

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD  New Year's Day	1 9:00 Bible Talks 9:00 <i>Pet Therapy w. Raleigh & Gooch</i> 9:30 Kick Ball Exercise 10:00 Kathryn Music Therapy – 2FL 10:00 Snacks 10:30 Beach Ball Volleyball 1:00 Bean Bag Toss 2:00 Snacks 2:15 Mani- Spa treatments 3:45 Room Refresh 5:00 Movie or Music Sing-a-long	2 9:00 Morning Outside Stroll 9:30 Hangman 10:00 Snacks 10:30 Bean Bag Toss 1:00 One-To-One 2:00 Snacks 2:15 Playdough Art – 2nd 3:00 Craft Time – 3rd 3:45 Room Refresh 5:00 Bingo	3 9:00 Parachute Exercise 9:30 Musical Movements 10:00 Snacks 10:30 Flyswatter Ping Pong 2:00 Snack 2:15 Wed Movie Matinee 3:45 Room Refresh	4 9:30 Morning Exercise 10:00 Snacks 10:30 Kick Ball Mania 1:00 Music Sing-a-Long with Instruments 2:00 Snacks 2:15 Bingo for Prizes 3:45 Room Refresh 5:00 Bingo	5 9:00 Waking Up W/ Dancercise 9:30 Sit & Be Fit Exercise 10:00 Snacks 10:30 Ring Toss 1:30 Vanessa Hill Performance- 2FL 2:00 Snacks 2:30 Building Blocks 3:45 Room Refresh 5:00 Tic Tac Toe **FUNtastic Fri: PJ Day**	6 9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
8 9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	9 9:00 Morning Exercise 9:00 <i>Pet Therapy w. Raleigh & Gooch</i> 10:00 Snacks 10:30 Flyswatter Ping Pong 1:00 Music Sing-a-Long with Instruments 2:00 Snacks 2:15 Manicure Spa Day 3:45 Room Refresh 5:00 Round Table Games	10 9:00 Morning Exercise 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise 1:00 Art Setup 2:00 Snacks 2:15 Bingo 2:15 "Beamer" and Karen Pet Therapy 3:45 Room Refresh 5:00 Bingo	11 9:00 Parachute Exercise 9:30 Our Daily Bread 10:00 Snacks 10:15 Horse Shoes 1:00 Target Toss 2:00 Employee Town Hall - SR 2:00 Larry & Garnetta as "Two for the Show" - 2 nd Floor 3:45 Room Refresh	12 9:30 Morning Outside Stroll 10:00 Snacks 10:30 Musical Movements 1:00 One-To-One 2:00 Snacks 2:15 Hangman Challenge 3:45 Room Refresh 5:00 Bingo	13 9:00 Parachute Exercise 9:30 Musical Movements 11:30 Lunch Out to Golden Corral on University 1:00 "Willie Nelson" Impersonator Wayne Abbott - SR 2:00 Snacks 2:30 Regency Buck Auction- 2FL 3:45 Room Refresh 5:00 Gaithers DVD	14 9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
15 9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	16 9:00 Morning Exercise 9:00 <i>Pet Therapy w. Raleigh & Gooch</i> 9:30 Parachute 10:00 Snacks 10:30 Flyswatter Ping Pong 2:00 Snacks and Manicure Spa Day 2:30 Horse Shoes 3:45 Room Refresh 5:00 Table Games or Music Sing-a-long Martin Luther King Day	17 9:00 Morning Exercise 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise 11:30 Purple Hats in for Lunch 2:00 Snacks 2:15 "Beamer" and Karen Pet Therapy 2:15 Crafting Class/Beading 3:45 Room Refresh Prime Rib Dinner - DR	18 9:00 Parachute Exercise 9:30 Our Daily Bread 10:00 Snacks 10:15 Horse Shoes 1:00 Target Toss 2:15 Cooking Show – Grilled Cheese 3:45 Room Refresh	19 9:30 Move & Groove Fitness 10:00 Snacks 10:30 Trivia Time! 11:00 "Memory Lane Music" aka Michael Havron – 3 rd 1:00 "Memory Lane Music" aka Michael Havron – 2 nd 1:00 Resident B-Day Party 2:00 Basketball Hoops 3:45 Room Refresh 5:00 Bingo	20 9:30 Morning Exercise 10:00 Snacks 10:30 Kick Ball Mania 1:00 Tic Tac Toe Toss 2:00 Wine & Cheese 3:45 Room Refresh 5:00 Don't Break the Ice	21 9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
22 9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	23 9:00 Bible Talks 9:00 <i>Pet Therapy w. Raleigh & Gooch</i> 9:30 Kick Ball Exercise 10:00 Snacks 1:00 Tic Tac Toe Ball 1:30 Activity Professionals Week Opening Ceremony - SR 2:00 Snacks 2:15 Mani- Spa treatments 3:45 Room Refresh 5:00 Table Games or Music Sing-a-long	24 9:00 Morning Exercise 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise 1:00 Music Sing-a-Long with Instruments 2:00 Snacks 2:15 "Beamer" and Karen Pet Therapy 2:15 Basketball Hoops 3:45 Room Refresh 5:00 Bingo	25 9:00 Morning Exercise 9:30 Trivia 10:00 Snacks 10:30 Hangman Challenge 1:00 Wolfgang – SR 2:15 Crafts or Beading 3:45 Room Refresh	26 9:30 Move & Groove Fitness 10:00 Snacks 10:30 Parachute Exercise 1:00 Adult Coloring 1:30 John Irvin & Darrell - SR 2:00 Snacks 2:15 Painting 3:45 Room Refresh 5:00 Bingo Australia Day	27 9:00 Morning Exercise 9:30 Dancercise 10:00 Snacks 10:00 Jennifer Jonas – Music Therapy – 3FL 10:30 Did You Know Trivia – 2FL 1:00 Regency Buck Auction -2FL 2:00 Target Toss 3:45 Room Refresh 5:00 I Love Lucy DVD	28 9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
29 9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	30 9:00 Morning Exercise 9:00 <i>Pet Therapy w. Raleigh & Gooch</i> 10:00 Snacks 10:30 Flyswatter Ping Pong 1:00 Craft Time or Beading 2:00 Snacks 2:15 Manicure Spa Day 3:45 Room Refresh 5:00 Round Table Games	31 9:00 Morning Exercise 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise 1:00 Art Setup 2:00 Snacks 2:15 Bingo 2:15 "Beamer" and Karen Pet Therapy 3:45 Room Refresh 5:00 Bingo	 January 2017 Memory Care			Chinese New Year

Activities are subject to change. Please forgive any scheduling errors.