

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			9:00 Parachute Exercise 9:30 Musical Movements 10:00 Snacks 10:30 Flyswatter Ping Pong 2:00 Snack <b>2:00 Employee Birthday Party &amp; Town Hall - SR</b> 2:15 Wed Movie Matinee 3:45 Room Refresh	9:30 Morning Exercise 10:00 Snacks 10:30 Kick Ball Mania 1:00 Music Sing-a-Long with Instruments 2:00 Snacks <b>2:15 Bingo for Prizes</b> 3:45 Room Refresh 5:00 Bingo  Groundhog Day	9:00 Waking Up W/ Dancercise 9:30 Sit & Be Fit Exercise 10:00 Snacks 10:30 Ring Toss <b>1:30 Vanessa Hill Performance-2FL</b> 2:00 Snacks 2:30 Building Blocks 2:45 Dempsey's in Concert - 2nd 3:45 Room Refresh 5:00 Tic Tac Toe <b>**FUNtastic Fri: Hollywood Day**</b>	9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	9:00 Bible Talks <b>9:00 Pet Therapy w. Raleigh &amp; Gooch</b> <b>9:30 Kick Ball Exercise</b> <b>10:00 Kathryn Music Therapy - 2FL</b> 10:00 Snacks 10:30 Beach Ball Volleyball 1:00 Bean Bag Toss 2:00 Snacks <b>2:15 Mani- Spa treatments</b> 3:45 Room Refresh 5:00 Movie or Music Sing-a-long	9:00 Morning Outside Stroll 9:30 Hangman 10:00 Snacks 10:30 Checkers 1:00 One-To-One 2:00 Snacks <b>2:15 Playdough Art</b> 2:15 "Beamer" and Karen Pet Therapy <b>3:00 Craft Time - 3rd</b> 3:45 Room Refresh 5:00 Bingo	9:00 Parachute Exercise 9:30 Our Daily Bread 10:00 Snacks 10:15 Horse Shoes <b>1:00 Crafting Class/Beading</b> 2:15 Bingo 3:45 Room Refresh	9:30 Morning Outside Stroll 10:00 Snacks 10:30 Musical Movements 1:00 One-To-One 2:00 Snacks <b>2:15 Hangman Challenge</b> 3:45 Room Refresh 5:00 Bingo	9:30 Morning Exercise 10:00 Snacks 10:30 Pokeno 11:00 "Memory Lane Music" aka Michael Havron - 3rd 1:00 "Memory Lane Music" aka Michael Havron - 2nd 1:00 Tic Tac Toe Toss 3:45 Room Refresh 5:00 Don't Break the Ice	9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	9:00 Morning Exercise <b>9:00 Pet Therapy w. Raleigh &amp; Gooch</b> 10:00 Snacks 10:30 Flyswatter Ping Pong <b>1:00 Art Setup - Color: Red</b> 2:00 Snacks <b>2:15 Manicure Spa Day</b> 3:45 Room Refresh 5:00 Round Table Games  ***Color of the Week: Red***	9:00 Kick Ball <b>9:30 Step It Up Walking!</b> 10:00 Snacks 10:30 Dancercise 1:00 Music Sing-a-Long with Instruments 2:00 Snacks <b>2:15 Valentine's Day Party</b> 2:15 "Beamer" and Karen Pet Therapy 3:45 Room Refresh 5:00 Bingo ***Color of the Week: Red*** Valentine's Day	9:00 Parachute Exercise 9:30 Our Daily Bread 10:00 Snacks 10:15 Puzzle Solving 1:00 Target Toss 2:00 Larry & Garnetta as "Two for the Show" - 2 <sup>nd</sup> Floor 3:45 Room Refresh	9:30 Move & Groove Fitness 10:00 Snacks 10:30 Trivia Time! <b>1:00 Resident B-Day Party</b> 2:00 Basketball Hoops 3:45 Room Refresh 5:00 Bingo  ***Color of the Week: Red***	9:00 Parachute Exercise 9:30 Musical Movements <b>11:30 Lunch Out to Meteor Buffet</b> 2:00 Snacks <b>2:30 Regency Buck Auction- 2FL</b> 3:45 Room Refresh 5:00 Gaithers DVD  ***Color of the Week: Red***	9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	9:00 Morning Exercise <b>9:00 Pet Therapy w. Raleigh &amp; Gooch</b> 9:30 Parachute 10:00 Snacks 10:30 Flyswatter Ping Pong 2:00 Snacks and <b>Manicure Spa Day</b> 2:30 Horse Shoes 3:45 Room Refresh 5:00 Table Games or Music Sing-a-long  Presidents' Day (US)	9:00 Morning Exercise 9:30 Step It Up Walking! 10:00 Snacks 10:30 Dancercise <b>11:30 Purple Hats in for Lunch</b> 2:00 Snacks 2:15 "Beamer" and Karen Pet Therapy <b>2:15 Crafting Class/Beading</b> 3:45 Room Refresh Prime Rib Dinner - DR	9:00 Morning Exercise 9:30 Trivia 10:00 Snacks 10:30 Hangman Challenge <b>1:00 Wolfgang - SR</b> <b>2:15 Painting</b> 3:45 Room Refresh	9:30 Move & Groove Fitness 10:00 Snacks 10:30 Parachute Exercise 1:00 Adult Coloring 2:00 Snacks <b>2:00 Wine &amp; Cheese</b> <b>2:45 Target Toss</b> 3:45 Room Refresh 5:00 Bingo	9:00 Morning Exercise 9:30 Dancercise 10:00 Snacks 10:30 Did You Know Trivia - 2FL <b>1:00 Regency Buck Auction -2FL</b> 2:00 Target Toss 3:45 Room Refresh 5:00 I Love Lucy DVD	9:30 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Hot Seat Bowling 5:00 Lawrence Welk [Ch 25]
9:00 Beauty Hour 10:00 Snack Break 10:15 Whitesburg Baptist Church (TV) 2:15 Snacks 3:00 Hangman Challenge 5:00 I Love Lucy DVD	9:00 Bible Talks <b>9:00 Pet Therapy w. Raleigh &amp; Gooch</b> <b>9:30 Kick Ball Exercise</b> 10:00 Snacks 1:00 Pokeno 2:00 Snacks <b>2:15 Mani- Spa treatments</b> 3:45 Room Refresh 5:00 Table Games or Music Sing-a-long	9:00 Kick Ball <b>9:30 Step It Up Walking!</b> 10:00 Snacks 10:30 Dancercise 1:00 Music Sing-a-Long with Instruments 2:00 Snacks 2:15 "Beamer" and Karen Pet Therapy <b>2:15 Basketball Hoops</b> 3:45 Room Refresh 5:00 Bingo Mardi Gras	<h1>February 2017</h1> <h2>Memory Care</h2>			

Activities are subject to change. Please forgive any scheduling errors.