

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2017

## Assisted Living – Regency

|   |   |   |   |  |   |  |
|---|---|---|---|--|---|--|
|   |   |   | <p>Popcorn <b>1</b><br/>         9:00 Kroger &amp; Banks<br/>         9:30 Weights &amp; Kinesthetics – SR<br/>         1:00 Starkey Hearing - SR<br/>         1:30 Library Trip<br/> <b>2:00 Bean Bag Toss - SR</b><br/>         5:30 Devotions w/ Jim – SR<br/>         6:30 Puzzles - GR</p>   | <p>Popcorn <b>2</b><br/>         9:00 Blood Pres Checks – SR<br/>         9:30 Resistance Training – SR<br/>         10:00 Quarter Bingo – SR<br/> <b>1:00 Cooking Show – SR</b><br/>         ~ Apple Quesdillas with Ice Cream<br/>         6:30 Scrabble – SR</p>  | <p>Popcorn <b>3</b><br/>         9:00 Walmart and Dollar Tree<br/>         9:30 Weights &amp; Kinesthetics – SR<br/>         10:15 Step-On-It Recording – SR<br/> <b>1:30 Trivia Competition - SR</b><br/>         2:30 Old Time Traditional Foot Stompin' Band - SR<br/>         5:30 Dominos – SR<br/> <b>***FUNtastic Fri: Stash Bash Day***</b></p>   | <p>9:00 Bible Study—SR <b>4</b><br/>         Center Grove Methodist Church<br/> <b>1:00 Quarter Bingo with Donna-SR</b><br/>         2:15 Card Games - SR<br/>         2:30 Jigsaw Puzzle—GR<br/> <b>5:30 Dominos - SR</b></p>   |
| <p>9:30 to 10:15 Ascension Worship Service - SR <b>5</b><br/>         10:30 Catholic Communion—SR<br/>         1:30 Chase Park Worship—SR<br/>         2:00 Games &amp; Cards—GR &amp; L<br/>         2:30 Sunday Movie—SR</p>  | <p>Popcorn <b>6</b><br/>         9:30 Weights &amp; Kinesthetics – SR<br/> <b>1:00 Group Singing – SR</b><br/>         • Come! Join seniors wanting to group sing.<br/>         2:00 Restore Therapy/PT Party-SR<br/>         3:00 Alacare Quarter Bingo – SR<br/>         5:30 Uno or Skip-Bo Cards - SR</p> | <p>Popcorn <b>7</b><br/>         9:00 Walmart and Dollar Tree<br/>         9:30 Resistance Training – SR<br/> <b>1:30 Angela Taylor with The SSL Academy – SR</b><br/>         ~ Q &amp; A on Aging Issues with Students<br/> <b>2:30 Big Ole' Bowling – SR</b><br/>         5:30 Rook and Card Games – SR</p>        | <p>Popcorn <b>8</b><br/>         9:00 Kroger &amp; Banks<br/>         9:30 Weights &amp; Kinesthetics – SR<br/>         10:15 Ascension Lutheran Church – SR<br/> <b>2:00 Employee Town Hall and Birthday Party - DR</b><br/>         5:30 Devotions w/ Jim – SR<br/>         6:30 Puzzles – GR</p>   | <p>Popcorn <b>9</b><br/>         9:00 Blood Pressure Checks – SR<br/>         9:30 Resistance Training – SR<br/>         10:00 Quarter Bingo – SR<br/> <b>1:00 Drum Therapy with Bryan of Big Daddy Kingfish – SR</b><br/>         2:30 Restore Therapy National Vanilla Cupcake Day - SR<br/> <b>5:30 Family-to-Family Alz Support Group - SR</b><br/>         6:30 Scrabble – SR</p> | <p>Popcorn <b>10</b><br/>         9:00 Walmart and Dollar Tree<br/>         9:30 Weights &amp; Kinesthetics – SR<br/>         10:15 Step-On-It Recording – SR<br/>         1:00 Veteran's Day Special-1DR<br/>         ~ Army AMC Band<br/>         ~ Special recognition for our veterans<br/>         ~ Snacks and goodies<br/>         5:30 Dominos – SR</p>   | <p>9:00 Bible Study—SR <b>11</b><br/>         Center Grove Methodist Church<br/>         10:00 Don't Forget Me Singers - SR<br/> <b>1:00 Quarter Bingo with Elfriede-SR</b><br/>         2:15 HSV House of Prayer in Concert - SR<br/>         2:30 Jigsaw Puzzle—GR<br/>         3:30 Cards—L<br/> <b>5:30 Dominos - SR</b><br/> <small>Veterans Day (US)<br/>         Remembrance Day (Canada)</small></p> |
| <p>9:30 to 10:15 Ascension Worship Service - SR <b>12</b><br/>         10:30 Catholic Communion—SR<br/>         1:30 Chase Park Worship—SR<br/>         2:00 Games &amp; Cards—GR &amp; L<br/>         2:30 Sunday Movie—SR</p> | <p>Popcorn <b>13</b><br/>         9:30 Weights &amp; Kinesthetics – SR<br/> <b>1:30 Group Singing – SR</b><br/>         • Come! Join seniors wanting to group sing.<br/> <b>2:30 Activities Suggestions-SR</b><br/>         3:00 Alacare Quarter Bingo – SR<br/>         5:30 Uno or Skip-Bo Cards - SR</p>   | <p>Popcorn <b>14</b><br/>         9:00 Walmart and Dollar Tree<br/>         9:30 Resistance Training - SR<br/>         11:00 Red Hat Society Outing – Meteor Buffet<br/>         1:30 Sunshine Singers in Concert – SR<br/> <b>2:30 What's New Food Show - SR</b><br/>         5:30 Rook and Card Games – SR</p>      | <p>Popcorn <b>15</b><br/>         9:00 Kroger &amp; Banks<br/>         9:30 Weights &amp; Kinesthetics – SR<br/>         1:30 Library Trip<br/> <b>2:00 AL Resident Birthday Party and Council – SR</b><br/>         5:30 Devotions w/ Jim – SR<br/>         6:30 Puzzles - GR</p>  | <p>Popcorn <b>16</b><br/>         9:00 Blood Pres Checks – SR<br/>         9:30 Resistance Training – SR<br/>         10:00 Quarter Bingo – SR<br/>         6:00 Chase Park COC Singers – SR<br/>         6:30 Scrabble – SR</p>   | <p>Popcorn <b>17</b><br/>         9:00 Walmart and Dollar Tree<br/>         9:30 Weights &amp; Kinesthetics – SR<br/>         10:15 Step-On-It Recording – SR<br/>         12:15 Regency Thanksgiving Celebration Extravaganza - all seniors and families.<br/>         ~Must make reservation for guests at front desk.<br/>         1:30 Shady Grady in Concert - SR<br/>         5:30 Dominos – SR</p> | <p>9:00 Bible Study—SR <b>18</b><br/>         Center Grove Methodist Church<br/>         10:15 HSV Dream Center with fellowship, fun &amp; games – SR<br/>         ~ Small gift bags given<br/> <b>1:00 Quarter Bingo with Donna-SR</b><br/>         2:15 Card Games - SR<br/>         2:30 Jigsaw Puzzle—GR<br/> <b>5:30 Dominos - SR</b></p>   |
| <p>9:30 to 10:15 Ascension Worship Service - SR <b>19</b><br/>         10:30 Catholic Communion—SR<br/>         1:30 Chase Park Worship—SR<br/>         2:00 Games &amp; Cards—GR &amp; L<br/>         2:30 Sunday Movie—SR</p> | <p>Popcorn <b>20</b><br/>         9:30 Weights &amp; Kinesthetics – SR<br/> <b>1:30 Group Singing – SR</b><br/>         • Come! Join seniors wanting to group sing.<br/>         3:00 Alacare Quarter Bingo – SR<br/>         5:30 Uno or Skip-Bo Cards - SR</p>  | <p>Popcorn <b>21</b><br/>         9:00 Walmart and Dollar Tree<br/>         10:00 Catholic Mass - SR<br/> <b>10:30 Lunch Bunch – Royal Rose Restaurant - Bus</b><br/>         1:30 Restore Therapy National Gingerbread Day - SR<br/> <b>2:30 Show &amp; Tell - SR</b><br/>         5:30 Rook and Card Games – SR</p> | <p>Popcorn <b>22</b><br/>         9:00 Kroger &amp; Banks<br/>         9:30 Weights &amp; Kinesthetics – SR<br/>         10:15 Ascension Lutheran Church - SR<br/>         1:00 Wolfgang in Concert - SR<br/> <b>2:30 Craft Time – SR</b><br/>         • Vintage Barn Star with decorative paper<br/>         5:30 Devotions w/ Jim – SR<br/>         6:30 Puzzles - GR</p> | <p><b>**Thanksgiving Day**</b> <b>23</b><br/> <b>10:00 Volunteer Bingo – SR</b><br/>         ~ called by Restore Therapy<br/>         6:30 Scrabble – SR<br/> <small>Thanksgiving Day (US)</small></p>   | <p>Popcorn <b>24</b><br/>         9:00 Walmart and Dollar Tree<br/>         9:30 Weights &amp; Kinesthetics – SR<br/>         10:15 Step-On-It Recording – SR<br/>         10:45 ROMEO Club – Meteor Buffet<br/>         1:30 Mall Trip<br/> <b>2:00 Wine, Cheese – SR</b><br/>         • Michael Havron in Concert<br/>         5:30 Dominos – SR</p>  | <p>9:00 Bible Study—SR <b>25</b><br/>         Center Grove Methodist Church<br/> <b>1:00 Quarter Bingo with Elfriede-SR</b><br/>         2:30 Jigsaw Puzzle—GR<br/>         3:30 Cards—L<br/> <b>5:30 Dominos - SR</b></p>   |
| <p>9:30 to 10:15 Ascension Worship Service - SR <b>26</b><br/>         10:30 Catholic Communion—SR<br/>         1:30 Chase Park Worship—SR<br/>         2:00 Games &amp; Cards—GR &amp; L<br/>         2:30 Sunday Movie—SR</p> | <p>Popcorn <b>27</b><br/>         9:30 Weights &amp; Kinesthetics – SR<br/> <b>1:30 Group Singing – SR</b><br/>         • Come! Join seniors wanting to group sing.<br/>         3:00 Alacare Quarter Bingo – SR<br/>         5:30 Uno or Skip-Bo Cards - SR</p>  | <p>Popcorn <b>28</b><br/>         9:00 Walmart and Dollar Tree<br/>         9:30 Resistance Training – SR<br/> <b>1:30 Hangman Competition - SR</b><br/>         3:00 Romeo Meeting - SR<br/> <b>3:30 Supper Club – Blue Plate Cafe- SR</b><br/>         5:30 Rook and Card Games – SR</p>                            | <p>Popcorn <b>29</b><br/>         9:00 Kroger &amp; Banks<br/>         9:30 Weights &amp; Kinesthetics – SR<br/> <b>1:30 Manicures – SR</b><br/>         ~ Bring your own tools<br/> <b>2:30 Card and Board Games - SR</b><br/>         5:30 Devotions w/ Jim – SR<br/>         6:30 Puzzles - GR</p>   | <p>Popcorn <b>30</b><br/>         9:00 Blood Pressure Checks – SR<br/>         9:30 Resistance Training – SR<br/>         10:00 Quarter Bingo – SR<br/> <b>2:00 Regency Buck Auction - SR</b><br/>         6:00 The "Has Beens" in Concert - SR<br/>         6:30 Scrabble - SR</p>  |   |  |

CR-Conference Room: DR-Dining Room: GR-Game Room: L-Library: SR-Sun Room: PV-Pavilion: GZ-Gazebo. Activities are subject to change and participation is by choice. Please forgive any scheduling errors.