

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:00 Walmart and Dollar Tree 1
9:15 Resistance Bands and Lower Body Exercise
10:30 Puzzles
1:30 Mardi Gras Party ~ Paczki Day with Paczkis ~ Randy Taylor and The Tea Time Band in Concert for Mardi Gras Music
3:30 Mail Run & One-on-Ones
Mardi Gras

8:30 One on One Visits 2
9:00 Kroger and Banks
9:15 Weights and Kinesthetics
10:30 Scrabble
12:45 Chaplin McClaney with CCare
1:30 Mike Cole in Concert - Sun Room
2:45 What's Cooking Wednesday and National Peanut Butter Lovers Day
~ Peanut Butter French Toast

8:30 One on One Visits 3
9:15 Resistance Bands and Lower Body Exercise
10:00 Donna and "Sam" Pet Visits with Therapy Partners
10:30 Board Games
12:45 Ascension Church with Bi-Weekly Devotion
1:30 Rook Card Game - 4th
2:45 Everyone Wins Bingo with Prizes
3:30 Mail Run & One-on-Ones

9:00 Walmart and Dollar Tree 4
9:15 Weights and Kinesthetics
10:00 Jennifer with Gooch & Pippin
10:30 Singing with Bethany and her guitar
1:30 March's Craft ~ St. Patrick's Day Signs to decorate and hang in your apartment
3:30 Mail Run & One-on-Ones

During the day - Mail Run & One-on-Ones 5
8:45 Resistance Bands and Lower Body Exercise - SR
10:30 Bible or Other Trivia for Prizes
1:30 Quarter Bingo - SR
3:00 Bingo for Prizes

During the day - One-on-Ones 6
9:00 Our Lady Queen of the Universe - SR
9:45 Ascension Church - SR
12:45 Chase Park COC - SR
3:00 Bible Study/Devotion or Games

8:30 One on One Visits 7
9:15 Weights and Kinesthetics
10:30 Drums & Oldies
3:00 Assisted Living Birthday Party
~ Cake, goodies, and fun
~ Council Meeting
3:30 Mail Run & One-on-Ones
5:30 Josh Nichols and girls - Piano recital with new songs-SR

8:30 One on One Visits 8
9:00 Walmart and Dollar Tree
9:15 Resistance Bands and Lower Body Exercise
10:30 Puzzles
1:30 Frank Caravella in Concert
2:45 Zoe with Kindred Hospice with Bingo for Prizes
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 9
9:00 Kroger and Banks
9:15 Weights and Kinesthetics
10:30 Mexican Train Dominos
12:45 Chaplin McClaney with CCare
1:30 Bryan with Big Daddy Kingfish in Concert - SR
~ Regency with National Oreo Cookie Day - Oreo Cookie Sundaes
3:00 Beth with Earfinity for free cleanings & batteries for hearing

8:30 One on One Visits 10
9:15 Resistance Bands and Lower Body Exercise
10:00 Mt. Zion Senior Adult Choir in Concert
1:30 Employee Birthday Party
1:30 Al Mahan in Concert
2:45 Everyone Wins Bingo with Prizes
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 11
9:00 Walmart and Dollar Tree
9:15 Weights and Kinesthetics
10:30 Singing with Bethany and her guitar
1:30 Bingo for Prizes
2:45 Concert with Michael Havron - SR
3:30 Mail Run & One-on-Ones

During the day - Mail Run & One-on-Ones 12
8:45 Resistance Bands and Lower Body Exercise - SR
10:30 Bible or Other Trivia for Prizes
1:30 Quarter Bingo - SR
3:00 Bingo for Prizes

During the day - One-on-Ones 13
9:00 Our Lady Queen of the Universe - SR
9:45 Ascension Church - SR
12:45 Chase Park COC - SR
3:00 Bible Study/Devotion or Games
Daylight Saving Time Begins

8:30 One on One Visits 14
9:15 Weights and Kinesthetics
10:30 Horseshoes
1:30 Test Your Brain Trivia
2:45 Everyone Wins Bingo with Prizes
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 15
9:00 Walmart and Dollar Tree
9:15 Resistance Bands and Lower Body Exercise
10:30 Puzzles
1:30 Courtney with Amedisys doing karaoke with Gospel and oldies - SR
2:45 Deborah with Caption Call & Americans with Disabilities Act - Free Caption Phones
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 16
9:00 Kroger and Banks
9:15 Weights and Kinesthetics
10:30 Scrabble
12:45 Chaplin McClaney with CCare
1:00 Library Trip
1:30 Antonio and Mike from "The Brez Band" in Concert - Sun Room
2:45 Regency with National Frozen Food Month - Surprise menu of goodies
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 17
9:15 Resistance Bands and Lower Body Exercise
10:00 Donna and "Sam" Pet Visits with Therapy Partners
10:30 Board Games
12:45 Ascension Church with Bi-Weekly Devotion
1:30 St. Patrick's Day Celebration ~ St. Patrick's Day Trivia ~ Music and Edible Goodies ~ Zoev with AL Agric & Mech Univ

8:30 One on One Visits 18
9:00 Walmart and Dollar Tree
9:15 Weights and Kinesthetics
10:00 Jennifer with Gooch & Pippin
10:30 Rook or other Games
3:00 Regency Buck Auction ~ Use your Regency Bucks to win prizes and goodies for your apartment
3:30 Mail Run & One-on-Ones

During the day - Mail Run & One-on-Ones 19
8:45 Resistance Bands and Lower Body Exercise - SR
10:30 Bible or Other Trivia for Prizes
3:00 Regency's Tim Goff in Concert - Pavilion or DR

During the day - One-on-Ones 20
9:00 Our Lady Queen of the Universe - SR
9:45 Ascension Church - SR
12:45 Chase Park COC - SR
3:00 Bible Study/Devotion or Games
Spring Begins

8:30 One on One Visits 21
9:15 Weights and Kinesthetics
10:30 Drums & Oldies
1:30 Test Your Brain Trivia
2:45 Everyone Wins Bingo with Prizes
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 22
9:00 Walmart and Dollar Tree
9:15 Resistance Bands and Lower Body Exercise
10:30 Puzzles
1:30 Karaoke with Jerry and Grace Monique
2:45 Manicures - Come and have your nails painted and trimmed.

8:30 One on One Visits 23
9:00 Kroger and Banks
9:15 Weights and Kinesthetics
10:30 Mexican Train Dominos
12:45 Chaplin McClaney with CCare
1:30 Karen Jaquess in Concert - SR
~ Sing-a-long and keyboard
2:45 Regency with National Chip and Dip Day
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 24
9:15 Resistance Bands and Lower Body Exercise
10:30 Board Games
1:30 Rook Card Game - 4th
2:45 Everyone Wins Bingo with Prizes
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 25
9:00 Walmart and Dollar Tree
9:15 Weights and Kinesthetics
10:30 Singing with Bethany and her guitar
1:30 Wine & Cheese - SR
~ Brandon Morris in Concert
~ Snacks and Goodies
3:30 Mail Run & One-on-Ones

During the day - Mail Run & One-on-Ones 26
8:45 Resistance Bands and Lower Body Exercise - SR
10:30 Bible or Other Trivia for Prizes
1:30 Quarter Bingo - SR
3:00 Bingo for Prizes

During the day - One-on-Ones 27
9:00 Our Lady Queen of the Universe - SR
9:45 Ascension Church - SR
12:45 Chase Park COC - SR
3:00 Bible Study/Devotion or Games

8:30 One on One Visits 28
9:15 Weights and Kinesthetics
10:30 Horseshoes
1:30 Craft and Vendor Show ~ Avon, Paparazzi, Steeped Tea, Mimi's Magic Apron, As the Wood Turns, Thirty-One, Creatively Thinking, Cat's Eye Crafts, and more...
3:30 Mail Run & One-on-Ones

8:30 One on One Visits 29
9:00 Walmart and Dollar Tree
9:15 Resistance Bands and Lower Body Exercise
10:30 Puzzles
1:30 Kendra with Kindred - Ice Cream Social
2:45 Everyone Wins Bingo with Prizes
3:30 Mail Run & One-on-Ones

9:00 Kroger and Banks 30
9:15 Weights and Kinesthetics
10:15 Dr. Lenora Smith with UAH App Research - Come if you have enrolled - SR
12:45 Chaplin McClaney with CCare
1:30 Bryan Easter in Concert - SR
2:45 Regency with National Waffle Day ~ Homemade Belgium Waffles topped with fresh strawberries and whipped cream!

8:30 One on One Visits 31
9:15 Resistance Bands and Lower Body Exercise
10:00 Donna and "Sam" Pet Visits with Therapy Partners
10:30 Board Games
12:45 Ascension Church with Bi-Weekly Devotion
1:30 Rook Card Game - 4th
2:45 Everyone Wins Bingo with Prizes