

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2018

Regency Retirement Village – Pathways/Memory Care



<p>1 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie</p>	<p>2 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie</p>	<p>3 Make-over Mondays thru the day 9:00 Morning Stroll 9:45 Sit & Be Fit Exercises 10:00 Kathryn Music Therapy 2FL 11:00 Kathryn Music Therapy 5FL 11:00 Music Therapy 1:30 Pokeno 1:30 Kathryn Music Therapy-1PW 2:00 Flyswatter Ping Pong 3:00 Art Set-up and Crafts</p>	<p>4 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts 6:00 Aromatherapy</p>	<p>5 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Resident B-day Party 2:30 Restore Therapy with National Cheese Pizza Day - SR 3:00 Table Games 6:00 Puzzles or Movie</p>	<p>6 9:00 Parachute Exercises 9:30 Kick Ball Mania 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Vanessa Hill Concert – 1PW 1:30 Bingo for Prizes 2:30 Basketball or Air Hockey 3:00 Music Sing-a-Long 6:00 Puzzles or Movie</p>	<p>7 9:00 Walking Club 10:00 Current Events or Brain Games 10:00 ALZ Fundraiser Bake Sale-FP 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Lunch out to Greenbrier 1:00 Adult Coloring 1:30 Raul Mejia in Concert – SR 2:00 Ball Toss 3:00 Crafts or Painting</p>	
<p>8 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 3:30 Chocolate Bingo 5:00 Lawrence Welk/Classical Music 6:00 Puzzles or Movie</p>	<p>9 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie Grandparents Day</p>	<p>10 Make-over Mondays thru the day 9:00 Sit & Be Fit Exercises 9:45 Kick Ball Exercise 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Cooking Show ~ Ice Cream Social 3:00 Puzzle Solving 6:00 Puzzles or Movie</p>	<p>11 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Purple Hat Society - SR 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading & Crafts 6:00 Puzzles or Movie</p>	<p>12 9:00 Morning Stroll 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Basketball Toss 1:30 Puzzle Solving 1:30 Buddy Edwards - SR 2:45 Coffee and Donuts 6:00 Puzzles or Movie</p>	<p>13 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Al Mahan in Concert - SR 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along</p>	<p>14 9:00 Sit & Be Fit Exercises 10:00 Current Events Discussion 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Kris Pierce in Concert – SR 2:45 Restore Therapy with National Crème Filled Donut Day - SR 2:30 Dancercise 3:00 Hangman 6:00 Puzzles or Movie</p>	
<p>15 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie</p>	<p>16 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie</p>	<p>17 Make-over Mondays thru the day 9:00 Parachute 9:45 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:30 Gentlemen's Outing - SR 1:30 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks</p>	<p>18 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy with staff * 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 1:30 Shady Grady in Concert - SR 2:00 Horseshoes 2:30 Kickball 3:00 Checkers</p>	<p>19 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Hymnal Music Therapy 2:00 Buddy Edwards in Concert-2nd 3:00 Crafts or Painting 6:00 Puzzles or Movie</p>	<p>20 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:00 Horseshoes 2:00 Puzzles 3:00 Group music Sing-along</p>	<p>21 9:00 Walking Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:30 Bean Bag Toss 2:00 Bible Trivia 2:45 Restore Therapy with National Rehab Week - TBD - SR 3:00 Bingo for Prizes</p>	
<p>22 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 3:30 Chocolate Bingo 5:00 Lawrence Welk or Classical Music</p>	<p>23 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie</p>	<p>24 Make-over Mondays thru the day 9:00 Kick Ball Exercise 9:30 Sit & Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Chix Soup for the Soul 1:30 Bible Devotions 2:00 Bean Bag Toss 3:00 Hangman</p>	<p>25 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 2:00 Walking Club 2:30 Basketball 3:00 Bracelet Making & Beading 6:00 Puzzles or Movie</p>	<p>26 9:00 Sit & Be Fit Exercises 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia 1:30 Wolfgang in Concert - SR 2:00 Bean Bag Toss 3:00 Apple Cider & Cookies</p>	<p>27 9:00 Dancercise 9:30 Move & Groove Fitness 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Music & Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along</p>	<p>28 9:00 Walking Club 10:00 Current Events or Brain Games 10:30 Show & Tell (Reminiscing) 11:00 Music Therapy 11:00 Michael Havron Concert- 2nd 1:00 Michael Havron Concert – 3rd 1:30 Flyswatter Ping Pong 2:30 Bible Devotions 3:00 Hangman 4:00 Michael Havron Concert -1PW</p>	
<p>29 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show & Tell or Kick Ball 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie</p>	<p>30 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie</p>						

Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change based on residents' needs. Staff plans to assist when needed.