

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:30 Park Music Academy with Ji-hyun for Christmas Music - SR</p> | <p>10:00 Weights & Kinesthetics – SR</p> <p>10:30 Darrell and John Irvin in Concert - SR</p> <p>11:00 Katelyn with flute – 1DR</p> <p>1:00 ALZ Bingo Fundraiser* ~ \$3 each card or \$10/four cards ~ Come and play to win Christmas gifts and decorations</p> <p>3:00 Quarter Bingo with Regency – SR</p> <p>5:30 Josh Nichols and family for</p> | <p>Popcorn</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – SR</p> <p>10:30 Catholic Mass - SR</p> <p>1:30 Christmas Party – 1st/4th or Seasons</p> <p>~ Cookies & punch</p> <p>~ Christmas Music</p> <p>~ Assist with decorating</p> <p>5:30 Rook/Card Games - SR</p> | <p>9:00 Kroger & Banks</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>10:30 Ascension Lutheran Church – SR</p> <p>1:00 Starkey Hearing – SR</p> <p>1:00 Library Trip for Christmas Tree Tour (inside) - Bus</p> <p>1:30 Christmas Party – 1st/4th or Seasons</p> <p>~ Cookies & punch</p> <p>~ Christmas Music</p> <p>~ Assist with decorating</p> | <p>9:30 Blood Pres Checks – SR</p> <p>10:00 Resistance Training – SR</p> <p>10:30 Quarter Bingo – SR</p> <p>2:00 IL Resident Birthday Party and Food Council Meeting– 1DR</p> <p>3:00 Jennifer with Chalk Couture</p> <p>~ Create your own unique Christmas Tree ornament</p> <p>~ Or...Christmas Bells</p> | <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>10:30 Step-On-It Recording—SR</p> <p>10:30 RFCU in Concert - SR</p> <p>1:00 Rebecca and "Collen"-Therapy Partners</p> <p>1:00 to 3:00 Cynthia and the Vendor/Craft Show – SR</p> <p>~ Open to all; come and buy your Christmas gifts</p> <p>5:30 Rook/Card Games – SR</p> <p>**FUNtastic Friday: Future Day**</p> | <p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:30 Adoni School of Ballet - SR</p> <p>1:00 Quarter Bingo with Donna-SR</p> <p>2:15 Kirk Durban and students on piano with Christmas carols - SR</p> <p>5:30 Dominos - SR</p> |
| <p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:30 Valley Conservatory performing live - SR</p> <p>3:00 Heart-to-Heart Pet Therapy – 1st, 4th, 6th media, and HC</p> | <p>10:00 Weights & Kinesthetics – SR</p> <p>10:30 1st Baptist of HSV Choir - SR</p> <p>11:00 Katelyn with flute – 1DR</p> <p>1:30 Group Singing — SR</p> <p>~ Kay with handbells</p> <p>3:00 Quarter Bingo with Regency – SR</p> <p>4:45 HSV Botanical Gardens Galaxy of Lights – Bus – Sign up at front desk</p> | <p>Popcorn</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – SR</p> <p>1:30 Sunshine Singers with Christmas Music - SR</p> <p>2:45 Restore with National Cupcake Day - SR</p> <p>5:30 Rook/Card Games - SR</p> | <p>9:00 Kroger & Banks</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>11:30 The Movies - "Beautiful Day in the Neighborhood" – Bus – Sign up at front desk</p> <p>1:30 Chico's Fashion – Shopping Trip – Bus</p> <p>1:30 Regency with Christmas Cards for Soldiers - SR</p> <p>2:45 Luana Wahinis Hawaiian Dancers for Christmas - SR</p> | <p>Popcorn</p> <p>9:30 Blood Pres Checks – SR</p> <p>10:00 Resistance Training – SR</p> <p>10:30 Quarter Bingo – SR</p> <p>1:30 Raul Mejia with his Christmas Concert - SR</p> <p>6:30 Scrabble – SR</p> <p>** Ugly Christmas Sweater Day**</p> | <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>10:30 Step-On-It Recording – SR</p> <p>1:30 *New* Karen Newsum in Concert - SR</p> <p>2:45 Regency Trivia for Bucks - SR</p> <p>5:30 Rook/Card Games – SR</p> | <p>8:00 to 10:00 Santa Brunch</p> <p>~ Breakfast with Santa</p> <p>~ For all residents, Tower employees & family members</p> <p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:00 Don't Forget Me Singers – SR</p> <p>1:00 Quarter Bingo with Joyce -SR</p> <p>2:15 Whitesburg Baptist of Pulaski Pike Carolers - SR</p> <p>3:30 Cards - GR</p> |
| <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:00 Sunday Movie—SR</p> | <p>Popcorn</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>11:00 Katelyn with flute – 1DR</p> <p>1:30 Group Singing — SR</p> <p>2:30 Activities Suggestions-SR</p> <p>3:00 Quarter Bingo with Regency – SR</p> <p>5:30 Josh Nichols and family for Fireplace Chat - FP</p> | <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – SR</p> <p>10:30 Catholic Mass - SR</p> <p>10:45 LunchBunch—BettyMae's/Rolo's</p> <p>1:30 Lincoln Academy in Concert - SR</p> <p>2:45 Manicures—SR ~ Bring your tools</p> <p>4:00 to 6:00 Christmas Open House</p> <p>~ Emily Joseph and Jeff Lopez in 1DR</p> <p>~ Santa and "Art in Motion Dancers"-SR</p> <p>~ Live Nativity Scene at front</p> <p>~ Rocket City Chorus Barbershop at FD</p> <p>~ Vendor Christmas Tree Competition</p> <p>~ Hors d'oeuvres ~ Public Event</p> | <p>Popcorn</p> <p>9:00 Kroger & Banks</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>10:30 Ascension Lutheran Church – SR</p> <p>1:30 Wolfgang in Concert - SR</p> <p>2:45 Cooking Show – SR</p> <p>~ Decorating our own Christmas Cookies</p> <p>7:00 Bingo with Sparkman Ward</p> <p>COCC Young Women - SR</p> | <p>9:30 Blood Pressure Checks – SR</p> <p>10:00 Bessie Allen Cons School in Concert - SR</p> <p>1:30 to 3:30 Two-Hour Christmas Bingo Special with Regency for Christmas Prizes and Presents - SR</p> <p>6:00 Chase Park Singers - SR</p> <p>6:00 Living Christmas Tree at 1st Baptist – Sign up at front desk</p> | <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Whitesburg P8 Choir – 1DR</p> <p>10:30 Step-On-It Recording – SR</p> <p>1:00 Mall Trip</p> <p>1:00 Rebecca and "Collen"-Therapy Partners</p> <p>1:30 *New* Alex Hendrix in Concert - SR</p> <p>2:45 Dirty Santa Gift Exchange – SR</p> <p>~ Bring \$10 gift bagged/wrapped</p> <p>6:00 Tammy English and Girl Scouts caroling - SR</p> | <p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:15 HSV Dream Center with fellowship, fun & games – SR</p> <p>1:00 Quarter Bingo with Donna-SR</p> <p>2:15 Card Games – GR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>3:00 Heart-to-Heart Pet Therapy – 1st, 4th, 6th media, and HC</p> <p>5:30 Dominos - SR</p> <p>Winter Begins</p> |
| <p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:00 Sunday Movie—SR</p> | <p>Popcorn</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>1:30 Group Singing — SR</p> <p>3:00 Quarter Bingo with Regency – SR</p> <p>5:30 Uno or Skip-Bo - SR</p> <p>First Day of Hanukkah</p> | <p>Popcorn</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – SR</p> <p>1:30 Christmas Party – SR</p> <p>~ Singing Christmas songs</p> <p>~ Christmas goodies</p> <p>2:45 Supper Club – Shrimp Basket</p> <p>~ RSVP at front desk</p> <p>6:00 Rick Harding with "The Lunch Box 22 Band" - SR</p> | <p>**Christmas Day**</p> <p>10:00 Weight & Kinesthetics with Volunteer – SR</p> <p>11:00 Katelyn with flute – 1DR</p> <p>Christmas</p> | <p>Popcorn</p> <p>9:30 Blood Pressure Checks – SR</p> <p>10:00 Resistance Training – SR</p> <p>10:30 Quarter Bingo – SR</p> <p>2:00 Regency Buck Auction – SR</p> <p>~ Bring your Regency Bucks</p> <p>6:30 Scrabble - SR</p> <p>Kwanzaa Begins</p> | <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>10:30 Step-On-It Recording – SR</p> <p>1:00 Mall Trip</p> <p>2:00 Wine and Cheese – SR</p> <p>• Michael Havron in Concert</p> <p>5:30 Rook/Card Games – SR</p> | <p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>1:00 Quarter Bingo with Joyce-SR</p> <p>2:15 Card Games – GR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>5:30 Dominos - SR</p> |
| <p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:00 Sunday Movie—SR</p> | <p>Popcorn</p> <p>10:00 Weights & Kinesthetics – SR</p> <p>11:00 Katelyn with flute – 1DR</p> <p>1:30 Group Singing — SR</p> <p>3:00 Quarter Bingo with Regency – SR</p> <p>5:30 Uno or Skip-Bo - SR</p> | <p>Popcorn</p> <p>9:00 Walmart and Dollar Tree</p> <p>10:00 Resistance Training – SR</p> <p>2:15 New Year's Eve Blow-Out Party-1DR</p> <p>~ Antonio and Mike in Concert</p> <p>~ Games/Trivia and Countdown</p> <p>~ Good Eats and Party Treats</p> <p>~ Chili Cook-off with prizes</p> <p>5:30 Rook/Card Games - SR</p> <p>New Year's Eve</p> | <h1>December 2019</h1> <h2>Regency Retirement Village – Independent Living</h2> | | | <p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>1:00 Quarter Bingo with Joyce-SR</p> <p>2:15 Card Games – GR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>5:30 Dominos - SR</p> |

4AR-4th Floor Activity Room: PMP-Pathways Multi-purpose Room: DR-Dining Room: GR-Game Room: L-Library: SR-Sun Room: GZ-Gazebo: FP - Fireplace. Activities are subject to change and participation is by choice. Please forgive any scheduling errors