

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday



January 2019



Regency Retirement Village Pathways and Memory Care

	1	2	3	4	5
	9:30a. Sit to be fit 10a. Snack Attack /Music 10:30a. Morning Stroll 11a. Table Game (Game Room) 1:45p. Music and Memory 2p. Afternoon Snacks & Music 2:30p. Horseshoes Game 3:15p. Nail Care 4p. Afternoon Social <small>New Year's Day</small>	9:30a. Dancercise 10a. Snack Attacks/Music 10:30a. Library and Coffee 11a. Bible Trivia (IN2L) 1:45p. Afternoon Social 2p. Hot Cocoa & Music 2:30p. Kick Ball Circle 3:15p. Creative Mind & Arts 4p. Afternoon Stroll	9:30a. Sit to be fit 10a. Snack Attack /Music 10:30a. Morning Stroll 11a. Music & Memory 1:45p. Afternoon Stroll 2p. Vanessa Hill & Guitar 2:15p. Afternoon Snacks 3:00p. Bingo for Chocolate 4:00p. Afternoon Social	9:30a. Morning Stroll 10:15a. Restore your balance 1st 10:45a. Restore your balance 2nd 11:15a. Restore your balance 3rd 1:45p. Afternoon Stroll 2p. Afternoon Snacks & Music 2:30p. Questions Ball Toss 3p. Movie & Popcorn 4p. Music & Relaxations	9:30a. Morning Stroll 10a. Snack Attack 10:30a. Kick Ball Circle 11:30a. 50's Music (IN2L) 1:30p. Afternoon Stroll 2p. Afternoon Snacks 3p. Trivia (IN2L) 4p. Afternoon Social Circle

6	7	8	9	10	11	12
9:30a. Morning Social 10a. Snack Attack & Music 10:30a. Morning Stroll 10:45a. Whitesburg Church (TV) 1:45p. Spiritual songs 2:00p. Afternoon Snacks 2:30p. Bible Trivia (IN2L) 3p. Nail Care 4:30p. Afternoon Stroll	Make over Monday 9:30a. Dancercise 10a. Milestone Music W/Kathryn 2nd FL 10:15a. Snack Attacks & Music 11a. Morning Stroll 2p. Milestone Music W/Kathryn 1st FL 3p. Bingo for Prizes 4:15p. Music & Relaxations	9:30a. Sit to Fit 10a. Snack Attacks & Music 10:30a. Sing Along Circle 11:45a. Purple Hats Luncheon 2p. Sing Along Circle W/ Layla 1st FL 2:15p. Afternoon Snacks & Music 2:30p. Pool Noodles Balloon & Music 3:15p. Nail Care 4p. Social Circle	9:30a. Dancercise 10a. Snack Attacks 10:30a. Library and Coffee 11:15a. Cross Word Puzzle (IN2L) 1:45p. Afternoon Social 2p. Hot Cocoa & Social 2:30p. Kick Ball Circle 3:15p. Creative Minds Arts 4p. Afternoon Stroll	9:30a. Sit to be fit 10a. Snack Attack /Music 10:30a. Morning Stroll 11a. Music & Memory 1:45p. Afternoon Stroll 2p. Afternoon Snacks 2:30p. Bingo for Chocolate 3:30p. Travel Videos & Trivia 4:00p. Afternoon Social	9:30a. Dancercise 10a. Snack Attacks 10:45a. Table Game (Game Room) 11:30a. Lunch Out at Galen's 1:45p. Afternoon Stroll 2p. Afternoon Snacks 2:30p. Questions Ball Toss 3p. Movie & Popcorn 4p. Music & Relaxations	9:30a. Morning Stroll 10a. Snack Attack 10:45a. Concert W/ The Musgrove Session PW 1st FL 1:30p. Afternoon Stroll 2p. Afternoon Snacks 2:15p. Bingo for Candy 3p. Movie Matinee 4p. Afternoon Stroll

13	14	15	16	17	18	19
9:30a. Morning Social 10a. Snack Attack & Music 10:15a. Morning Stroll 10:30a. Sun Devotional (IN2L) 1:45p. Spiritual songs 2:00p. Afternoon Snacks 2:30p. Bible Trivia (IN2L) 3p. Nail Care 4:30p. Afternoon Stroll	Make over Monday 9:30a. Dancercise 10a. Snack Attack & Music 10:30a. Trivia (IN2L) 11a. Library and Coffee 1:45p. Kick Ball Circle 2:15p. Afternoon Snack & Music 4:15p. 3p. Bingo for Prizes Music & Relaxations	9:30a. Sit to Fit 10a. Snack Attacks 11a. Table Game (Game Room) 11:45a. Gentlemen Lunch Club 1:30p. Strawberry Ice Cream Day W/ Restore Therapy (SR) 2p. Sing Along Circle W/ Layla 2nd FL 2:30p. Horseshoe 3:30p. Afternoon Stroll 4:00p. Social Circle	9:30a. Dancercise 10a. Snack Attacks 10:30a. Library and Coffee 11a. Bible Trivia (IN2L) 2:00p. Spiritual Songs W/ Mike Cole 1st FL 2:30p. Hot Cocoa & Social 3:00p. Spiritual Songs W/ Mike Cole 3rd FL 4p. Afternoon Stroll	9:30a. Sit to be fit 10a. Snack Attack /Music 10:30a. Morning Stroll 11a. Music & Memory 1:45p. Afternoon Stroll 2p. Afternoon Snacks 2:30p. Bingo for Chocolate 3:30p. Travel Videos & Trivia 4:00p. Afternoon Social	9:30a. Dancercise 10a. Snack Attacks 10:30a. Table Game (Game Room) 11a. Family Feud (IN2L) 1:45p. Jan. Birthday celebrations 1st, 2nd and 3rd FL 3p. Questions Ball Toss 3:30p. Movie & Popcorn 4p. Music & Relaxations	9:30a. Morning Stroll 10a. Snack Attack 10:30a. Kick Ball Circle 11:30a. 50's Music (IN2L) 1:30p. Afternoon Stroll 2p. Afternoon Snacks 3p. Trivia (IN2L) 4p. Afternoon Social Circle

20	21	22	23	24	25	26
9:30a. Morning Social 10a. Snack Attack & Music 10:15a. Morning Stroll 10:45a. Whitesburg Church (TV) 1:45p. Spiritual songs 2:00p. Afternoon Snacks 2:30p. Bible Trivia (IN2L) 3p. Nail Care 4:30p. Afternoon Stroll	Make over Monday 9:30a. Dancercise 10a. Snack Attacks & Music 10:30a. Morning Stroll 11a. Music Social Circle 1:45p. Kick Ball Circle 2p. Afternoon Snacks & Music 3p. Bingo for Prizes. 4:15p. Music & Relaxations <small>Martin Luther King Day Tu B'Shevat</small>	9:30a. Sit to Fit 10a. Snack Attacks 10:30a. Morning Stroll 11a. Sing Along Circle 2p. Sing Along Circle W/ Layla 3rd FL 2p. Afternoon Snacks 2:30p. Pool Noodles Balloon & Music 3:15p. Nail Care 4p. Social Circle	9:30a. Dancercise 10a. Snack Attacks 10:30a. Library and Coffee 11:15a. Cross Word Puzzle (IN2L) 1:45p. Hot Cocoa & Social 2:45p. National Pie Day W/ Restore Therapy (SR) 3:30p. Kick Ball Circle 4p. Afternoon Stroll	9:30a. Sit to be fit 10a. Snack Attack /Music 10:30a. Morning Stroll 11a. Music & Memory 2p. Concert W/ Erica Musical School (PW) 3:15p. Bingo for chocolate 4:00p. Afternoon Social	9:30a. Sittercise 10a. Snack Attack 10:30a. Cooking Show (Oreo Cream Pie) 11a. Michael Havron 1 Man Band 2nd 1p. Michael Havron 1 Man Band 3rd 2p. Scenic Ride/ Snacks 3p. Pool Noodles Balloon & Music 4p. Michael Havron 1 Man Band 1st	9:30a. Morning Stroll 10a. Snack Attack 10:30a. Ball Toss Circle 11a. 60's Music (IN2L) 1:30p. Afternoon Stroll 2:00p. Hsv Traditional Band/PW 2:15p. Afternoon Snacks 3p. Movie Matinee 4p. Afternoon Stroll

27	28	29	30	31		
9:30a. Morning Social 10a. Snack Attack & Music 10:15a. Morning Stroll 10:30a. Sun Devotional (IN2L) 1:45p. Spiritual songs 2:00p. Afternoon Snacks 2:30p. Bible Trivia (IN2L) 3p. Nail Care 4:30p. Afternoon Stroll	Make over Monday 9:30a. Dancercise 10a. Snack Attacks & Music 10:30a. Trivia (IN2L) 11a. Library & Coffee 1:30p. Kick Ball Circle 2p. Fun Rhythm W/ Tom McClung / Snacks (PW) 3:30p. Bingo for Prizes 4:30p. Music & Relaxations <small>Australia Day (observed)</small>	9:30a. Sit to Fit 10a. Snack Attacks 10:30a. Morning Stroll 11a. Table Game (Game Room) 1:45p. Sing Along Circle 2:45p. National Chocolate Cake Month W/ Restore Therapy (SR) 3:30p. Nail Care 4p. Social Circle	9:30a. Dancercise 10a. Snack Attacks 10:30a. Library and Coffee 11:15a. Cross Word Puzzle (IN2L) 1:45p. Afternoon Social 2p. Concert W/ Buddy Edward 3p. Hot Cocoa & Social 3:30p. Creative Minds Arts 4p. Afternoon Stroll	9:30a. Sit to be fit 10a. Snack Attack /Music 10:30a. Morning Stroll 11a. Music & Memory 1:45p. Afternoon Stroll 2:15p. Afternoon Snacks 2:00p. Auction for Motivations 3:30p. Bingo for Chocolate 4:00p. Afternoon Social		



Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change based on residents needs. *STAFF PLANS ON ASSISTS WHEN NEEDED*