

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2019

Regency Retirement Village  
Independent Living

9:00 Walmart and Dollar Tree **1**  
 9:30 Resistance Training – SR  
 10:00 Catholic Mass - SR  
 10:30 Forever Young Veteran's Meeting at Dynetics Solutions- Bus  
 1:30 Tea Tasting with Jacqueline of Loose Leaf Tea – SR  
 ~ Open to all employees and seniors  
 2:45 Price is Right Show – SR  
 ~ Everyone is a winner!  
 5:30 Rook/Card Games - SR

9:00 Kroger & Banks **2**  
 9:30 Weights & Kinesthetics – SR  
 1:00 Starkey Hearing – SR  
 2:30 Crafting Time – SR  
 ~ Featuring Jennifer with Chalk Couture  
 ~ Do your own free "chalk couture" painting with stencils  
 5:30 Puzzles – GR

Popcorn **3**  
 9:00 Blood Pres Checks – SR  
 9:30 Resistance Training – SR  
 10:00 Quarter Bingo – SR  
 2:00 IL Resident Birthday Party and Food Council Meeting– 1DR  
 3:00 Comfort Care with Penny Auction - SR  
 6:30 Scrabble – SR

9:00 Walmart and Dollar Tree **4**  
 9:30 Weights & Kinesthetics – SR  
 10:15 Step-On-It Recording–SR  
 1:00 Rebecca and "Collen"-Therapy Partners  
 1:30 Old Timey Hot Dog Cart with Michael Havron – PV/SR  
 2:45 Regency Bowling - SR  
 5:30 Rook/Card Games - SR  
 \*\*FUNtastic Friday: Twins Day\*\*

9:00 Bible Study—SR **5**  
 Center Grove Methodist Church  
 1:00 Quarter Bingo with Donna-SR  
 2:15 Card Games - GR  
 5:30 Dominos - SR

9:30 to 10:15 Ascension Worship Service - SR **6**  
 10:30 Catholic Communion—SR  
 1:30 Chase Park Worship—SR  
 2:00 Games & Cards—GR  
 2:00 Sunday Movie—SR

Popcorn **7**  
 9:30 Weights & Kinesthetics – SR  
 1:00 Group Singing - SR  
 2:00 Restore Therapy with PT Inservice - SR  
 3:00 Quarter Bingo with Regency – SR  
 5:30 Uno or Skip-Bo Cards

Popcorn **8**  
 9:00 Walmart and Dollar Tree  
 9:30 Resistance Training – SR  
 1:30 Restore with National PT Month and cake - SR  
 2:45 Bean Bag Toss for Regency Bucks - SR  
 5:30 Rook/Card Games - SR

Popcorn **9**  
 9:00 Kroger & Banks  
 9:30 Weights & Kinesthetics – SR  
 10:15 Ascension Lutheran Church – SR  
 1:30 Chico's Fashion – Shopping Trip - Bus  
 1:30 Buddy Edwards in Concert - SR  
 2:45 What's New Food Show – SR  
 ~ Come, taste and sample!  
 5:30 Puzzles - GR

Popcorn **10**  
 9:00 Blood Pres Checks – SR  
 9:30 Resistance Training – SR  
 10:00 Quarter Bingo – SR  
 1:30 Judy & The HSV Senior Center Line Dancers - SR  
 6:30 Scrabble – SR

9:00 Walmart and Dollar Tree **11**  
 9:30 Weights & Kinesthetics – SR  
 10:15 Step-On-It Recording – SR  
 1:00 Regency Hangman - SR  
 4:00 to 6:00 Fall Fest – PV  
 ~ Cookout/BBQ  
 ~ Big Daddy Kingfish in Concert  
 ~ Cake Table (donations welcome)  
 ~ Pretzel Tent & Face Painting  
 ~ Step by Step Petting Zoo  
 5:30 Rook/Card Games – SR

9:00 Bible Study—SR **12**  
 Center Grove Methodist Church  
 10:00 Don't Forget Me Singers – SR  
 1:00 Quarter Bingo with Volunteer -SR  
 2:30 Jigsaw Puzzle—GR  
 3:30 Cards - GR  
 5:30 Dominos - SR

9:30 to 10:15 Ascension Worship Service - SR **13**  
 10:30 Catholic Communion—SR  
 1:30 Chase Park Worship—SR  
 2:00 Games & Cards—GR  
 2:00 Sunday Movie—SR

9:30 Weights & Kinesthetics **14**  
 – SR  
 1:00 Arise 2 Read Training at Montview Elementary - Bus  
 1:30 Group Singing — SR  
 2:30 Activities Suggestions-SR  
 3:00 Quarter Bingo with Regency – SR  
 5:30 Josh Nichols and family for Fireplace Chat - FP

Popcorn **15**  
 9:00 Walmart and Dollar Tree  
 9:30 Resistance Training – SR  
 10:00 Catholic Mass - SR  
 10:30 Lunch Bunch –Little Libby's in Madison- Bus  
 1:00 Arise 2 Read - Bus  
 1:30 Kirk Jones in Concert - SR  
 2:45 Manicures—SR  
 ~ Bring your tools  
 5:30 Rook/Card Games - SR

9:00 Kroger & Banks **16**  
 9:30 Weights & Kinesthetics – SR  
 1:30 McAbee with wheelchair and walker tune-ups – SR  
 ~ Free  
 ~ Sign up at front desk  
 ~ Will help with insurance and Medicaid questions  
 2:45 Ice Cream Social – GZ/SR  
 5:30 Puzzles – GR

7:30 Successful Aging Initiative **17**  
 2019 – AAMU – Bus  
 ~ Register at front desk  
 9:00 Blood Pres Checks – SR  
 9:30 Resistance Training – SR  
 10:00 Quarter Bingo – SR  
 1:30 Heartlite sponsoring a art project - SR  
 2:45 Show & Reminisce - SR  
 6:00 Chase Park COC Singers – SR

9:00 Walmart and Dollar Tree **18**  
 9:30 Weights & Kinesthetics – SR  
 10:15 Step-On-It Recording – SR  
 1:00 Rebecca and "Collen"-Therapy Partners  
 1:30 Larry Mount on Piano - SR  
 2:45 Cooking Show – PV/SR  
 ~ Pizza Taste Testing – Let's compare Papa Johns with Little Caesars!  
 5:30 Rook/Card Games - SR

9:00 Bible Study—SR **19**  
 Center Grove Methodist Church  
 10:15 HSV Dream Center with fellowship, fun & games – SR  
 1:00 Quarter Bingo with Donna-SR  
 2:15 Card Games – GR  
 2:30 Jigsaw Puzzle—GR  
 5:30 Dominos - SR

9:30 to 10:15 Ascension Worship Service - SR **20**  
 10:30 Catholic Communion—SR  
 1:30 Chase Park Worship—SR  
 2:00 Games & Cards—GR  
 2:00 Sunday Movie—SR

Popcorn **21**  
 9:30 Weights & Kinesthetics – SR  
 1:30 Group Singing — SR  
 3:00 Quarter Bingo with Regency – SR  
 5:30 Uno or Skip-Bo Cards

Popcorn **22**  
 9:00 Walmart and Dollar Tree  
 9:30 Resistance Training – SR  
 1:30 Bryan Easter on the saxophone in Concert - SR  
 3:15 Supper Club – Longhom's Steak House - Bus  
 6:00 Rick Harding with "The Lunch Box 22 Band" - SR  
 Simchat Torah

9:00 Kroger & Banks **23**  
 9:30 Weights & Kinesthetics – SR  
 10:15 Ascension Lutheran Church – SR  
 1:00 Library Trip - Bus  
 1:30 Wolfgang in Concert - SR  
 2:45 Regency with Marie Callender's Pies – Dutch Apple and Pumpkin  
 ~ Ice cream optional 😊  
 5:30 Puzzles - GR

Popcorn **24**  
 9:00 Blood Pressure Checks – SR  
 9:30 Resistance Training – SR  
 10:00 Quarter Bingo – SR  
 2:00 Regency Buck Auction – SR  
 ~ Bring your Regency Bucks  
 6:30 Scrabble - SR

9:00 Walmart and Dollar Tree **25**  
 9:30 Weights & Kinesthetics – SR  
 10:15 Step-On-It Recording – SR  
 1:00 Mall Trip  
 2:00 Wine and Cheese – SR  
 • Michael Havron in Concert  
 5:30 Rook/Card Games – SR  
 Rook/Card Games - SR

9:00 Bible Study—SR **26**  
 Center Grove Methodist Church  
 1:00 Quarter Bingo with Volunteer -SR  
 2:30 Jigsaw Puzzle—GR  
 3:30 Cards - GR  
 5:30 Dominos - SR

9:30 to 10:15 Ascension Worship Service - SR **27**  
 10:30 Catholic Communion—SR  
 1:30 Chase Park Worship—SR  
 2:00 Games & Cards—GR  
 2:00 Sunday Movie—SR

Popcorn **28**  
 9:30 Weights & Kinesthetics – SR  
 1:30 Group Singing — SR  
 3:00 Quarter Bingo with Regency – SR  
 5:30 Josh Nichols and family for Fireplace Chat - FP  
 5:30 Uno or Skip-Bo Cards

Popcorn **29**  
 9:00 Walmart and Dollar Tree  
 9:30 Resistance Training – SR  
 1:30 Restore with painting Halloween pumpkins for your home - SR  
 2:45 Regency Buck Trivia - SR  
 5:30 Rook/Card Games - SR

9:00 Kroger & Banks **30**  
 9:30 Becca Bain with "Stepping Stones" Homeschoolers for Reverse Trick-or-Treating-1DR  
 1:30 Restore with Restore Your Balance Evaluations-SR  
 1:45 Management with Jack-o-Lantern Carving Contest – SR  
 ~ Residents to vote on winner  
 2:45 Tim (T2) in Concert - SR  
 5:30 Puzzles - GR

9:00 Blood Pressure Checks – SR **31**  
 9:30 Resistance Training – SR  
 10:00 Quarter Bingo – SR  
 1:30 Halloween Party – SR  
 ~ Candy & goodies  
 ~ Trivia  
 ~ Costume Contest with prizes with 2 categories – 1 for seniors – 1 for employees  
 6:30 Scrabble - SR

4AR-4<sup>th</sup> Floor Activity Room: PMP-Pathways Multi-purpose Room: DR-Dining Room: GR-Game Room: L-Library: SR-Sun Room: GZ-Gazebo: FP - Fireplace. Activities are subject to change and participation is by choice. Please forgive any scheduling errors