

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games &amp; Cards—GR</p> <p>2:30 Park Music Academy with Ji-hyun for Christmas Music - SR</p>	<p>8:15 One on One Visits</p> <p>10:00 Weights&amp;Kinesthetics—4AR/SR</p> <p>10:30 Darrell and John Irvin in Concert - SR</p> <p>1:00 ALZ Bingo Fundraiser* ~ \$3 each card or \$10/four cards ~ Come and play to win Christmas gifts and decorations</p> <p>3:00 Quarter Bingo – 4AR/SR</p> <p>5:30 Josh Nichols and family for</p>	<p>8:15 One on One Visits</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – 4AR/SR</p> <p>10:30 Catholic Mass - SR</p> <p>10:45 Scrabble – 4AR</p> <p>1:00 Kickball – 4AR</p> <p>1:30 Christmas Party – 1st/4th or Seasons ~ Cookies &amp; punch ~ Christmas Music ~ Assist with decorating</p> <p>5:30 Rook/Card Games - SR</p>	<p>8:15 One on One Visits</p> <p>10:00 Weights&amp;Kinesthetics—4AR/SR</p> <p>10:30 Ascension Lutheran Church – SR</p> <p>1:00 Starkey Hearing – SR</p> <p>1:00 Library Trip for Christmas Tree Tour (inside) - Bus</p> <p>1:30 Christmas Party – 1st/4th or Seasons (See Tuesday before)</p> <p>2:00 Assisted Living Birthday Party – 4DR</p>	<p>8:15 One on One Visits</p> <p>9:30 Blood Pressure Checks – SR</p> <p>10:00 Resistance Training – 4AR/SR</p> <p>10:30 Quarter Bingo – SR/4AR</p> <p>1:00 Card games – 4AR</p> <p>3:00 Jennifer with Chalk Couture ~ Create your own unique Christmas Tree ornament ~Or...Christmas Bells</p> <p>6:30 Scrabble - SR</p>	<p>8:15 One on One Visits</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Weights &amp; Kinesthetics – 4AR/SR</p> <p>10:30 RFCU in Concert - SR</p> <p>1:00 Rebecca and "Collen"-Therapy Partners</p> <p>1:00 to 3:00 Cynthia and the Vendor/Craft Show – SR ~ Open to all; come and buy your Christmas gifts</p> <p>5:30 Rook/Card Games - SR</p> <p><i>**FUNtastic Friday: Future Day**</i></p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:30 Adoni School of Ballet - SR</p> <p>1:00 Quarter Bingo with Donna-SR</p> <p>2:15 Kirk Durban and students on piano with Christmas carols - SR</p> <p>5:30 Dominos - SR</p>
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games &amp; Cards—GR</p> <p>2:30 Valley Conservatory performing live - SR</p> <p>3:00 Heart-to-Heart Pet Therapy – 1st, 4th, 6th media, and HC</p>	<p>8:15 One on One Visits</p> <p>10:00Weights&amp;Kinesthetics—4AR/SR</p> <p>10:30 1st Baptist of HSV Choir - SR</p> <p>1:30 Group Singing — SR ~ Kay with handbells</p> <p>3:00 Quarter Bingo with Regency – SR/4AR</p> <p>4:45 HSV Botanical Gardens Galaxy of Lights – Bus – Sign up at front desk</p>	<p>8:15 One on One Visits</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – 4AR/SR</p> <p>10:45 Bible Trivia/Devotions – 4AR</p> <p>1:00 Laughing Basket – 4AR</p> <p>1:30 Sunshine Singers with Christmas Music - SR</p> <p>2:45 Restore with National Cupcake Day - SR</p> <p>5:30 Rook/Card Games - SR</p>	<p>8:15 One on One Visits</p> <p>9:00 Kroger &amp; Banks</p> <p>10:00Weights&amp;Kinesthetics—4AR/SR</p> <p>11:30 The Movies - "Beautiful Day in the Neighborhood" – Bus – Sign up at front desk</p> <p>1:30 Chico's Fashion – Bus</p> <p>1:30 Regency with Christmas Cards for Soldiers - SR</p> <p>2:45 Luana Wahinis Hawaiian Dancers for Christmas - SR</p>	<p>8:15 One on One Visits</p> <p>9:30 Blood Pressure Checks – SR</p> <p>10:00 Resistance Training – 4AR/SR</p> <p>10:30 Quarter Bingo – SR/4AR</p> <p>1:00 Ball Toss – 4AR</p> <p>1:30 Raul Mejia with his Christmas Concert - SR</p> <p>3:00 Name that Tune Competition – 4AR</p> <p><i>**Lolly Christmas Sweater Day**</i></p>	<p>8:15 One on One Visits</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00Weights&amp;Kinesthetics—4AR/SR</p> <p>10:45 Parachute Games – 4AR</p> <p>1:30 *New* Karen Newsum in Concert - SR</p> <p>2:45 Regency Trivia for Bucks - SR</p> <p>5:30 Rook/Card Games – SR</p>	<p>8:00 to 10:00 Santa Brunch</p> <p>~ Breakfast with Santa ~ For all residents, Tower employees &amp; family members</p> <p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:00 Don't Forget Me Singers – SR</p> <p>1:00 Quarter Bingo with Joyce -SR</p> <p>2:15 Whitesburg Baptist of Pulaski Pike Carolers - SR</p> <p>3:30 Cards - GR</p>
<p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games &amp; Cards—GR</p> <p>2:00 Sunday Movie—SR</p>	<p>8:15 One on One Visits</p> <p>10:00Weights&amp;Kinesthetics—4AR/SR</p> <p>10:45 Chix Soup for the Soul – 4AR</p> <p>1:30 Group Singing — SR/4AR</p> <p>2:30 Activities Suggestions-SR</p> <p>3:00 Quarter Bingo – 4AR/SR</p> <p>5:30 Josh Nichols and family for Fireplace Chat - FP</p> <p>5:30 Uno or Skip-Bo Cards - SR</p>	<p>8:15 One on One Visits</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – 4AR/SR</p> <p>10:45 Lunch Bunch—BettyMae's or Rolo's</p> <p>2:45 Manicures—SR ~ Bring your tools</p> <p>4:00 to 6:00 Christmas Open House ~ Emily Joseph and Jeff Lopez in 1DR ~ Santa and "Art in Motion Dancers"-SR ~ Live Nativity Scene at front ~ Rocket City Chorus Barbershop at FD ~ Vendor Christmas Tree Competition ~ Hors d'oeuvres – Public Event</p>	<p>8:15 One on One Visits</p> <p>9:00 Kroger &amp; Banks</p> <p>10:00Weights&amp;Kinesthetics—4AR/SR</p> <p>10:30 Ascension Lutheran Church – SR</p> <p>1:30 Wolfgang in Concert - SR</p> <p>2:45 Cooking Show – SR ~ Decorating our own Christmas Cookies</p> <p>3:30 Hymn and Oldies Singing – 4AR</p> <p>7:00 Bingo with Sparkman Ward COCC Young Women - SR</p>	<p>8:15 One on One Visits</p> <p>9:30 Blood Pressure Checks-SR</p> <p>10:00 Bessie Allen Con School-SR</p> <p>1:30 to 3:30 Two-Hour Christmas Bingo Special with Regency for Christmas Prizes and Presents - SR</p> <p>6:00 Chase Park Singers - SR</p> <p>6:00 Living Christmas Tree at 1st Baptist – Sign up at front desk</p>	<p>8:15 One on One Visits</p> <p>10:00 Whitesburg P8 Choir – 1DR</p> <p>10:45 Show and Reminisce – 4AR</p> <p>1:00 Mall Trip</p> <p>1:00 Rebecca and "Collen"-Therapy Partners</p> <p>1:30 *New* Alex Hendrix in Concert - SR</p> <p>2:45 Dirty Santa Gift Exchange – SR ~ Bring \$10 gift bagged/wrapped</p> <p>6:00 Tammy English and Girl Scouts caroling - SR</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:15 HSV Dream Center with fellowship, fun &amp; games – SR</p> <p>1:00 Quarter Bingo with Donna-SR</p> <p>2:15 Card Games – GR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>3:00 Heart-to-Heart Pet Therapy – 1st, 4th, 6th media, and HC</p> <p>5:30 Dominos - SR</p> <p><i>Winter Begins</i></p>
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games &amp; Cards—GR</p> <p>2:00 Sunday Movie—SR</p>	<p>8:15 One on One Visits</p> <p>10:00 Weights &amp; Kinesthetics – 4AR</p> <p>10:45 Cards – 4AR</p> <p>1:30 Group Singing — SR/4AR</p> <p>3:00 Quarter Bingo – 4AR/SR</p> <p>5:30 Uno or Skip-Bo Cards—SR</p> <p><i>First Day of Hanukkah</i></p>	<p>8:15 One on One Visits</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – 4AR/SR</p> <p>10:45 Uno – 4AR</p> <p>1:30 Christmas Party – SR ~ Singing Christmas songs ~ Christmas goodies</p> <p>2:45 Supper Club – Shrimp Basket ~ RSVP at front desk</p> <p>6:00 Rick Harding with "The Lunch Box 22 Band" - SR</p> <p>6:00 Rick Harding with "The Lunch</p>	<p><b>**Christmas Day**</b></p> <p>10:00 Weight &amp; Kinesthetics with Volunteer – SR</p> <p>11:00 Katelyn with flute – 1DR</p> <p><i>Christmas</i></p>	<p>8:15 One on One Visits</p> <p>9:30 Blood Pressure Checks-SR</p> <p>10:00 Resistance Training-SR/4AR</p> <p>10:30 Quarter Bingo – SR/4AR</p> <p>1:00 Mexican Train Dominos-4AR</p> <p>2:00 Regency Buck Auction – SR ~ Bring your Regency Bucks</p> <p>6:30 Scrabble - SR</p> <p><i>Kwanzaa Begins</i></p>	<p>8:15 One on One Visits</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00Weights&amp;Kinesthetics—4AR/SR</p> <p>10:45 Scrabble – 4AR</p> <p>1:00 Flyswatter Balloons – 4AR</p> <p>2:00 Wine and Cheese – SR • Michael Havron in Concert</p> <p>5:30 Rook/Card Games – SR</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>1:00 Quarter Bingo with Joyce-SR</p> <p>2:15 Card Games – GR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>5:30 Dominos - SR</p>
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games &amp; Cards—GR</p> <p>2:00 Sunday Movie—SR</p>	<p>8:15 One on One Visits</p> <p>10:00 Weights &amp; Kinesthetics – 4AR</p> <p>10:15 Cards – 4AR</p> <p>1:30 Group Singing — SR/4AR</p> <p>3:00 Quarter Bingo – 4AR/SR</p> <p>5:30 Uno or Skip-Bo Cards—SR</p>	<p>8:15 One on One Visits</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – 4AR/SR</p> <p>10:45 Bible Trivia/Devotions – 4AR</p> <p>2:15 New Year's Eve Blow-Out Party-1DR ~ Antonio and Mike in Concert ~ Games/Trivia and Countdown ~ Good Eats and Party Treats ~ Chili Cook-off with prizes</p>	<h1>December 2019</h1> <h2>Assisted Living – Regency Retirement Village</h2>			

4AR-4th Floor Activity Room; PMP-Pathways Multi-purpose Room; DR-Dining Room; GR-Game Room; L-Library; SR-Sun Room; GZ-Gazebo; FP - Fireplace. Activities are subject to change and participation is by choice. Please forgive any scheduling errors.