

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2020

## Regency Retirement Village (Pathways and Memory Care)



2	3	4	5	6	7	8
9:30a. Morning Stroll <b>10a. Snacks &amp; Your Choice of Music (IN2L)</b> 10:30a. Sunday Devotional (TV) 11a. Spiritual Music & Singalong (IN2L) <b>1:30p. Bible Study with Greg Rogers (2nd Floor)</b> 2p. Afternoon Snacks & Your choice of Music (IN2L) <b>2:30p. Colorful Nails</b> 4p. Music & Relaxation (IN2L) Groundhog Day	9:30a. Morning Stretches Circle 10a. Morning Stroll (Library) <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Black History Month Trivia (IN2L)</b> <b>1:45p. Ice Cream Hot Fudge and Laughter (IN2L)</b> <b>2:30p. Music Therapy with Kathryn Tharp (1st Floor PW)</b> <b>3:30p. Colorful Nails</b> 4p. Adult Coloring	9:30a. Sit to Be Fit <b>10a. Spiritual Songs with Shelly Jones (1st Floor PW)</b> <b>11a. Animal Trivia (IN2L)</b> <b>12p. Ladies &amp; Purple Hats Lunch Club</b> <b>1:45p. National Cheese Pizza Day with Restore Therapy (Sunroom)</b> <b>2:30p. Bingo for Chocolate (IN2L)</b> 3:45p. Walking Club 4p. Music & Relaxation	9:30a. Sittercise 10a. Morning Stroll <b>10:30a. Snacks &amp; Music (IN2L)</b> <b>11a. Bible Trivia (IN2L)</b> <b>1:45p. Coffee, Cookies and Reminisce</b> <b>2:30p. Valentine's Creative Mind and Crafts</b> 3:30p. Kickball Circle 4p. Word Searches 4:15p. Afternoon Stroll	9:30a. Sit to be Fit 10a. Morning Stroll <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Black History Month "Poet and Writers" Trivia (IN2L)</b> <b>1:45p. Music for your soul with Vanessa Hill (1st Floor PW)</b> <b>2:45p. Bingo for Prizes (IN2L) 1st Floor PW)</b> <b>3:45p. Black History Month Video (IN2L)</b> 4p. Walking Club	9:30a. Morning Stretches Circle <b>10a. Cooking Club (Valentine's parfait)</b> <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. 50's Rock and Roll Karaoke/Trivia (IN2L)</b> <b>1:30p. Concert with Elvis (Main Dining Room 1st floor)</b> 3p. Pool Noodle Balloon Circle <b>4p. Movie and Popcorn</b>	9:30a. Morning Stroll <b>10a. Snacks &amp; Your Choice of Music (IN2L)</b> <b>11a. Family Feud (IN2L)</b> 1:45p. Afternoon Social <b>2:30p. Bingo with Volunteers from A&amp;M (IN2L)</b> 3:30p. Ball Toss Circle <b>4p. Movie with Friends (Your Choice)</b>
9 9:30a. Morning Stroll <b>10a. Snacks &amp; Your Choice of Music (IN2L)</b> <b>10:30a. Bible Trivia (IN2L)</b> <b>11a. Colorful Nails</b> <b>1:30p. Bible Study with Greg Rogers (2nd Floor)</b> 2p. Afternoon Snacks & Your choice of Music (IN2L) <b>2:30p. Bible Story Video (IN2L)</b> 3:30p. Word Search 4p. Afternoon Stroll	10 9:30a. Morning Stretches Circle 10a. Morning Stroll <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Black History Month "Athletes" Trivia (IN2L)</b> <b>1:45p. Ice Cream Hot Fudge and Laughter (IN2L)</b> <b>2:30p. Colorful Nails</b> 3:30p. Bean Bag Toss Circle 4p. Adult Coloring	11 9:30a. Sit to Be Fit 10a. Morning Stroll <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Math Trivia (IN2L)</b> <b>12p. Gentlemen's Lunch Club</b> <b>1:45p. Shirley Temple Cocktail and Social</b> <b>2:15p. Bingo for Chocolate</b> 3:30p. Walking Club 4p. Music & Relaxation	12 9:30a. Sittercise 10a. Morning Stroll <b>10:30a. Snacks &amp; Music (IN2L)</b> <b>11a. Bible Study /Hymns Trivia (IN2L)</b> <b>1:45p. Coffee, Cookies and Reminisce</b> <b>2:30p. Music with Randy Lee (1st floor PW)</b> 3:45p. Word Search 4p. Afternoon Stroll	13 9:30a. Sit to be Fit 10a. Morning Stroll <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Black History Month "Entertainers" Trivia (IN2L)</b> <b>1:45p. Hot Chocolate &amp; Social</b> <b>2:30p. Bingo for Prizes (IN2L) 1st Floor PW)</b> <b>3:30p. Armchair Travel "Germany" (IN2L)</b> 4p. Walking Club	14 Happy Valentine's Day!!! 9:30a. Morning Stretches Circle <b>10a. Valentine's Concert with Huntsville Symphony (1st floor PW)</b> <b>11a. Valentine's Day Trivia (IN2L)</b> <b>11:30a. Lunch Out Club (Meteor Buffet)</b> <b>2p. Valentine's Day Party and Prizes</b> 3:30p. Pool Noodle Balloon Circle <b>4p. Movie and Popcorn</b> Valentine's Day	15 9:30a. Morning Stroll <b>10a. Snacks &amp; Your Choice of Music (IN2L)</b> <b>11a. Trivia and Games (IN2L)</b> 1:45p. Afternoon Social <b>2p. Afternoon Snacks &amp; Oldies Music (IN2L)</b> 2:30p. Kick Ball Circle 3p. Afternoon Stroll <b>4p. Movie with Friends (Your Choice)</b>
16 9:30a. Morning Stroll <b>10a. Snacks &amp; Your Choice of Music (IN2L)</b> 10:30a. Sunday Devotional (TV) 11a. Spiritual Music & Singalong (IN2L) <b>1:30p. Bible Study with Greg Rogers (2nd Floor)</b> 2p. Afternoon Snacks & Your choice of Music (IN2L) <b>2:30p. Colorful Nails</b> 4p. Music & Relaxation (IN2L)	17 9:30a. Morning Stretches Circle 10a. Morning Stroll (Library) <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. President's Day Trivia (IN2L)</b> <b>1:45p. Ice Cream Hot Fudge and Laughter (IN2L)</b> <b>2:30p. Raffle for Prizes (PW 1st Floor)</b> <b>3:30p. Colorful Nails</b> 4p. Adult Coloring Presidents' Day (US)	18 9:30a. Sit to Be Fit 10a. Morning Stroll <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Movie Quotes Trivia (IN2L)</b> <b>1:45p. Shirley Temple Cocktail and Social</b> <b>2:30p. Bingo for Chocolate (IN2L)</b> 3:45p. Walking Club 4:15p. Music & Relaxation	19 9:30a. Sittercise 10a. Morning Stroll <b>10:30a. Snacks &amp; Music (IN2L)</b> <b>11a. Bible Study/ Trivia (IN2L)</b> <b>1:45p. Coffee, Cookies and Reminisce</b> <b>2:30p. Concert with Molly and Mike Cole (1st floor PW)</b> 3:30p. Word Search 4p. Afternoon Stroll	20 9:30a. Sit to be Fit 10a. Morning Stroll <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Nursery Rhymes Trivia (IN2L)</b> <b>1:30p. National Pies Day with Restore Therapy (Sunroom)</b> <b>2:30p. Bingo for Prizes (IN2L, 1st Floor PW)</b> <b>3:45p. Black History Month Video (IN2L)</b> 4p. Walking Club	21 9:30a. Morning Stretches Circle 10a. Morning Stroll <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Name that tune "Country Music" (IN2L)</b> 1:45p. Social Circle <b>2:30p. Scenic Ride</b> 3:30p. Pool Noodle Balloon Circle <b>4p. Movie and Popcorn</b>	22 9:30a. Morning Stroll <b>10a. Snacks &amp; Your Choice of Music (IN2L)</b> <b>11a. The Price is Right (IN2L)</b> 1:45p. Afternoon Social <b>2:30p. Bingo with Volunteers from A&amp;M (IN2L)</b> 3:30p. Ball Toss Circle <b>4p. Movie with Friends (Your Choice)</b>
23 9:30a. Morning Stroll <b>10a. Snacks &amp; Your Choice of Music (IN2L)</b> <b>10:30a. Bible Trivia (IN2L)</b> <b>11a. Colorful Nails</b> <b>1:30p. Bible Study with Greg Rogers (2nd Floor)</b> <b>2p. Bible Study with Robin (1st floor PW)</b> 3:30p. Word Search 4p. Afternoon Stroll	24 9:30a. Morning Stretches Circle 10a. Morning Stroll <b>10:30a. Snacks/ Music (IN2L)</b> <b>11a. Black History Month "Musicians" Trivia (IN2L)</b> <b>1:45p. Ice Cream Hot Fudge and Laughter (IN2L)</b> <b>2:30p. Mr. Smith and Autoharp (1st floor PW)</b> <b>3:30p. Colorful Nails</b> 4p. Adult Coloring	25 9:30a. Sit to Be Fit 10a. Morning Stroll <b>10:30a. Concert H.U.L.A Strummer (1st floor PW)</b> <b>11:30a. What Does it Cost? (IN2L)</b> <b>1:45p. Mardi Gras Party (1st, 2nd and 3rd floor)</b> <b>3p. Bingo for Chocolate (IN2L)</b> 4p. Walking Club 4:15p. Music & Relaxation Mardi Gras	26 9:30a. Sittercise 10a. Morning Stroll <b>10:30a. Snacks &amp; Music (IN2L)</b> <b>11a. Bible Study /Hymns Trivia (IN2L)</b> <b>1:30p. Concert with Wolfgang (Sunroom)</b> <b>2:30p. Beading with Friends</b> 3:30p. Kick Ball Circle 4p. Afternoon Stroll Ash Wednesday	27 9:30a. Sit to be Fit 10a. Morning Stroll <b>10:30a. Snacks/ Music &amp; Sunshine</b> <b>11a. Black History Month "Politics" Trivia (IN2L)</b> <b>1:45p. Hot Chocolate &amp; Social</b> <b>2:30p. Bingo for Prizes (IN2L, 1st Floor PW)</b> 3:45p. Afternoon Stroll <b>4p. Armchair travel "Vietnam" (IN2L)</b>	28 9:30a. Morning Stretches Circle 10a. Morning Stroll <b>10:30a. Morning Snacks &amp; Music (IN2L)</b> <b>11a. Down the Memory Lane with Michael Havron (3rd Floor)</b> <b>2p. February Birthdays Celebration (1st, 2nd and 3rd floor)</b> 3:15p. Pool Noodle Balloon Circle <b>4p. Down the Memory Lane with Michael Havron (1st Floor)</b>	29 9:30a. Morning Stroll <b>10a. Snacks &amp; Your Choice of Music (IN2L)</b> <b>11a. Trivia and Games (IN2L)</b> 1:45p. Afternoon Social <b>2p. Afternoon Snacks &amp; Country Music (IN2L)</b> 2:30p. Kick Ball Circle 3p. Afternoon Stroll <b>4p. Movie with Friends (Your Choice)</b> Leap Day

Green Activities are "Mind", Yellow are "Spirit", and Blue are Body. Activities are subject to change based on resident's needs. \*\*\* STAFF PLANS ON ASSISTS WHEN NEEDED