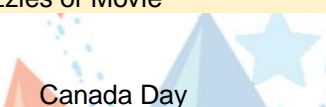






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie 	<b>2</b> Make-over Mondays thru the day 9:30 Morning Stroll 9:45 Sit & Be Fit Exercises 10:00 Kathryn Music Therapy 2FL 11:00 Kathryn Music Therapy 5FL 11:00 Music Therapy 1:30 Pokeno 1:30 Kathryn Music Therapy-1PW 2:00 Flyswatter Ping Pong 3:00 Art Set-up and Crafts 6:00 Aromatherapy	<b>3</b> 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Lollipop Dragonflies Craft with Restore Therapy - SR 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts	<b>4</b> 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Horse Shoes 2:30 Bible Devotions 3:00 Table Games 6:00 Puzzles or Movie Independence Day	<b>5</b> 9:00 Parachute Exercises 9:30 Kick Ball Mania 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Vanessa Hill Concert – 2FL 1:30 Bingo for Prizes 2:30 Basketball or Air Hockey 3:00 Music Sing-a-Long 6:00 Puzzles or Movie	<b>6</b> 9:00 Waking Up w/ Dancercise 9:30 Walking Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Lunch out to Chow King 1:00 Adult Coloring 2:00 Ball Toss 2:30 Wayne Abbott as "Willie Nelson" in Concert - SR 3:00 Crafts or Painting	<b>7</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie	
<b>8</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie 	<b>9</b> Make-over Mondays thru the day 9:30 Sit & Be Fit Exercises 9:45 Kick Ball Exercise 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Cooking Show ~ Ice Cream Social 3:00 Puzzle Solving 6:00 Puzzles or Movie	<b>10</b> 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Purple Hat Society - SR 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts 6:00 Puzzles or Movie	<b>11</b> 9:00 Morning Stroll 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Basketball Toss 1:30 Puzzle Solving 1:30 Buddy Edwards in Concert - SR 2:00 Flyswatter Ping Pong 2:30 Watermelon Wednesday 6:00 Puzzles or Movie	<b>12</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Puzzles or Movie	<b>13</b> 9:00 Sit & Be Fit Exercises 9:30 Walking Club 10:00 Current Events Discussion 10:00 ALZ Fundraiser Bake Sale-FP 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Kris Pierce in Concert - SR 2:30 Dancercise 3:00 Hangman 6:00 Puzzles or Movie	<b>14</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 3:30 Chocolate Bingo 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie	
<b>15</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie	<b>16</b> Make-over Mondays thru the day 9:30 Parachute 9:45 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Gentlemen's Outing - SR 1:30 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks	<b>17</b> 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy with staff * 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Horseshoes 2:30 Kickball 3:00 Checkers 6:00 Puzzles or Movie	<b>18</b> 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Hymnal Music Therapy 2:00 Buddy Edwards in Concert-2nd 3:00 Crafts or Painting 6:00 Puzzles or Movie	<b>19</b> 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Resident B-Day Party 3:00 Group music Sing-along 6:00 Puzzles or Movie	<b>20</b> 9:00 Sit & Be Fit Exercise 9:30 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Restore Therapy with Ice Cream Soda Day - SR 1:30 Bean Bag Toss 2:00 Bible Trivia 3:00 Bingo for Prizes 6:00 Puzzles or Movie	<b>21</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie	
<b>22</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie	<b>23</b> Make-over Mondays thru the day 9:00 Kick Ball Exercise 9:30 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Chix Soup for the Soul 1:30 Bible Devotions 2:00 Bean Bag Toss 2:00 Shaved Ice Summer Party 3:00 Hangman	<b>24</b> 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Bracelet Making & Beading 6:00 Puzzles or Movie	<b>25</b> 9:00 Sit & Be Fit Exercises 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia 1:30 Wolfgang in Concert - SR 2:00 Bean Bag Toss 3:00 Puzzle Play 6:00 Puzzles or Movie	<b>26</b> 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Puzzles or Movie	<b>27</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Michael Havron Concert – 2nd 1:00 Michael Havron Concert – 3rd 1:30 Flyswatter Ping Pong 2:30 Bible Devotions 3:00 Hangman 4:00 Michael Havron Concert -1PW 6:00 Puzzles or Movie	<b>28</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 3:30 Chocolate Bingo 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie	
<b>29</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie	<b>30</b> Make-over Mondays thru the day 9:30 Parachute 9:45 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Puzzles or Blocks 2:00 Balloons and Flyswatters 3:00 Bible Talks/Devotions 6:00 Puzzles or Movie	<b>31</b> 9:00 Morning Stroll with.... 9:30 Gardening Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 2:45 Hot "Dog" Days of Summer with Restore Therapy - SR 3:00 Beading & Crafts	 				

Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change based on residents' needs. Staff plans to assist when needed.