

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019

Regency Retirement Village – Independent Living



9:30 to 10:15 Ascension Worship Service - SR
 10:30 Catholic Communion—SR
 1:30 Chase Park Worship—SR
 2:00 Games & Cards—GR
 2:00 Sunday Movie—SR

Popcorn
 9:30 Weights & Kinesthetics – SR
 1:00 Group Singing – SR
 2:00 Restore Therapy/PT Party- SR
 3:00 Quarter Bingo with Regency – SR
 5:30 Uno or Skip-Bo Cards - SR

Popcorn
 9:00 Walmart and Dollar Tree
 9:30 Resistance Training – SR
 10:30 Forever Young Veteran's Meeting at Dynetics Solutions- Bus
 11:00 **Mardis Gras King Cake – 1DR**
 2:00 Employee of the Year Celebration – 1DR
 ~ Come all residents and employees!
 5:30 **Rook/Cards Games - SR**

Popcorn
 9:00 Kroger & Banks
 9:30 Weights & Kinesthetics – SR
 1:00 Starkey Hearing – SR
 2:30 **Craft Time - SR ~ Irish Wreath**
 5:30 **Puzzles – GR**
Ash Wednesday

9:00 Blood Pressure Checks – SR
 9:30 Resistance Training – SR
 10:00 Quarter Bingo – SR
 12:00 **Chico's Spring Fashion Show - Bus**
 2:00 **IL Resident Birthday Party and Food Council Meeting– 1DR**
 5:00 Family Night for all – PMP
 ~ Special speakers and food
 ~ RSVP to front desk

Popcorn
 9:00 Walmart and Dollar Tree
 9:30 Weights & Kinesthetics – SR
 10:15 Step-On-It Recording – SR
 1:30 **ALZ Bingo Fundraiser*-1DR**
 ~ \$5/one card or \$15/four cards
 ~ Treats, good eats & prizes
 5:30 Dominos – SR
 * Suggested donation
 FUNtastic Friday: Luau Day

9:00 Bible Study—SR
 Center Grove Methodist Church
 10:15 **St. Bartley's Church for songs, games & more - SR**
 1:00 **Quarter Bingo with Volunteer-SR**
 2:15 Card Games - GR
 5:30 Dominos - SR

9:30 to 10:15 Ascension Worship Service - SR
 10:30 Catholic Communion—SR
 1:30 Chase Park Worship—SR
 2:00 Games & Cards—GR
 2:00 Sunday Movie—SR

Popcorn
 9:30 Weights & Kinesthetics – SR
 1:30 Group Singing - SR
 3:00 Quarter Bingo with Regency – SR
 5:30 **Josh Nichols with conversation and games - Fireplace**

9:00 Walmart and Dollar Tree
 9:30 Resistance Training – SR
 10:00 Stations of the Cross – TBD
 11:00 Red Hat Society Outing – Panera Bread - Bus
 1:00 Lenora Smith, Ph.D. with UAH – Recruiting for study - SR
 2:30 Restore Therapy & Rainbow Cupcakes for Color Therapy Month- SR
 6:00 Rhythms of Grace - SR

Popcorn
 9:00 Kroger & Banks
 9:30 Weights & Kinesthetics – SR
 10:15 Ascension Lutheran Church – SR
 1:30 Library Trip
 1:30 Buddy Edwards Live in Concert – SR
 2:45 **Bean Bag Toss - SR**

9:00 Blood Pres Checks – SR
 9:30 Resistance Training – SR
 10:00 Quarter Bingo – SR
 11:00 **What's Cooking Theme Meal – St. Patty's Day Celebration –1DR**
 ~ Mike Cole in Concert
 1:30 Drum Lessons with Bryan of Big Daddy Kingfish - SR
 6:30 Scrabble – SR

9:00 Walmart and Dollar Tree
 9:30 Weights & Kinesthetics – SR
 10:00 **ALZ Bake Sale - Fireplace**
 10:15 Step-On-It Recording – SR
 10:30 Romeo Club and Friends – City Café - Bus
 1:00 Mall Trip
 1:30 St. Patty's Day Celebration-SR
 ~ Games, food and music
 5:30 Dominos – SR

9:00 Bible Study—SR
 Center Grove Methodist Church
 10:15 **HSV Dream Center with fellowship, fun & games – SR**
 1:00 **Quarter Bingo with Donna-SR**
 2:15 Card Games – GR
 2:15 **Art Class with Terrance - SR**
 2:30 Jigsaw Puzzle—GR
 5:30 Dominos - SR

9:30 to 10:15 Ascension Worship Service - SR
 10:30 Catholic Communion—SR
 1:30 Chase Park Worship—SR
 2:00 Games & Cards—GR
 2:00 Sunday Movie—SR

Popcorn
 9:30 Weights & Kinesthetics – SR
 1:30 Group Singing – **Practice for IL/AL Choir Concert – SR**
 2:30 **Activities Suggestions-SR**
 3:00 Quarter Bingo with Regency – SR
 5:30 Uno or Skip-Bo Cards

Popcorn
 9:00 Walmart and Dollar Tree
 10:00 Catholic Mass - SR
 10:30 **Lunch Bunch –Longhorn's Steak House– Bus**
 1:30 Old Time Foot Stompin' Band - SR
 2:45 **Manicures – SR**
 • **Bring your own tools**

Popcorn
 9:00 Kroger & Banks
 9:30 Weights & Kinesthetics – SR
 1:30 **Craft – Prayer Rocks for residents and tours - SR**
 2:45 Tim Goff (T2) in Concert – SR
 5:30 **Puzzles - GR**
Spring Brains

Popcorn
 9:00 Blood Pres Checks – SR
 9:30 Resistance Training – SR
 10:00 Quarter Bingo – SR
 1:30 Tom McClung in Concert - SR
 2:45 **Winter Hangman for Regency Bucks – SR**
 6:00 Chase Park COC Singers – SR
Purim

9:00 Walmart and Dollar Tree
 9:30 Weights & Kinesthetics – SR
 10:15 Step-On-It Recording – SR
 1:30 Larry with Big Daddy Kingfish in Concert - SR
 2:45 **Bryan with Lincoln Heritage Ins. with a concert & seminar for final expense insurance – SR**
 5:30 Dominos – SR

9:00 Bible Study—SR
 Center Grove Methodist Church
 1:00 **Quarter Bingo with Kathy-SR**
 2:30 Jigsaw Puzzle—GR
 2:30 **Virginia Davis' 90th Birthday Celebration - SR**
 3:30 Cards - GR

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 10:30 Catholic Communion—SR
 1:30 Chase Park Worship—SR
 2:00 Games & Cards—GR
 2:00 Sunday Movie—SR

9:30 Weights & Kinesthetics – SR
 1:30 Regency IL/AL Choir – practice – SR
 2:00 **IL/AL Choir Concert for Memory Care- SR**
 3:00 Quarter Bingo with Regency – SR
 5:30 Uno or Skip-Bo Cards - SR

9:00 Walmart and Dollar Tree
 9:30 Resistance Training – SR
 10:00 Stations of the Cross – TBD
 1:00 to 3:00 Senior Vendor Health and Wellness Fair - SR
 3:00 Romeo Meeting - SR
 3:15 **Supper Club – Blue Plate Cafe - Bus**
 6:00 Rick Harding with "The Lunch Box 22 Band" - SR

9:00 Kroger & Banks
 9:30 Weights & Kinesthetics – SR
 10:15 Ascension Lutheran Church – SR
 1:30 Linda with Alabama Institute for the Deaf & Blind – SR
 ~ Free large and loud phone – see front desk for application
 2:45 Restore Therapy with Food on a Stick Day - SR
 5:30 **Puzzles - GR**

Popcorn
 9:00 Blood Pressure Checks – SR
 9:30 Resistance Training – SR
 10:00 Regency Bucks Quarter Bingo – SR
 2:00 **Regency Buck Auction – SR**
 ~ **Bring your Regency Bucks**
 6:30 Scrabble - SR

Popcorn
 9:00 Walmart and Dollar Tree
 9:30 Weights & Kinesthetics – SR
 10:15 Step-On-It Recording – SR
 2:00 **Wine and Cheese – SR**
 • **Newman Evans in Concert**
 5:30 Dominos – SR

9:00 Bible Study—SR
 Center Grove Methodist Church
 1:00 **Quarter Bingo with Kathy-SR**
 2:30 Jigsaw Puzzle—GR
 3:30 Cards - GR
 5:30 Dominos - SR

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