



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy ***Color of the Week: Yellow** All Fools' Day Easter Sunday	2 Make-over Mondays thru the day 9:00 Pet Therapy/Raleigh&Gooch 9:30 Morning Stroll 9:45 Sit & Be Fit Exercises 10:00 Kathryn Music Therapy 2FL 11:00 Kathryn Music Therapy 5FL 11:00 Music Therapy 1:30 Pokeno 2:00 Flyswatter Ping Pong 3:00 Art Set-up – Color: Yellow 6:00 Aromatherapy	3 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts 6:00 Aromatherapy ***Color of the Week: Yellow**	4 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Horse Shoes 2:00 Employee Birthday & TownHall 3:00 Table Games 6:00 Aromatherapy ***Color of the Week: Yellow**	5 9:00 Parachute Exercises 9:30 Kick Ball Mania 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Vanessa Hill Concert – 2FL 1:30 Bingo for Prizes 2:30 Basketball or Air Hockey 3:00 Music Sing-a-Long 6:00 Aromatherapy	6 9:00 Waking Up w/ Dancercise 9:30 Walking Club 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Lunch out to Casa Blanca 1:30 Adult Coloring 2:30 Ring Toss 3:00 Crafts or Painting - Orange 6:00 Aromatherapy	7 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
8 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	9 Make-over Mondays thru the day 9:00 Pet Therapy/Raleigh&Gooch 9:30 Sit & Be Fit Exercises 9:45 Kick Ball Exercise 10:00CurrentEvents/BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Gentlemen's Outing - SR 1:30 Puzzle Solving 2:00 Flyswatter Ping Pong 3:00 Musical Movements	10 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts 6:00 Aromatherapy	11 9:00 Morning Stroll 9:30 Group Music Therapy 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Basketball Toss 2:30 Cooking Show ~ Dirt Cakes & Worms 6:00 Aromatherapy	12 9:00 Morning Stroll 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Aromatherapy	13 9:00 Sit & Be Fit Exercises 9:30 Walking Club 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Kris Pierce in Concert - SR 2:30 Coffee & Donuts Treat 3:00 Hangman 6:00 Aromatherapy	14 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
15 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	16 Make-over Mondays thru the day 9:00 Pet Therapy/Raleigh&Gooch 9:30 Parachute 9:45 Sit & Be Fit Exercises 10:00CurrentEvents/BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks 6:00 Aromatherapy	17 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy with staff * 11:30 Purple Hat Society - SR 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Horseshoes 2:30 Kickball 3:00 Checkers	18 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Hymnal Music Therapy 2:00 Target Toss 3:00 Crafts or Painting 6:00 Aromatherapy	19 9:00 Dancercise 9:30 Move & Groove Fitness 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Resident B-Day Party 3:00 Group music Sing-along 6:00 Aromatherapy	20 9:00 Sit & Be Fit Exercise 9:30 Morning Stroll 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Jim Phillips on 1950's - SR 1:30 Bean Bag Toss 2:00 Bible Trivia 3:00 Bingo for Prizes 6:00 Aromatherapy	21 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
22 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy Earth Day	23 9:00 Pet Therapy/Raleigh&Gooch 9:00 Kick Ball Exercise 9:30 Sit & Be Fit Exercises 10:00CurrentEvents/BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Chix Soup for the Soul 1:30 Bible Devotions 2:00 Bean Bag Toss 3:00 Hangman	24 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Shady Grady in Concert – 2nd	25 9:00 Sit & Be Fit Exercises 9:30 Group Music Therapy 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia 1:30 Wolfgang – SR 2:00 Bean Bag Toss 3:00 Puzzle Play 6:00 Aromatherapy	26 9:00 Dancercise 9:30 Move & Groove Fitness 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along	27 9:00 Morning Stroll 9:30 Sit & Be Fit Exercise 10:00CurrentEvents or BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Michael Havron Concert– 2nd 1:00 Michael Havron Concert – 3rd 1:30 Flyswatter Ping Pong 2:30 Bible Devotions 3:00 Hangman 6:00 Aromatherapy	28 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
29 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	30 Make-over Mondays thru the day 9:00 Pet Therapy/Raleigh&Gooch 9:30 Parachute 9:45 Sit & Be Fit Exercises 10:00CurrentEvents/BrainGames 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks 6:00 Aromatherapy			<p style="text-align: center;"><i>April 2018</i></p> <p style="text-align: center;">Regency Retirement Village - Memory Care</p>		

Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change based on residents' needs. Staff plans to assist when needed.