

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2017

Independent Living – Regency

<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:15 Brownsboro Baptist Church Children in Concert - SR</p> <p>3:00 Lily Lloyd Valley Conservatory with Christmas Spirit Concert - SR</p>	<p>3</p>	<p>Popcorn</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>1:00 Group Singing – SR</p> <p>2:00 Restore Therapy and Christmas Cards for the Soldiers- SR</p> <p>~ Monique will mail these off</p> <p>3:00 Alacare Quarter Bingo—SR</p> <p>5:30 Uno or Skip-Bo Cards -</p>	<p>4</p>	<p>Popcorn</p> <p>9:00 Walmart and Dollar Tree</p> <p>9:30 Resistance Training – SR</p> <p>1:30 to 4:00 Christmas Tree Decorating</p> <p>~ Sun Room to start</p> <p>5:30 Rook and Card Games – SR</p>	<p>5</p>	<p>9:00 Kroger & Banks</p> <p>10:00 Trinity Methodist Hand Bells - SR</p> <p>1:00 Starkey Hearing - Library</p> <p>1:30 Library Trip</p> <p>1:30 Luanas Wahines Hula Troup - SR</p> <p>2:30 Craft Time – SR</p> <p>• Ugly Christmas Shirt</p> <p>5:30 Devotions w/ Jim – SR</p>	<p>6</p>	<p>Popcorn</p> <p>9:00 Blood Pres Checks – SR</p> <p>9:30 Resistance Training – SR</p> <p>10:00 Quarter Bingo – SR</p> <p>1:00 Judy Graf & The Line Dancers - SR</p> <p>2:00 ILResident Food Council–1DR</p> <p>5:30 Scrabble – SR</p>	<p>7</p>	<p>9:00 Walmart and Dollar Tree</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>10:15 Step-On-It Recording – SR</p> <p>2:00 Christmas ALZ Fundraiser Bingo Benefit – DR</p> <ul style="list-style-type: none"> \$5/card or 4 cards/\$15 Prizes and good eats <p>1:30 Mall Trip</p> <p>5:30 Dominos – SR</p>	<p>8</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:00 Don't Forget Me Singers - SR</p> <p>1:00 Volunteer Quarter Bingo-SR</p> <p>2:15 Adonai School of Ballet - SR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>3:30 Mrs. Godwin and Youth in Concert - SR</p> <p>5:30 Dominos - SR</p>	<p>9</p>								
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR & L</p> <p>2:30 Sunday Movie—SR</p>	<p>10</p>	<p>Popcorn</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>1:00 Group Singing – SR</p> <ul style="list-style-type: none"> Come! Join seniors wanting to group sing. <p>2:00 Restore Therapy PT Monthly Party – SR</p> <p>3:00 Alacare Quarter Bingo—SR</p> <p>5:30 Uno or Skip-Bo Cards-SR</p>	<p>11</p>	<p>9:00 Walmart and Dollar Tree</p> <p>9:30 Resistance Training - SR</p> <p>11:00 Red Hat Society – Royal Rose</p> <p>1:30 Cynthia's Craft Show – SR</p> <ul style="list-style-type: none"> All invited. Come and buy your Christmas Gifts. <p>4:00 to 6:00 Christmas Open House – 1st Floor</p> <p>~ Kris Pierce in Concert</p> <p>First Day of Hanukkah</p>	<p>12</p>	<p>Popcorn</p> <p>9:00 Kroger & Banks</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>2:00 Employee Town Hall and Birthday Party - DR</p> <p>5:30 Puzzles – GR</p>	<p>13</p>	<p>9:00 Blood Pressure Checks – SR</p> <p>9:30 Resistance Training – SR</p> <p>10:00 Quarter Bingo – SR</p> <p>1:00 Bessie Allen Prep School Performance – SR</p> <p>2:30 Big Ole' Bowling - SR</p> <p>5:30 Family-to-Family Alz – SR</p> <p>6:45 Living Christmas Tree at First Baptist Church - Bus</p>	<p>14</p>	<p>9:00 Walmart and Dollar Tree</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>10:15 Step-On-It Recording – SR</p> <p>1:30 Mall Trip</p> <p>1:30 Activities Suggestions-SR</p> <p>2:30 Cooking Show – SR</p> <p>~ Black Forest Cherry Cake</p> <p>5:30 Dominos – SR</p> <p>**Ugly Christmas Sweater/Shirt Day***</p>	<p>15</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:15 HSV Dream Center with fellowship, fun & games – SR</p> <p>1:00 Quarter Bingo with Donna-SR</p> <p>2:15 Whitesburg Baptist/Pulaski Pike Carolers - SR</p> <p>5:30 Dominos - SR</p>	<p>16</p>								
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR & L</p> <p>2:30 Sunday Movie—SR</p> <p>4:00 Ardella Vance with Michael on piano and viola – 1DR</p>	<p>17</p>	<p>Popcorn</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>1:30 Group Singing – SR</p> <p>3:00 Alacare Quarter Bingo – SR</p> <p>5:15 Galaxy of Lights – Bus</p> <p>~ Must sign up at front desk</p>	<p>18</p>	<p>9:00 Walmart and Dollar Tree</p> <p>9:00 Christmas Step On It Awards - SR</p> <p>10:00 Catholic Mass - SR</p> <p>10:30 Lunch Bunch – Posey's Restaurant- Bus</p> <p>2:00 Employee Christmas Party-1DR</p> <p>3:00 Door Decorating Contest -SR</p> <p>~ Start in the Sun Room</p> <p>5:30 Rook and Card Games – SR</p>	<p>19</p>	<p>Popcorn</p> <p>9:00 Kroger & Banks</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>10:15 Ascension Lutheran Church - SR</p> <p>1:30 Library Trip</p> <p>5:30 Devotions w/ Jim – SR</p> <p>5:30 Puzzles - GR</p>	<p>20</p>	<p>Popcorn</p> <p>9:00 Blood Pres Checks – SR</p> <p>9:30 Resistance Training – SR</p> <p>10:00 Quarter Bingo – SR</p> <p>2:00 Ind. Living Resident Birthday Party and Council – SR</p> <p>6:00 Chase Park COC Singers – SR</p> <p>5:30 Scrabble - SR</p>	<p>21</p>	<p>9:00 Walmart and Dollar Tree</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>10:15 Step-On-It Recording – SR</p> <p>10:45 ROMEO Club – Meteor Buffet</p> <p>1:30 Mall Trip</p> <p>2:00 Dirty Santa Gift Exchange and Christmas Party – SR</p> <ul style="list-style-type: none"> Bring gift bagged/wrapped <p>5:30 Dominos – SR</p>	<p>22</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>1:00 Volunteer Quarter Bingo-SR</p> <p>2:30 Raul Mejia in Concert - SR</p> <p>3:30 Cards—L</p> <p>5:30 Dominos - SR</p>	<p>23</p>								
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR & L</p> <p>2:30 Sunday Movie—SR</p>	<p>24</p>	<p>*** Christmas Day ***</p> <p>5:30 Uno or Skip-Bo Cards - SR</p>	<p>25</p>	<p>Popcorn</p> <p>9:00 Walmart and Dollar Tree</p> <p>9:30 Resistance Training – SR</p> <p>1:30 Manicures – SR</p> <p>~ Bring your own tools</p> <p>3:00 Romeo Meeting - SR</p> <p>3:30 Supper Club – Gibson's BBQ - Bus</p> <p>5:30 Rook and Card Games – SR</p>	<p>26</p>	<p>Popcorn</p> <p>9:00 Kroger & Banks</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>1:00 Wolfgang in Concert - SR</p> <p>2:00 Bean Bag Toss - SR</p> <p>5:30 Devotions w/ Jim – SR</p> <p>5:30 Puzzles - GR</p>	<p>27</p>	<p>Popcorn</p> <p>9:00 Blood Pres Checks – SR</p> <p>9:30 Resistance Training – SR</p> <p>10:00 Quarter Bingo – SR</p> <p>2:00 Regency Buck Auction - SR</p> <p>6:00 The "Has Beens" in Concert - SR</p> <p>5:30 Scrabble – SR</p>	<p>28</p>	<p>9:00 Walmart and Dollar Tree</p> <p>9:30 Weights & Kinesthetics – SR</p> <p>10:15 Step-On-It Recording – SR</p> <p>2:00 New Year's Eve Countdown Celebration – SR</p> <ul style="list-style-type: none"> Michael Havron in Concert <p>5:30 Dominos – SR</p>	<p>29</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>1:00 Volunteer Quarter Bingo-SR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>3:30 Cards—L</p> <p>5:30 Dominos - SR</p>	<p>30</p>								
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR & L</p> <p>2:30 Sunday Movie—SR</p>	<p>31</p>																				

New Year's Eve

CR-Conference Room: DR-Dining Room: GR-Game Room: L-Library: SR-Sun Room: PV-Pavilion: GZ-Gazebo. Activities are subject to change and participation is by choice. Please forgive any scheduling errors.