

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p><b>1</b> Make-over Mondays thru the day 9:00 Morning Stroll 9:45 Sit &amp; Be Fit Exercises 10:00 Kathryn Music Therapy 2FL 11:00 Kathryn Music Therapy 5FL 11:00 Music Therapy 1:30 Pokeno 1:30 Kathryn Music Therapy-1PW 2:00 Flyswatter Ping Pong 3:00 Art Set-up and Crafts 6:00 Puzzles or Movie</p>	<p><b>2</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading &amp; Crafts 6:00 Puzzles or Movie</p> <p style="text-align: center;">Simchat Torah</p>	<p><b>3</b> 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:00 Resident B-day Party 2:30 Hymnal Music Therapy 3:00 Table Games 6:00 Puzzles or Movie</p>	<p><b>4</b> 9:00 Parachute Exercises 9:30 Kick Ball Mania 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 11:00 Music &amp; Memory Synch 1:30 Vanessa Hill Concert – 1PW 1:30 Bingo for Prizes 2:30 Basketball or Air Hockey 3:00 Music Sing-a-Long 6:00 Puzzles or Movie</p>	<p><b>5</b> 9:00 Walking Club 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 11:30 Lunch out to Applebee's 1:00 Adult Coloring 2:00 Ball Toss 3:00 Crafts or Painting 4:00 to 6:00 Annual Fall Festival for residents, employees and family members – Pavilion</p>	<p><b>6</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show &amp; Tell or Kick Ball 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie</p>
<p><b>7</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie</p>	<p><b>8</b> Make-over Mondays thru the day 9:00 Sit &amp; Be Fit Exercises 9:45 Kick Ball Exercise 10:00 Current Events/Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:30 Cooking Show ~ Ice Cream Social 3:00 Puzzle Solving 6:00 Movie Time/ <small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p><b>9</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 11:30 Purple Hat Society - SR 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 3:00 Beading &amp; Crafts 6:00 Puzzles or Movie</p>	<p><b>10</b> 9:00 Morning Stroll 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:30 Basketball Toss 1:30 Puzzle Solving 1:30 Buddy Edwards - SR 2:45 Coffee and Donuts 6:00 Puzzles or Movie</p>	<p><b>11</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 11:00 Music &amp; Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Puzzles or Movie</p>	<p><b>12</b> 9:00 Sit &amp; Be Fit Exercises 10:00 Current Events Discussion 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:30 Kris Pierce in Concert – SR 2:30 Dancercise 2:45 Restore Therapy with Hot Potato Game and Prizes - SR 3:00 Hangman 6:00 Puzzles or Movie</p>	<p><b>13</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show &amp; Tell or Kick Ball 3:30 Chocolate Bingo 5:00 Lawrence Welk/Classical Music 6:00 Puzzles or Movie</p>
<p><b>14</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie</p>	<p><b>15</b> Make-over Mondays thru the day 9:00 Parachute 9:45 Sit &amp; Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 11:30 Gentlemen's Outing - SR 1:30 Puzzle Solving 2:00 Horseshoes 3:00 Bible Talks 6:00 Puzzles or Movie</p>	<p><b>16</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy with staff * 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 1:30 Restore Therapy with pumpkin painting - SR 2:00 Horseshoes 2:30 Kickball 3:00 Checkers</p>	<p><b>17</b> 9:00 Parachute Exercise 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:30 Hymnal Music Therapy 1:30 Newman Evans in Concert-SR 2:00 Buddy Edwards in Concert-PW 3:00 Crafts or Painting 6:00 Puzzles or Movie</p>	<p><b>18</b> 9:00 Dancercise 9:30 Move &amp; Groove Fitness 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 11:00 Music &amp; Memory Synch 1:00 Horseshoes 2:00 Puzzles 3:00 Group music Sing-along 6:00 Puzzles or Movie</p>	<p><b>19</b> 9:00 Walking Club 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:30 Bean Bag Toss 2:00 Bible Trivia 3:00 Bingo for Prizes 6:00 Puzzles or Movie</p>	<p><b>20</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show &amp; Tell or Kick Ball 5:00 Lawrence Welk or Classical Music 6:00 Puzzles or Movie</p>
<p><b>21</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie</p>	<p><b>22</b> Make-over Mondays thru the day 9:00 Kick Ball Exercise 9:30 Sit &amp; Be Fit Exercises 10:00 Current Events/Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:00 Chix Soup for the Soul 1:30 Bible Devotions 2:00 Bean Bag Toss 3:00 Hangman 6:00 Puzzles or Movie</p>	<p><b>23</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:00 Mani-Spa treatments with... 1:00 Lavender Lotion 1:30 Jim Phillips with Ghostly Tales and Places – SR 2:00 Walking Club 2:30 Basketball 3:00 Bracelet Making &amp; Beading</p>	<p><b>24</b> 9:00 Sit &amp; Be Fit Exercises 9:30 Group Music Therapy 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:00 Bible Trivia 1:30 Wolfgang in Concert - SR 2:00 Bean Bag Toss 3:00 Apple Cider &amp; Cookies 6:00 Puzzles or Movie</p>	<p><b>25</b> 9:00 Dancercise 9:30 Move &amp; Groove Fitness 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 11:00 Music &amp; Memory Synch 1:30 Bingo for Prizes 2:00 Kick Ball 2:30 Dancercise 3:00 Music Sing-along 6:00 Puzzles or Movie</p>	<p><b>26</b> 9:00 Walking Club 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 11:00 Michael Havron Concert– 2nd 1:00 Michael Havron Concert – 3rd 1:30 Flyswatter Ping Pong 2:30 Bible Devotions 3:00 Hangman 4:00 Michael Havron Concert -1PW 6:00 Puzzles or Movie</p>	<p><b>27</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Golden Oldies Music 1:00 One-To-One 2:00 Snacks 2:30 Show &amp; Tell or Kick Ball 3:30 Chocolate Bingo 5:00 Lawrence Welk or Classical Music</p>
<p><b>28</b> 9:00 Morning Exercise 10:00 Snacks or Fun in the Sun 10:15 Whitesburg Baptist Ch (TV) 1:00 One-To-One 2:00 Snacks 2:30 Hangman Challenge 5:00 Movie Matinee 6:00 Puzzles or Movie</p>	<p><b>29</b> Make-over Mondays thru the day 9:00 Sit &amp; Be Fit Exercises 9:45 Kick Ball Exercise 10:00 Current Events/Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:30 Crafts and Painting ~ Halloween/Fall Project 3:00 Puzzle Solving 6:00 Puzzles or Movie</p>	<p><b>30</b> 9:00 Morning Stroll 10:00 Current Events or Brain Games 10:30 Show &amp; Tell (Reminiscing) 11:00 Music Therapy 1:30 Mani-Spa treatments with... 1:30 Lavender Lotion 2:00 Kickball 2:45 Restore Therapy Outpatient Halloween Party for Residents and Employees – SR 3:00 Beading &amp; Crafts</p>	<p><b>31</b> 9:00 Morning Stroll 9:30 Becca Bain and Performers for Trick-or-Treat Halloween Party–SR 11:00 Music Therapy 1:30 Basketball Toss 1:30 Puzzle Solving 1:30 Halloween Party 2:00 Kickball 3:00 Beading &amp; Crafts 6:00 Puzzles or Movie</p> <p style="text-align: center;">Halloween</p>	<div style="text-align: center;">  <h1 style="margin: 0;">October 2018</h1>  <p style="font-size: 2em; margin: 0;">Regency Retirement Village – Pathways/Memory Care</p>  </div>		

Green activities are “mind”; yellow activities are “spirit”; and blue activities are “body”. Activities are subject to change based on residents’ needs. Staff plans to assist when needed.