

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 to 10:15 Ascension Worship Service - SR 10:30 Catholic Communion—SR 1:30 Chase Park Worship—SR 2:00 Games & Cards—GR 2:00 Sunday Movie—SR Canada Day	Popcorn 9:30 Weights & Kinesthetics – SR 1:00 Group Singing – SR <ul style="list-style-type: none"> Come! Join seniors wanting to group sing. 2:00 Restore Therapy/PT Party- SR 3:00 Quarter Bingo with Regency – SR 5:30 Uno or Skip-Bo Cards – SR 5:30 *NEW* Josh Nichols with conversation and games - FP	Popcorn 9:00 Walmart and Dollar Tree 9:30 Resistance Training – SR 1:30 Lollipop Dragonflies Craft with Restore Therapy - SR 2:45 Team Bowling for Regency Bucks - SR 5:30 Rook and Card Games – SR	9:30 Weights & Kinesthetics with volunteer – SR 5:30 Puzzles – GR 8:00 Fireworks at Space & Rocket Center (Regency will park at UAH) – Bus ~ Sign-up at front desk Independence Day	Popcorn 9:00 Blood Pres Checks – SR 9:30 Resistance Training – SR 10:00 Quarter Bingo – SR 1:00 Summer Hangman for Regency Bucks - SR 6:30 Scrabble – SR	Popcorn 9:00 Walmart and Dollar Tree 9:30 Weights & Kinesthetics – SR 10:15 Step-On-It Recording—SR 1:30 Cooking Show - SR ~ Warm chocolate brownies and ice cream 2:30 Wayne Abbott as “Willie Nelson” in Concert - SR ***FUNtastic Friday: Christmas in July***	9:00 Bible Study—SR Center Grove Methodist Church 10:15 St. Bartley’s Church for songs, games & more - SR 1:00 Quarter Bingo with Donna-SR 2:15 Card Games - GR 2:30 Jigsaw Puzzle—GR 5:30 Dominos - SR
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9:30 to 10:15 Ascension Worship Service - SR 10:30 Catholic Communion—SR 1:30 Chase Park Worship—SR 2:00 Games & Cards—GR 2:00 Sunday Movie—SR	Popcorn 9:30 Weights & Kinesthetics – SR 1:30 Group Singing – SR 2:30 Activities Suggestions-SR 3:00 Quarter Bingo with Regency – SR 5:30 Uno or Skip-Bo Cards – SR 5:30 *NEW* Josh Nichols with conversation and games - FP	Popcorn 9:00 Walmart and Dollar Tree 9:30 Resistance Training – SR 10:00 Catholic Mass – TV Room 10:30 Lunch Bunch – Henry’s Mustang Café’- Bus 2:00 Manicures – SR <ul style="list-style-type: none"> Bring your own tools 5:30 Rook and Card Games – SR	Popcorn 9:00 Kroger & Banks 9:30 Weights & Kinesthetics – SR 10:15 Ascension Lutheran Church – SR 11:00 Theme Lunch – 1DR ~ Homemade Italian Pasta Day on display with Chef Orlando 2:00 AL Resident Birthday Party and Council – 4DR 5:30 Puzzles – GR	Popcorn 9:00 Blood Pres Checks – SR 9:30 Resistance Training – SR 10:00 Quarter Bingo – SR 6:00 Chase Park COC Singers – SR 6:30 Scrabble – SR	Popcorn 9:00 Walmart and Dollar Tree 9:30 Weights & Kinesthetics – SR 10:15 Step-On-It Recording – SR 10:30 Romeo Club – Gibson’s BBQ 1:00 Mall Trip 1:30 Restore Therapy with Ice Cream Soda Day - SR 2:45 Dairy Queen Run for burgers and ice cream - Bus 5:30 Dominos – SR	9:00 Bible Study—SR Center Grove Methodist Church 10:15 HSV Dream Center with fellowship, fun & games – SR 1:00 Quarter Bingo with Donna-SR 2:15 Card Games - GR 2:30 Jigsaw Puzzle—GR 5:30 Dominos - SR
9:30 to 10:15 Ascension Worship Service - SR 10:30 Catholic Communion—SR 1:30 Chase Park Worship—SR 2:00 Games & Cards—GR 2:00 Sunday Movie—SR	Popcorn 9:30 Weights & Kinesthetics – SR 1:30 Group Singing – SR <ul style="list-style-type: none"> Come! Join seniors wanting to group sing. 3:00 Quarter Bingo with Regency – SR 5:30 Uno or Skip-Bo Cards - SR	Popcorn 9:00 Walmart and Dollar Tree 9:30 Resistance Training – SR 1:30 Drum Therapy with Bryan of Big Daddy Kingfish - SR 3:00 Romeo Meeting - SR 3:15 Supper Club – Longhorn’s Steak House - Bus 6:30 *NEW* Rick Harding with “The Lunch Box 22 Band” - SR	Popcorn 9:00 Kroger & Banks 9:30 Weights & Kinesthetics – SR 11:00 “Regency is on Fire!” ~ Come and eat lunch with your fire fighters from the local stations ~ A special “fire” menu will be served 1:30 Wolfgang in Concert - SR 2:45 Regency Buck Trivia Competition - SR 5:30 Puzzles - GR	Popcorn 9:00 Blood Pressure Checks – SR 9:30 Resistance Training – SR 10:00 Quarter Bingo – SR 2:00 Regency Buck Auction - SR 6:00 The “Has Beens” in Concert - SR 6:30 Scrabble - SR	Popcorn 9:00 Walmart and Dollar Tree 9:30 Weights & Kinesthetics – SR 10:15 Step-On-It Recording – SR 2:00 Wine and Cheese – SR <ul style="list-style-type: none"> Michael Havron in Concert 5:30 Dominos – SR	9:00 Bible Study—SR Center Grove Methodist Church 1:00 Quarter Bingo with Kathy-SR 2:30 Jigsaw Puzzle—GR 3:30 Cards - GR 5:30 Dominos - SR
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