

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:30 Park Music Academy with Ji-hyun for Christmas Music - SR</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Bingo for Candy</p> <p>11:30 Music Therapy</p> <p>Kathryn in Concert on 5th</p> <p>1:00 ALZ Bingo Fundraiser* ~ \$3 each card or \$10/four cards ~ Come and play to win Christmas gifts and decorations</p> <p>2:00 Mani-Pedi Spas – Painting only</p> <p>3:00 Quarter Bingo – 5th floor</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Kick Ball Mania</p> <p>10:00 Make-over Tuesdays</p> <p>11:00 Music Therapy</p> <p>11:30 Purple Hat Society – 6Art/SR</p> <p>1:00 One-on-One Visits and Checker</p> <p>1:30 Christmas Party – 1st/4th or Seasons – Come and enjoy! ~ Cookies & decorating</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Sit & Be Fit</p> <p>10:00 Hymnal Music Therapy</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-one visits</p> <p>1:30 Residents' Birthday Party – 6DR</p> <p>2:30 Christmas Party – 1st/4th or Seasons – Come and enjoy!</p> <p>3:00 Game Time or Bible Devotions/Trivia</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Quarter Bingo – 5th Fl</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits</p> <p>2:00 Checkers or Coloring</p> <p>2:45 Cooking Show ~ Decorating Christmas Cookies</p> <p>3:00 Game Time or Bible Devotions/Trivia</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Move & Groove Fitness</p> <p>10:00 Bingo for Candy</p> <p>10:30 RFCU in Concert - SR</p> <p>11:00 Music Therapy</p> <p>1:00 Rebecca and "Collen"-Therapy Partners</p> <p>1:00 One-on-One Visits</p> <p>1:00 to 3:00 Cynthia and the Vendor/Craft Show – SR</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:30 Adoni School of Ballet - SR</p> <p>1:00 Quarter Bingo with Donna-SR</p> <p>2:15 Kirk Durban and students on piano with Christmas carols - SR</p> <p>5:30 Dominos - SR</p>
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:30 Valley Conservatory performing live - SR</p> <p>3:00 Heart-to-Heart Pet Therapy – 1st, 4th, 6th media, and HC</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Bingo for Candy</p> <p>10:30 1st Baptist of HSV Choir - SR</p> <p>11:30 Gentlemen's Group – 6Media</p> <p>1:00 Mani-Spa Treatments ~ Nail painting only</p> <p>2:00 Large Puzzle Solving</p> <p>3:00 Quarter Bingo – 5th Floor</p> <p>4:45 HSV Botanical Gardens Galaxy of Lights – Bus – Sign up</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Show & Tell</p> <p>10:00 Make-over Tuesdays</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits and Checkers</p> <p>1:30 Sunshine Singers with Christmas Music - SR</p> <p>2:45 Restore with National Cupcake Day - SR</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Sit & Be Fit</p> <p>10:00 Large Puzzle Play</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits</p> <p>1:30 Special Dessert with Residents with Amedisys and Hospice of NA</p> <p>2:00 Checkers</p> <p>2:45 Luana Wahinis Hawaiian Dancers for Christmas - SR</p> <p>3:00 Game Time or Bible</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Quarter Bingo – 5th Fl</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits</p> <p>1:30 Raul Mejia with his Christmas Concert - SR</p> <p>2:00 Ring Toss</p> <p>3:00 Game Time or Bible Devotions/Trivia</p>	<p>8:30 One-on-One Visits</p> <p>10:00 Bingo for Candy</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits</p> <p>1:30 *New* Karen Newsum in Concert - SR</p> <p>3:00 Game Time or Bible Devotions/Trivia</p>	<p>8:00 to 10:00 Santa Brunch ~ Breakfast with Santa ~ For all residents, Tower employees & family members</p> <p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:00 Don't Forget Me Singers – SR</p> <p>1:00 Quarter Bingo with Joyce -SR</p> <p>2:15 Whitesburg Baptist of Pulaski Pike Carolers - SR</p> <p>3:30 Cards - GR</p>
<p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:00 Sunday Movie—SR</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Bingo for Candy</p> <p>11:00 Music Therapy</p> <p>1:00 Mani-Spa Treatments ~ Nail painting only</p> <p>2:00 Checkers or Coloring</p> <p>3:00 Quarter Bingo – 5th Floor</p> <p>5:30 Josh Nichols – Fireplace</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Sit & Be Fit Exercises</p> <p>10:00 Make-over Tuesdays</p> <p>10:30 Lunch Bunch—Betty Mae's or Rolo's - Bus</p> <p>1:00 One-on-One Visits and Checkers</p> <p>1:30 Lincoln Academy in Concert - SR</p> <p>2:00 Fishing Game</p> <p>3:00 Game Time</p> <p>4:00 to 6:00 Christmas Open House ~ See flyer or IL calendar for details</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Move & Groove Fitness</p> <p>10:00 Craft Time</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits</p> <p>1:30 Wolfgang in Concert - SR</p> <p>2:00 Music Trivia Competition</p> <p>3:00 Game Time or Bible Devotions/Trivia</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Quarter Bingo – 5th Fl</p> <p>11:00 Music Therapy</p> <p>1:30 to 3:30 Two-Hour Christmas Bingo Special with Regency for Christmas Prizes and Presents - SR</p> <p>6:00 Living Christmas Tree at 1st Baptist – Sign up at front desk</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Move & Groove Fitness</p> <p>10:00 Whitesburg P8 Choir – 1DR</p> <p>11:00 Music Therapy</p> <p>1:00 Rebecca and "Collen"-Therapy Partners</p> <p>1:00 One-on-One Visits</p> <p>1:30 *New* Alex Hendrix in Concert - SR</p> <p>2:00 Laundry Basket Toss</p> <p>3:00 Game Time or Bible Trivia</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>10:15 HSV Dream Center with fellowship, fun & games – SR</p> <p>1:00 Quarter Bingo with Donna-SR</p> <p>2:15 Card Games – GR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>3:00 Heart-to-Heart Pet Therapy – 1st, 4th, 6th media, and HC</p> <p>5:30 Dominos - SR</p> <p>Winter Begins</p>
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:00 Sunday Movie—SR</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Bingo for Candy</p> <p>11:00 Music Therapy</p> <p>1:00 Mani-Spa Treatments</p> <p>2:00 Chix Soup for the Soul</p> <p>3:00 Quarter Bingo – 5th Floor</p> <p>First Day of Hanukkah</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Chix Soup for the Soul</p> <p>10:00 Make-over Tuesdays</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits and Checkers</p> <p>1:30 Christmas Party – 6DR ~ Singing Christmas songs ~ Christmas goodies</p> <p>3:00 Game Time or Bible Devotions/Trivia</p> <p>6:00 Rick Harding with "The Lunch</p>	<p>**Christmas Day**</p> <p>10:00 Weight & Kinesthetics with Volunteer – SR</p> <p>11:00 Katelyn with flute – 1DR</p> <p>Christmas</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Quarter Bingo – 5th Fl</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits</p> <p>2:00 Ring Toss</p> <p>3:00 Game Time or Bible Trivia</p> <p>Kwanzaa Begins</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Move & Groove Fitness</p> <p>10:00 Bingo for Candy</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits</p> <p>2:00 Laundry Basket Toss</p> <p>3:00 Michael Havron in Concert - 6DR</p>	<p>9:00 Bible Study—SR</p> <p>Center Grove Methodist Church</p> <p>1:00 Quarter Bingo with Joyce-SR</p> <p>2:15 Card Games – GR</p> <p>2:30 Jigsaw Puzzle—GR</p> <p>5:30 Dominos - SR</p>
<p>9:30 to 10:15 Ascension Worship Service - SR</p> <p>10:30 Catholic Communion—SR</p> <p>1:30 Chase Park Worship—SR</p> <p>2:00 Games & Cards—GR</p> <p>2:00 Sunday Movie—SR</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Morning Stroll</p> <p>10:00 Bingo for Candy</p> <p>11:00 Music Therapy</p> <p>1:00 Mani-Spa Treatments ~ Nail painting only</p> <p>2:00 Large Puzzle Solving</p> <p>3:00 Quarter Bingo – 5th Floor</p>	<p>8:30 One-on-One Visits</p> <p>9:30 Show & Tell</p> <p>10:00 Make-over Tuesdays</p> <p>11:00 Music Therapy</p> <p>1:00 One-on-One Visits and Checkers</p> <p>2:15 New Year's Eve Blow-Out Party-1DR</p> <p>~ Antonio and Mike in Concert</p> <p>~ Games/Trivia and Countdown</p> <p>~ Good Eats and Party Treats</p> <p>~ Chili Cook-off with prizes</p>	<h1>December 2019</h1> <h2>Regency Retirement Village – Seasons Program</h2>			

Green activities are "mind"; yellow activities are "spirit"; and blue activities are "body". Activities are subject to change based on residents' needs.