



# February 2018

## Regency Retirement Village - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div data-bbox="372 131 683 372" data-label="Image"> </div> <div data-bbox="621 191 1227 312" data-label="Section-Header"> <h1>February 2018</h1> </div> <div data-bbox="372 352 1476 433" data-label="Section-Header"> <h2>Regency Retirement Village - Memory Care</h2> </div>				<b>1</b> 9:30 Parachute Exercises 9:45 Kick Ball Mania 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch <b>1:30 Vanessa Hill Concert – 2FL</b> 1:30 Bingo for Prizes 2:30 Basketball or Air Hockey 3:00 Music Sing-a-Long 6:00 Aromatherapy	<b>2</b> 9:30 Waking Up w/ Dancercise 9:45 Walking Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>11:30 Lunch out to Chow King</b> <b>2:00 Elvis in Concert – 1DR</b> 2:30 Ring Toss 3:00 Crafts or Painting - Orange 6:00 Aromatherapy Groundhog Day	<b>3</b> 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
				<b>4</b> 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy <b>***Color of the Week: Red**</b>	<b>5</b> Make-over Mondays thru the day 9:00 Pet Therapy/Raleigh&Gooch 9:30 Morning Stroll 9:45 Sit & Be Fit Exercises 10:00 <b>Kathryn Music Therapy 2FL</b> 11:00 <b>Kathryn Music Therapy 5FL</b> 11:00 Music Therapy 1:30 Pokeno 2:00 Flyswatter Ping Pong 3:00 Art Set-up – Color: Red 6:00 Aromatherapy	<b>6</b> 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts 6:00 Aromatherapy <b>***Color of the Week: Red**</b>
<b>11</b> 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	<b>12</b> Make-over Mondays thru the day 9:00 Pet Therapy/Raleigh&Gooch 9:30 Sit & Be Fit Exercises 9:45 Kick Ball Exercise 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 <b>Gentlemen's Outing - SR</b> 1:30 Puzzle Solving 2:00 Flyswatter Ping Pong 3:00 Musical Movements	<b>13</b> 9:30 Morning Stroll with... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:45 Lavender Lotion 2:00 Kickball <b>2:30 Mardi Gras Party with Randy Taylor and the Tea Time Band- SR</b> 3:00 Checkers 6:00 Aromatherapy	<b>14</b> 9:30 Morning Stroll 9:45 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>1:30 Valentine's Day Party</b> <b>2:00 Shady Grady in Concert – 2nd</b> 3:00 Crafts or Painting 6:00 Aromatherapy Valentine's Day	<b>15</b> 9:30 Dancercise 9:45 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch <b>1:30 Resident B-Day Party</b> 3:00 Group music Sing-along 6:00 Aromatherapy	<b>16</b> 9:30 Sit & Be Fit Exercise 9:45 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Bean Bag Toss 2:00 Adult Coloring <b>1:30 Old Time Foot Stompin' Band- SR</b> <b>2:30 Coffee &amp; Donuts Treat</b> 3:00 Bingo for Prizes 6:00 Aromatherapy Chinese New Year	<b>17</b> 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
<b>18</b> 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	<b>19</b> Make-over Mondays thru the day 9:00 Pet Therapy/Raleigh&Gooch 9:30 Parachute 9:45 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks 6:00 Aromatherapy	<b>20</b> 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy with staff * <b>11:30 Purple Hat Society - SR</b> 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Horseshoes 2:30 Kickball 3:00 Checkers 6:00 Aromatherapy	<b>21</b> 9:30 Parachute Exercise 9:45 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Hymnal Music Therapy 2:00 Target Toss 3:00 Crafts or Painting 6:00 Aromatherapy	<b>22</b> 9:30 Dancercise 9:45 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along	<b>23</b> 9:30 Parachute Exercise 9:45 Sit & Be Fit Exercise 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy <b>11:00 Michael Havron Concert – 2nd</b> <b>1:00 Michael Havron Concert – 3rd</b> 1:30 Craft Time 2:30 Bible Devotions 3:00 Hangman 6:00 Aromatherapy	<b>24</b> 9:00 Morning Exercise 10:00 Snacks 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell 5:00 Lawrence Welk [Ch 25] 6:00 Aromatherapy
<b>25</b> 9:00 Morning Exercise 10:00 Snacks 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 I Love Lucy DVD 6:00 Aromatherapy	<b>26</b> 9:00 Pet Therapy/Raleigh&Gooch 9:00 Kick Ball Exercise 9:30 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Chix Soup for the Soul 1:30 Bible Devotions 2:00 Bean Bag Toss 3:00 Hangman 6:00 Aromatherapy	<b>27</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Bracelet Making & Beading 6:00 Aromatherapy	<b>28</b> 9:00 Sit & Be Fit Exercises 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia <b>1:30 Wolfgang – SR</b> 2:00 Bean Bag Toss 3:00 Puzzle Play 6:00 Aromatherapy	<div data-bbox="1833 1471 2952 1834" data-label="Image"> </div>		
<b>29</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Bracelet Making & Beading 6:00 Aromatherapy						

Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change based on residents' needs. Staff plans to assist when needed.