

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# December 2017



## Regency Retirement Village - Seasons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:30 Waking Up w/ Dancercise 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>11:30 Lunch out to Big Spring Cafe</b> <b>1:30 Vanessa Hill Concert – 2FL</b> 2:30 Ring Toss 3:00 Crafts or Painting - Orange <b>**FUNtastic Fri: Wizard of Oz**</b>	<b>2</b> 9:00 Bible Study—SR Center Grove Methodist Church <b>1:00 Quarter Bingo with Donna-SR</b> 2:15 Card Games - SR 2:30 Jigsaw Puzzle—GR 5:30 Nicole with the Sigma Alfa Iota Sorority in Concert - SR
9:30 to 10:15 Ascension Worship Service - SR 10:30 Catholic Communion—SR 1:30 Chase Park Worship—SR 2:15 Brownsboro Baptist Church Children in Concert - SR 3:00 Lily Lloyd Valley Conservatory with Christmas Spirit	<b>4</b> Make-over Mondays thru the day 9:30 Sit & Be Fit Exercises 9:45 Kick Ball Exercise 10:00 <b>Kathryn Music Therapy 2FL</b> 11:00 Music Therapy 1:30 Puzzle Solving 2:00 Flyswatter Ping Pong 3:00 Art Set-up – Color: Green <b>***Color of the Week: Green ***</b>	<b>5</b> 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>1:00 Christmas Decorating ~ Starting at Sun Room</b> <b>***Color of the Week: Green ***</b>	<b>6</b> 9:30 Sit & Be Fit Exercises 9:45 Group Music Therapy <b>10:00 Trinity Methodist Hand Bells-SR</b> 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>1:30 Luanas Wahines Hula Troup-SR</b> 2:00 Bean Bag Toss 3:00 Craft Time <b>***Color of the Week: Green ***</b>	<b>7</b> 9:30 Parachute Exercises 9:45 Kick Ball Mania 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:30 Basketball or Air Hockey 3:00 Music Sing-a-Long <b>***Color of the Week: Green ***</b>	<b>8</b> 9:30 Sit & Be Fit Exercises 9:45 Walking Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Magazine & Book Reading <b>2:00 Food Show – Christmas Cookies &amp; Hot Chocolate</b> 3:00 Hangman <b>***Color of the Week: Green ***</b>	<b>9</b> 9:00 Bible Study—SR Center Grove Methodist Church 10:00 Don't Forget Me Singers - SR <b>1:00 Volunteer Quarter Bingo-SR</b> 2:15 Adonai School of Ballet - SR 2:30 Jigsaw Puzzle—GR 3:30 Mrs. Godwin and Youth in Concert - SR 5:30 Dominos - SR
9:30 to 10:15 Ascension Worship Service - SR 10:30 Catholic Communion—SR 1:30 Chase Park Worship—SR 2:00 Games & Cards—GR & L 2:30 Sunday Movie—SR	<b>11</b> Make-over Mondays thru the day 9:30 Kick Ball Exercise 9:45 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Chix Soup for the Soul 1:45 Bible Devotions 2:00 Bean Bag Toss 3:00 Hangman	<b>12</b> 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>11:30 Purple Hat Society - SR</b> 1:30 Mani-Spa treatments with LL 2:00 Kickball 3:00 Beading & Crafts <b>4:00 Christmas Open House-1st</b> <small>First Day of Hanukkah</small>	<b>13</b> 9:30 Parachute Exercise 9:45 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Horse Shoes 2:00 <b>Larry &amp; Garnetta - 2nd Floor</b> <b>2:00 Employee Birthday &amp; Town Hall</b> 3:00 Table Games with staff	<b>14</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along	<b>15</b> 9:30 Sit & Be Fit Exercise 9:45 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Bean Bag Toss 2:00 Adult Coloring <b>2:15 Coffee &amp; Donuts Treat</b> 3:00 Bingo for Prizes	<b>16</b> 9:00 Bible Study—SR Center Grove Methodist Church <b>10:15 HSV Dream Center with fellowship, fun &amp; games – SR</b> <b>1:00 Quarter Bingo with Donna-SR</b> 2:15 Whitesburg Baptist/Pulaski Pike Carolers - SR <b>5:30 Dominos - SR</b>
9:30 to 10:15 Ascension Worship Service - SR 10:30 Catholic Communion—SR 1:30 Chase Park Worship—SR 2:00 Games & Cards—GR & L 2:30 Sunday Movie—SR 4:00 Ardella Vance with Michael on piano and viola – 1DR	<b>18</b> Make-over Mondays thru the day 9:30 Morning Stroll 9:45 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>11:30 Gentlemen's Outing - SR</b> 1:30 Pokeno 2:00 Flyswatter Ping Pong	<b>19</b> 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:45 Lavender Lotion <b>2:00 Employee Christmas Party-1st</b> 2:00 Kickball 3:00 Checkers	<b>20</b> 9:30 Morning Stroll 9:45 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Flyswatter Ping Pong <b>2:00 Shady Grady in Concert – 2nd</b> 3:00 Crafts or Painting	<b>21</b> 9:30 Dancercise 9:45 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch <b>1:30 Resident B-Day Party</b> 3:00 Group music Sing-along <small>Winter Begins</small>	<b>22</b> 9:30 Parachute Exercise 9:45 Sit & Be Fit Exercise 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>1:30 Christmas Party – 5th</b> 3:00 Hangman	<b>23</b> 9:00 Bible Study—SR Center Grove Methodist Church <b>1:00 Volunteer Quarter Bingo-SR</b> 2:30 Raul Mejia in Concert - SR 3:30 Cards—L 5:30 Dominos - SR
9:30 to 10:15 Ascension Worship Service - SR 10:30 Catholic Communion—SR 1:30 Chase Park Worship—SR 2:00 Games & Cards—GR & L 2:30 Sunday Movie—SR	<b>25</b> Make-over Mondays thru the day 9:30 Parachute 9:45 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks <small>Grounds Day</small>	<b>26</b> 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy with staff * 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Horseshoes 2:30 Kickball 3:00 Checkers <small>Kwanzaa Begins</small>	<b>27</b> 9:30 Parachute Exercise 9:45 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>1:00 Wolfgang – SR</b> 1:30 Hymnal Music Therapy 2:00 Target Toss 3:00 Crafts or Painting	<b>28</b> 9:30 Dancercise 9:45 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along	<b>29</b> 9:30 Parachute Exercise 9:45 Sit & Be Fit Exercise 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>2:00 New Year's Eve Party</b> <b>3:15 Michael Havron in Concert</b>	<b>30</b> 9:00 Bible Study—SR Center Grove Methodist Church <b>1:00 Volunteer Quarter Bingo-SR</b> 2:30 Jigsaw Puzzle—GR 3:30 Cards—L 5:30 Dominos - SR
9:30 to 10:15 Ascension Worship Service - SR 10:30 Catholic Communion—SR 1:30 Chase Park Worship—SR 2:00 Games & Cards—GR & L 2:30 Sunday Movie—SR <small>New Year's Eve</small>						

Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change (we may also use resident suggestions). Please forgive any scheduling errors.