

WHAT'S COMING UP

May 1

May Day

May 5

Cinco de Mayo

May 7

Kentucky Derby

May 8

Mother's Day

May 21

Armed Forces Day

May 25

National Senior Health &
Fitness Day

May 30

Memorial Day



MAY 2022 NEWSLETTER



Hello Residents,

Thank you for choosing to make Regency home for yourself or a loved one.

Did you make precious memories with your family and friends this month as we've engaged in so many special events last month? From Elvis with stuffed hound dogs to the Craft Show with Avon, from the Employee Recognition Ceremony to the Regency Buck Auction, from Wine and Cheese to karaoke, April was quite a memorable month!

Be sure to check out your activities calendars for May. We're planning a colorful Cinco de Mayo Celebration on May 5th, followed by a photoshoot and Emily Joseph with Jeff Lopez in Concert for Mother's Day. Of course, it's time for our outdoor parties and all the family excitement they provide, so we're working faithfully on our May 26th Memorial Day Backyard Bash with "Measures of Loud" (aka Black Tupelo) in concert. Invite your friends and family! It's bound to be a great time!

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community, and receive a free month or a check for \$2,500 for each referral who becomes a resident.

Tim Taylor,
Executive Director

* Referring residents will be paid out 90 days from the move-in date.



Craft Show — March 28th

We started the week with our own Regency Craft Show. As the Wood Turns pens and pencils, Paparazzi Jewelry, Cat's Eye Crafts, Creatively Thinking and more. Even a mini-horse and a goat to love on! Can't beat shopping here on site with our friends and family!



Brian Lee Howell, aka "Elvis" — April 1st

Old-time rock and roll mixed in with "You Ain't Nothing But a Hound Dog" as Elvis passed out stuffed puppies. Snacks and chocolates ...and of course, teddy bears for our top song "Be My Teddy Bear." Elvis brought down the house with his great singing and gorgeous outfits. What a fun way to spend the afternoon!



Easter Craft — April 8th

The Easter Bunny was captured perfectly at Regency as the residents personalized and beautified their very own door hanger with his face featured. Sparkles, beads, pom poms, you name it! What a great decoration to welcome family into their apartment for the holiday!



Easter Festival — April 15th

An Easter Parade with cars and floats. Vendor tables with games and goodies! An Easter Egg Hunt with the little grandkids, Becca Bain with the Stepping Stone Homeschoolers putting on a skit, an Easter Bunny and more.... These were just a few of the main events at our very own Easter celebration. Such a great opportunity to get family out to enjoy some quality time!



Cinco de Mayo Celebration

May 5th at 1:30 p.m.

Let's celebrate Cinco de Mayo! Spanish musical stylings of Raul Mejia? Savory Mexican dishes? Let's enjoy the holiday with pizza and live music, food, and other goodies.



Mother's Day Celebration

May 6th at 1:30 p.m.

It's time to recognize the women with our Annual Mother's Day Celebration. This year we will once again feature a photo shoot with our local favorite, Pete Dobbs, at 2:45 p.m. Ladies and gentlemen, dress in your best and come to the gazebo for your picture. Each participant will receive a free 8x10" print, courtesy of Regency Towers. Before you come for your moment in the spotlight, be sure to check out the lively engaging concert with Emily Joseph and Jeff Lopez. They are also one of our favorite bands, as they bring old rock and roll to life in the dining room at 1:30 p.m. Let's celebrate the women in our lives together as family!



Memorial Day Backyard Bash

May 26th at 11 a.m.

Backyard BBQ! "Measures of Loud" (aka Black Tupelo) in Concert! Desserts. Bouncy houses. Vendors, and more. Let's remember our heroes who sacrificed so much protecting our great country as we gather to make new memories and to talk about old friends. Invite your friends and family — it's going to be a great day!



National Pick Strawberries Day

May 18th at 2:45 p.m.

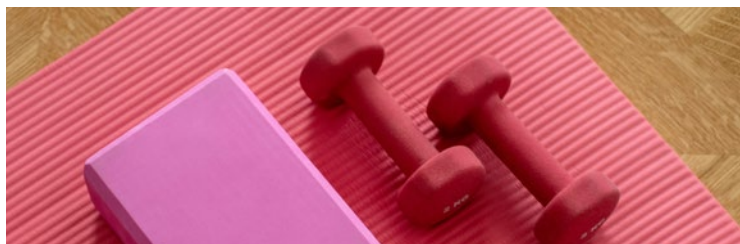
We will be “cheating” and picking local strawberries at the grocery store. Then we’ll gather in the Sun Room right after the concert with Michael Havron to enjoy this fresh summer treat in the form of Strawberry Shortcake together. Yum, yum!



Bowling for Prizes

May 24th at 1:30 p.m.

Can you get a strike? A spare? Even if not, come and show off your skills by being part of a team and taking on the competition! Laughing, joking, and music... What could be more fun? You can even win snacks and candy bars!



Weights and Kinesthetics

Mondays, Wednesdays and Fridays

Would you like to get physically fit? Lift weights? Build muscle and work out your whole body? Come and join the team of regular exercisers as you work on becoming stronger and more agile. Many have even seen an increase in flexibility and improved their test results with the doctor. It's a win/win!



Show and Reminisce

May 10th at 2:45 p.m.

Do you have a favorite story from growing up? A story about meeting your spouse? Some crazy experience you enjoyed? A favorite photograph or how your grandchild just got married? Come and learn about others and share your own story. This is a great time for interacting and building our community of friends!

**Save
the
Date**

May 5th — Cinco de Mayo
May 6th — Mother's Day
May 10th — Show and Reminisce

May 18th — Pick Strawberries Day
May 24th — Bowling for Prizes
May 26th — Memorial Day Bash



Ms. Mary White

Ms. Mary is 105 years old! She's lived at Regency since January 2021 and she's outlived three husbands. She was a homemaker, raising one daughter and one grand-daughter. She enjoys playing cards, especially gin rummy. She also loves working puzzles. She can work all day on one puzzle. Talk about great concentration! Mrs. Mary lived on her own before moving here. Join us in helping Ms. Mary celebrate her long life as she lives here at Regency!

WELCOME NEW RESIDENTS!

Barbara Cook
Patricia Eldridge
Michael Martin
Thomas Brewer
Vera Dunson
Janet Clingsmith
Elizabeth McAffrey
Ida Hilmes
Hubert Ward
Marie Davis
Leonard Patterson



Resident

John Wencil
Rosie Williamson
Shirley Adcock
Jean Graham
Betty Ernst
Thomas James
Alvera Haas
Charles Harding

May 1
May 5
May 8
May 11
May 17
May 25
May 26
May 31

Employee

Yvette Blake
Beatrice Tennyson
Peggy Rochine
Paulette Miller
Janette Edmondson-Haygood
Immaculate Gwayebit-Smith
Corrina Ross
Mavis Smith

May 1
May 5
May 7
May 11
May 17
May 22
May 23
May 26

THE THERAPY CORNER

Welcome to another edition of Therapy Corner. May is Better Speech and Hearing Month, so I thought I would take this time to talk about speech therapy and what it involves.

What does a speech-language pathologist do and how can they help you?

Did you know....

Speech pathologists can treat swallowing disorders. A swallowing disorder is called dysphagia, which can affect a person's ability to swallow their food, medications, and liquids. As you can imagine, not being able to enjoy your favorite foods and liquids can lead to decreased enjoyment of eating. Speech pathologists can treat swallowing disorders through exercises, modifying diets, and compensatory strategies.

Speech pathologists also help with memory to

increase overall independence. Have you had trouble remembering what medicines you take or what activities you've done recently? We can train memory strategies to improve your ability to remember prior and new information.

Speech pathologists also provide services related to improving voice and hearing. Restore therapy has an audiologist on staff that can provide hearing evaluations. We work closely with our audiologists in therapy to improve hearing. We also can address vocal deficits and can train strategies to improve your ability to be heard!

If you think speech therapy services could be of help to you, please contact us!

Until next time...

Your Restore Therapy Family,

Ryan Parden, PTA

WORD FIND

E X M V I C T O R I A B C W R G M S T A U R U S Z
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EUROVISION

GARLANDS

GODDESS

GEMINI

MILKING

MAIORES

BURGER

MAIUS

HAWTHORN

EMPIRE

TAURUS

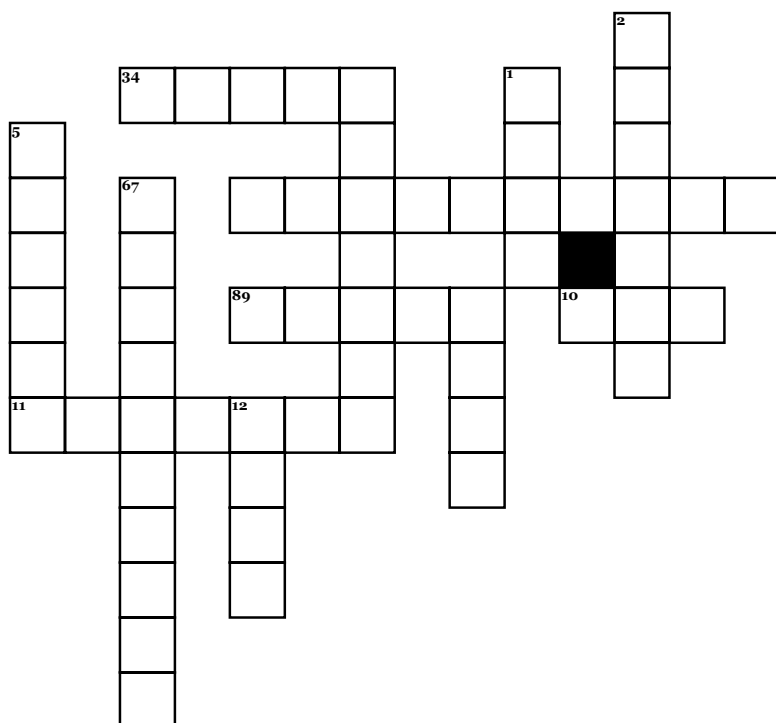
ETA

VICTORIA

EMERALD

LILY

CROSS-WORD



Down

1. A Roman poet by the name of _____
2. Emeralds are symbols of fertility and? _____
4. May was once considered an incredibly ill-omened time to get _____
5. The word May wasn't actually used until the _____ ages
6. It is said that those born in May have a greater chance of being more _____ in life.
9. May is a special time for _____ Wars fans world wide.
12. A Famous Swedish pop group? _____

Across

3. There's the Cornish superstition that buying a new _____ in May is unlucky.
7. May is the month that the _____ song contest is held every year
8. The Latin word for May? _____
10. Every year there is a particular meteor shower in May called the? _____ Aquariids meteor shower.
11. The birthstone for May is the? _____

EMPLOYEE OF THE YEAR

Jennifer Watkins



Mrs. Jennifer has served at Regency periodically since 1984. Currently she's one of the top Resident Assistants in Pathways, taking care of the residents and ensuring their needs are always met. Jennifer has three biological children, one adopted child, 15 grandchildren, and one great-grandchild. Even though she's extremely busy, she finds time for her family, softball, volleyball, football, basketball, and fishing. She's a happy person and loves working at Pathways. Please join us in thanking Jennifer for her service and her positive, happy spirit. She's a delight to be around! Congratulations, Jennifer. You are the Employee of the Year!

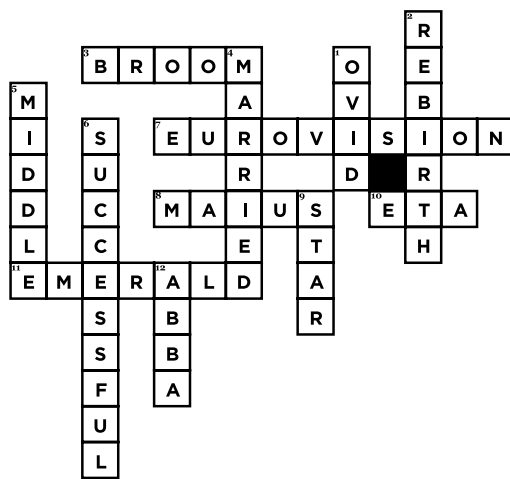
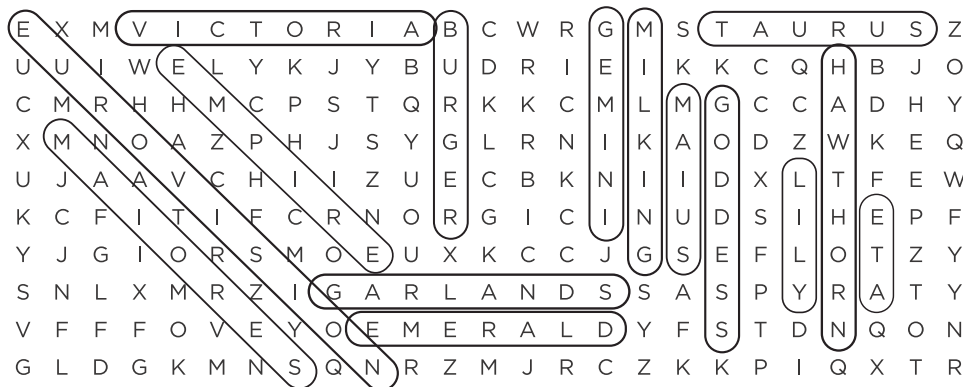
EMPLOYEE OF THE MONTH

Candace Schultz



Candace serves as a LPN in Memory Care, and is doing an exceptional job. She's been with Regency for 1 1/2 years and has earned her nursing degree in Calhoun. Candace is a former teacher and it shows in her spirit and the exceptional way she handles her residents. In her spare time, she enjoys music and movies, especially Harry Potter. Candace has two sons: one is currently in college and the second is graduating high school soon. Join us in congratulating Candace for winning the May 2022 Employee of the Month with her exceptional work ethic and skills!

ANSWER KEY



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