic Fri: International Day 9:00 Waking Up W/ Dancercise 9:30 Sit & Be Fit Exercise 10:00 Snacks 10:30 Ring Toss 1:30 Vanessa Hill Performance-2FL 2:00 Snacks 3:45 Room Refresh 5:00 Tic Tac Toe	2 9:00 Praise and Worship Reading 10:00 Snacks 10:00 A&M Speech, Lang., & Hearing Association Bingo & Crafts - 3rd floor 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Lily Lloyd Valley Conservatory Music Performance - SR 3:00 Hangman Challenge 5:00 I Love Lucy DVD	9:00 Morning Exercise 9:00 Pet Therapy w. Raleigh & Gooch 10:00 Snacks 10:30 Flyswatter Ping Pong 1:00 Hallelujah Choir with 1st Baptist - SR 1:00 One-To-One 2:00 Snacks 2:15 Manicure Spa Day 3:45 Room Refresh 5:00 Round Table Games	9:00 Morning Exercise 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise 1:00 Art Setup 2:00 Snacks 2:15 Bingo 2:15 "Beamer" and Karen Pet Therapy 3:45 Room Refresh 5:00 Bingo	9:00 Parachute Exercise 9:30 Our Daily Bread 10:00 Snacks 10:15 Horse Shoes 1:00 Target Toss 2:00 Larry & Garnetta in Concert 3:45 Room Refresh	9:30 Move & Groove Fitness 10:00 Snacks 10:30 Trivia Time! 1:00 One-To-One 1:00 Resident B-Day Party 2:00 Basketball Hoops 3:45 Room Refresh 5:00 Bingo	8 9:00 Parachute Exercise 9:30 Musical Movements 11:30 Lunch Out to Steak & Shake - Bus 2:00 Snacks 2:30 Regency Buck Auction- 2FL 3:00 Stars & Clowns Triple A Performers - SR 3:45 Room Refresh 5:00 Gaithers DVD	9 9:30 Morning Exercise 10:00 Snacks 10:30 Musical Movements 10:30 Kick Ball Mania 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 3:00 Mrs Goodwin & Youth in Concert with Christmas Music - SR 5:00 I Love Lucy DVD	9:00 Morning Exercise 9:00 Pet Therapy w. Raleigh & Gooch 9:30 Parachute 10:00 Snacks 10:30 Flyswatter Ping Pong 1:00 One-To-One 2:00 Snacks and Manicure Spa Day 2:30 Horse Shoes 3:45 Room Refresh 5:00 Table Games or Music Sing-a-long	9:00 Morning Exercise 9:00 Youth Comm Choir - SR 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise 11:30 Purple Hats in for Lunch 2:00 Snacks 2:15 "Beamer" and Karen Pet Therapy 2:15 Crafting Class 3:45 Room Refresh Prime Rib Dinner - DR	9:00 Parachute Exercise 9:30 Our Daily Bread 10:00 Snacks 10:15 Horse Shoes 1:00 Target Toss 2:15 Cooking Show - Christmas Cookies 3:45 Room Refresh	9:30 Move & Groove Fitness 10:00 Snacks 10:30 Parachute Exercise 1:00 Adult Coloring 2:00 Snacks 2:15 Paint & Drink 3:45 Room Refresh 5:00 Bingo 5:15 Galaxy of Lights at Botanical Gardens - Bus • \$3 per person	15 9:30 Morning Exercise 10:00 Snacks 10:30 Kick Ball Mania 1:00 Tic Tac Toe Toss 2:00 Snacks 2:15 Christmas Movie 3:45 Room Refresh 5:00 Don't Break the Ice 5:30 Young Musician Band Recital - SR	16 9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	9:00 Bible Talks 9:00 Pet Therapy w. Raleigh & Gooch 9:30 Kick Ball Exercise 10:00 Snacks 1:00 Tic Tac Toe Ball 2:00 Snacks 2:15 Mani- Spa treatments 3:45 Room Refresh 5:00 Table Games or Music Sing-a-long	9:00 Morning Exercise 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise 1:00 One-To-One 2:00 Snacks 2:15 Basketball Hoops 3:45 Room Refresh 5:00 Bingo	9:00 Morning Exercise 9:30 Trivia 10:00 Snacks 10:30 Hangman Challenge 1:00 Wolfgang - SR 2:15 Crafts 3:45 Room Refresh	9:30 Morning Exercise 10:00 Snacks 10:30 Basketball Hoops 1:00 One-To-One 2:00 Snacks 2:15 Bingo 3:45 Room Refresh 5:00 Bingo	18 9:00 Morning Exercise 9:30 Dancercise 10:00 Snacks 10:30 Did You Know Trivia - 2FL 1:00 White Elephant Christmas Party & Gifts 2:00 Jack Lawless & Rebecca Mae in Concert - SR 3:45 Room Refresh 5:00 I Love Lucy DVD	17 9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25] 6:00 Raul Meja in Concert with Guitar for Christmas Eve - SR 7:00 Don't Break the Ice
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	9:00 Bible Talks 9:00 Pet Therapy w. Raleigh & Gooch 9:30 Kick Ball Exercise 10:00 Snacks 1:00 Tic Tac Toe Ball 2:00 Snacks 2:15 Mani- Spa treatments 3:45 Room Refresh 5:00 Table Games or Music Sing-a-long	9:00 Morning Exercise 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise 1:00 One-To-One 2:00 Snacks 2:15 Basketball Hoops 3:45 Room Refresh 5:00 Bingo	9:00 Morning Exercise 9:30 Trivia 10:00 Snacks 10:30 Hangman Challenge 1:00 Wolfgang - SR 2:15 Crafts 3:45 Room Refresh	9:30 Morning Exercise 10:00 Snacks 10:30 Basketball Hoops 1:00 One-To-One 2:00 Snacks 2:15 Bingo 3:45 Room Refresh 5:00 Bingo	25 9:00 Morning Exercise 9:30 Dancercise 10:00 Snacks 10:30 Bean Bag Toss 1:00 Tic Tac Toe Toss 2:00 Snacks 2:15 New Year's Eve Count Down Party & Celebration 3:45 Room Refresh 5:00 Don't Break the Ice	24 9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25] 7:00 Don't Break the Ice

Christmas Day

Activities are subject to change. Please forgive any scheduling errors.

New Year's Eve