

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Welcome October 1 9:45 International Coffee Delight Day 10:45 Arm Stretches 11:00 1:1 Room Visits 2:00 Bingo 3:00 Leg Lifts 3:45 Mail Call	8:45 Good Morning Regency 2 9:00 Taster's Choice Menu Select 1:30 Taster's Choice Menu Select 3:45 Special Delivery 5:30 <b>Young at Heart</b>  Simchat Torah	8:45 Good Morning Regency 3 9:00 Small Group Manipulatives 9:45 Bingo 10:45 Arm Lifts 11:00 1:1 Room Visits 2:00 Table Bowling 3:00 Stretch It Out 3:45 USPS Drop	8:45 Good Morning Regency 4 9:00 Small Group Manipulatives 9:45 Super Duper Word Find 10:45 Leg Stretches 11:00 1:1 Room Visits 2:00 Happy Planning 3:00 Arm Stretches 3:45 You've Got Mail	8:45 Good Morning Regency 5 9:00 Small Group Manipulatives 9:45 Baker's Rack 10:45 Leg Lifts 11:00 1:1 Room Visit 2:00 General Store 3:00 Kick It Out 3:45 Postal Connection <b>"I Love Lucy"</b>	8:45 Good Morning Regency 6 9:30 <b>St. Bartley PB</b> 10:00 Music Matters 11:00 1:1 Room Visits 1:45 Mail Call 2:30 <b>Saturday Sing-a-long w/ Susan</b> 3:30 Arm Stretches 4:00 Old Shows
8:45 Good Morning Regency 7 9:30 Kick Ball 10:45 Arm Lifts 2:00 Chase Park Church of Christ (DR)	8:45 Good Morning Regency 8 9:00 Small Group Manipulatives 9:45 Crafter's Cove I 10:45 Leg Lifts 11:00 1:1 Room Visits 2:00 Crafter's Cove II 3:15 Kick It Out 3:45 Special Delivery  Columbus Day (US) Thanksgiving Day (Canada)	8:45 Good Morning Regency 9 9:00 Taster's Choice Menu Select 1:30 Taster's Choice Menu Select 3:45 USPS Drop 5:30 <b>Young at Heart</b>	8:45 Good Morning Regency 10 9:00 Small Group Manipulatives 9:45 Pretty Nails 10:45 Stretch It Out 11:00 1:1 Room Visits 2:00 Mid-day Matinee 3:00 Leg Lifts 3:45 You've Got Mail	8:45 Good Morning Regency 11 9:00 Small Group Manipulatives 9:45 Let's Cook 10:45 Arm Stretches 11:00 1:1 Room Visits 2:00 Bingo 3:00 Leg Lifts 3:45 Postal Connection	8:45 Good Morning Regency 12 9:00 Small Group Manipulatives 9:45 Sweet Treat & Healthy Hearts 10:45 Kick It Out 11:00 1:1 Room Visits 2:00 General Store 3:00 Whumba 3:45 Mail Call	8:45 Small Group Manipulatives 13 9:30 Good Morning Regency 10:00 Hangman 10:30 Arm Lifts 11:00 1:1 Visits 1:45 Special Delivery 2:00 Bingo 3:30 Stretch It Out
8:45 Good Morning Regency 14 9:30 Puzzles & More By Faith MB Church Church of Christ (DR) 2:00 Chase Park Church of Christ (DR) 3:00 Music Matters	8:45 Good Morning Regency 15 9:00 Small Group Manipulatives 9:45 Bingo 10:45 Leg Stretches 11:00 1:1 Room Visits 1:30 Mid-day Matinee 2:00 Resident Council (FR) 2:30 Door Judging 3:45 USPS Drop	8:45 Good Morning Regency 16 9:00 Taster's Choice Menu Select 1:30 Taster's Choice Menu Select 3:00 Birthday Bash w/ <b>The Alexander's</b> 3:45 You've Got Mail 5:30 <b>Young at Heart</b>	8:45 Good Morning Regency 17 9:00 Small Group Manipulatives 9:45 Pretty Nails 11:00 Leg Lifts 11:30 1:1 Room Visits 2:00 <b>Memory Lane</b> 3:45 Postal Connection  <b>Music Performs</b>	8:45 Good Morning Regency 18 9:00 Small Group Manipulatives 9:45 Chicken Soup for the Golden Soul 11:00 Kick It Out 11:30 1:1 Room Visits 2:00 Bingo 3:00 Whumba 3:45 Mail Call	8:45 Good Morning Regency 19 9:00 Small Group Manipulatives 9:45 Bingo 11:00 Arm Lifts 11:30 1:1 Room Visits 2:00 General Store 3:00 Stretch It Out 3:45 Special Delivery	8:45 Good Morning Regency 20 9:00 Small Group Manipulatives 10:30 Leg Lifts 1:45 USPS Drop 1:30 Western Marathon 2:30 <b>Saturday Sing-a-long w/Fred</b> 3:30 You've Got Mail
8:45 Good Morning Regency 21 9:30 Hangman 10:30 Music Matters 1:00 Parachute Fun 2:00 Chase Park Church of Christ (DR)	8:45 Good Morning Regency 22 9:00 Small Group Manipulatives 9:45 Egg Drop 11:00 Kick It Out 11:30 1:1 Room Visits 2:00 <b>Women's Aglow</b> 2:30 <b>Staff/Patient/Resident Pink Egg Race</b> 3:45 Postal Connection	8:45 Good Morning Regency 23 9:00 Taster's Choice Menu Select 1:30 Taster's Choice Menu Select 3:00 <b>Fashion Show</b> 3:45 Mail Call 5:30 <b>Young at Heart</b> <b>My Pink Is Better than Yours Fashion Show</b>	8:45 Good Morning Regency 24 9:00 Small Group Manipulatives 9:45 Baker's Rack 11:00 Arm Lifts 11:30 1:1 Room Visits 2:00 <b>Pie Eating Contest</b> 3:30 <b>Wolfgang Moritz</b> 3:45 Special Delivery  <b>Pink Pie Eating Contest</b>	8:45 Good Morning Regency 25 9:00 Small Group Manipulatives 9:45 <b>Salvation Army Singers</b> 11:00 Stretch It Out 11:30 1:1 Room Visits 2:00 <b>Annual Chili Cook-off &amp; Candy Weigh In</b> 3:45 USPS Drop  <b>Pink All the Way</b>	8:45 Good Morning Regency 26 9:00 Small Group Manipulatives 9:45 Pretty Nails 11:00 Leg Stretches 11:30 1:1 Room Visits 2:00 <b>Larry the Guitarist</b> 2:30 <b>Pink Shoot &amp; Balloon Release</b> 3:45 Postal Connection So You "Pink" You	8:45 Good Morning Regency 27 9:45 Kickball 10:30 Arm Stretches 1:45 Mail Call 2:00 Parachute Fun 3:00 <b>Folk Musicians</b> 3:00 Hydration & Snack 4:00 Old Shows
8:45 Good Morning Regency 28 9:30 Adult Coloring 10:45 Leg Lifts 1:00 Small Group Manipulatives 2:00 Chase Park Church of Christ (DR) 3:30 Old Shows	8:45 Good Morning Regency 29 9:00 Small Group Manipulatives 9:45 Pumpkin Painting 11:00 Kick It Out 11:30 1:1 Room Visits 2:00 Good Ole Country Eatin' (Pintos & Bread) 3:15 Whumba 3:45 Mail Call	8:45 Good Morning Regency 30 9:00 Taster's Choice Menu Select 1:30 Taster's Choice Menu Select 3:00 Stretch It Out 3:45 Mail Call 5:00 Harvest Festival	9:45 Pretty Nails 31 11:00 Arm Stretches 11:30 1:1 Room Visits 2:00 "Spooky" Social Hour 3:45 Mail Call  Halloween	<h1>October 2018</h1> <h2>Regency Health Care &amp; Rehab</h2> <h3>Activity Calendar</h3>		

Activities are subject to change. All changes will be posted at the nurse's station for your convenience.