

Sunday

Monday


Tuesday

Wednesday

Thursday


Friday


Saturday



SEPTEMBER 2018

HEALTH CARE ACTIVITY CALENDAR



<p>9:45 Parachute Fun 2 10:45 Exercise 1:00 Mid-day News 2:00 Chase Park Church of Christ (DR)</p>	<p>9:45 Coffee & Trivia 3 10:45 Stretch It Out 1:00 1:1 Room Visits 2:00 Labor Day Word Find 3:00 Let's Kick 3:45 Mail Call</p> <p style="text-align: center;">Labor Day</p>	<p>9:45 Trinkets & Treasure Bingo 4 10:45 Arm Stretches 1:00 1:1 Room Visits 2:00 Pretty Nails 3:00 Whumba 3:45 Special Delivery 5:30 Pamper Me Facials w/ Young at Heart</p>	<p>9:45 Let's Bowl 5 10:45 Leg Lifts 11:00 A Shopping We Go! 1:00 1:1 Room Visits 2:00 Mid-day Matinee 3:45 USPS Drop</p> <p style="text-align: center;"></p>	<p>9:45 Bingo 6 10:45 Jazzercise 1:00 1:1 Room Visits 2:00 Regency Super Store 3:00 Pump It Up 3:45 You've Got Mail</p>	<p>9:45 Music w/ Ms. Rivers 7 10:45 Arm Lifts 1:00 1:1 Room Visits 2:00 Spirit Day 3:00 Stretch It Out 3:45 Postal Connection</p>	<p>9:45 Small Group 8 10:45 Let's Kick 1:45 Mail Call 2:00 Adult Coloring 3:30 Arm Stretches</p>
<p>9:45 Games Time 9 10:15 By Faith MB Church 11:00 Exercise 2:00 Chase Park Church of Christ (DR) 3:00 Music Matters <small>Grandparents Day</small></p>	<p>9:45 Let's Cook 10 10:45 Whumba 1:00 1:1 Room Visits 2:00 Treasure & Trinkets Bingo 3:00 Leg Lifts 3:45 Special Delivery</p> <p style="text-align: center;">Rosh Hashanah</p>	<p>9:45 Pretty Nails 11 10:45 Jazzercise 1:00 1:1 Room Visits 2:00 Don't Forget Me 3:00 Pump It Up 3:45 USPS Drop 5:30 Pamper Me w/ Young at Heart</p>	<p>9:45 Bingo 12 10:45 Arm Lifts 11:15 CiCi's Pizza 1:00 1:1 Room Visits 2:00 Stretch It Out 3:45 You've Got Mail</p> <p style="text-align: center;"></p>	<p>9:45 Happy Planning w/Keimil 13 10:45 Let's Kick 1:00 1:1 Room Visits 2:00 Music w/ Ms. Rivers 3:00 Arm Stretches 3:45 Postal Connection</p>	<p>9:45 Getting Crafty 14 10:45 Whumba 1:00 1:1 Room Visits 2:00 Mid-day Matinee 3:45 Mail Call</p>	<p>9:45 Kickball 15 10:45 Jazzercise 1:45 Special Delivery 2:30 Saturday Sing-a-long w/Fred 3:30 Pump It Up</p>
<p>9:45 Hangman 16 10:45 Exercise 1:00 Mid-day News 2:00 Chase Park Church of Christ (DR)</p>	<p>9:45 Pretty Nails 17 10:45 Arm Lifts 1:00 1:1 Room Visits 2:00 Resident Council 2:00 Mid-Day Matinee 3:45 USPS Drop</p> <p style="text-align: center;">Meal of the Month</p>	<p>9:45 Bingo 18 10:45 Stretch It Out 1:00 1:1 Room Visits 2:00 Don't Forget Me 3:00 Birthday Bash w/ The Alexander's 3:45 You've Got Mail 5:30 Pamper Me w/ Young at Heart</p>	<p>9:45 Chef's Special 19 10:45 Let's Kick 1:00 1:1 Room Visits 2:00 A Cruisin' We Will Go 2:00 Memory Lane Music Performs 3:00 Arm Stretches 3:45 Postal Connection</p> <p style="text-align: center;">Yom Kippur</p>	<p>9:45 Chicken Soup For the Golden Soul 20 10:45 Whumba 1:00 1:1 Room Visits 2:00 Bingo 3:00 Leg Lifts 3:45 Mail Call</p>	<p>9:45 Make A Snack 21 10:45 Jazzercise 1:00 1:1 Room Visits 2:00 Team Pep Rally 3:00 Pump It Up 3:45 Special Delivery</p>	<p>9:45 Adult Coloring 22 10:45 Arm Lifts 1:45 USPS Drop 2:00 Parachute Fun 2:30 Stretch It Out 3:00 Folk Musicians <small>Autumn Begins Oktoberfest Begins</small></p>
<p>9:45 Small Group 23 10:45 Music Matters 1:00 Mid-day News 2:00 Chase Park Church of Christ (DR)</p>	<p>9:45 Caffee Klatsch & Huntsville Happenings 24 10:45 Let's Kick 1:00 1:1 Room Visits 2:00 Women Aglow 3:00 Arm Stretches 3:45 You've Got Mail</p> <p style="text-align: center;">Sukkot</p>	<p>9:45 German Fun Fact w/ Pumpernickel & Leberwurst 25 10:45 Whumba 1:00 1:1 Room Visits 2:00 Don't Forget Me 3:00 Bingo 3:45 Postal Connection 5:30 Pamper Me w/ Young at Heart</p>	<p>9:45 Pretty Nails 26 10:45 Leg Lifts 1:00 1:1 Room Visits 2:00 Super Duper Word Find 3:30 Frankfurter & Beer Bash w/Wolfgang Music 3:45 Mail Call</p>	<p>9:30 Salvation Army 27 10:00 Bingo 11:00 Jazzercise 1:00 1:1 Room Visits 2:00 Paint & Sip 3:00 Pump It Up 3:45 Special Delivery</p>	<p>9:45 Crafter's Cove 28 10:45 Arm Lifts 1:00 1:1 Room Visits 2:00 Larry the Guitarist 3:00 Stretch It Out 3:45 USPS Drop</p>	<p>9:45 Daily Chronicles 29 10:45 Let's Kick 1:15 Games & More w/ B3ATING TH3 ODDZ 2:15 Arm Stretches 3:30 You've Got Mail</p>

9:45 Pictionary **30**
10:45 Sittercise
1:00 Mid-day News
2:00 Chase Park Church of Christ (DR)



"Grand" Things To Do All Month

Discipline led, Resident led, Volunteer Led, Bus Trips, Bingo
Resident Council

