

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2022

## Regency Retirement Village - Independent

<p>8:30 One-on-One Visits  <b>9:00 Our Lady Queen of the Universe - SR</b>  9:45 Ascension Church – SR  12:45 Chase Park COC – SR  1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR  2:30 Show Time in Movie Room  ~ Show up to vote on movie selection &amp; stay to watch</p>	<p>8:45 Weights &amp; Kinesthetics - SR  10:15 Weights &amp; Kinesthetics –SR  <b>1:15 Blood Pressure Checks</b>  <b>1:30 Independent Living Birthday Party</b>  ~ Cake and goodies  <b>2:00 Independent Living Council</b>  3:30 One-on-One Visits</p>	<p>8:45 Resistance Bands and Lower Body Exercise – SR  9:00 Walmart and Dollar Tree  <b>10:30 Lunch Bunch out to eat at City Cafe – Bus – Sign up at front desk by 10/3</b>  <b>2:45 Starlyter Karaoke with Brad – Group Singing</b>  3:30 One-on-One Visits</p>	<p>8:45 Weights &amp; Kinesthetics – SR  9:00 Kroger and Banks  9:00 Ashleigh and “Jaxson” Pet Visit  10:15 Weights &amp; Kinesthetics –SR  <b>10:30 Walking Wednesday with Bethany</b>  12:45 Chaplin McClaney with CCare  <b>1:30 Mike in Concert – Sun Room</b>  <b>2:45 What’s Cooking with Regency and National Cheese Month – Gourmet Grilled Cheese</b>  3:30 One-on-one Visits</p>	<p>8:45 Resistance Bands and Lower Body Exercise – SR  10:15 Resistance Bands and Lower Body Exercise – SR  <b>1:30 Tim the Piano Man from Memphis - SR</b>  2:45 Everyone Wins Bingo with Prizes  3:30 One-on-one Visits</p>	<p><b>FUNtastic Friday: Twins Day</b>  8:45 Weights &amp; Kinesthetics-SR  9:00 Walmart and Dollar Tree  10:00 Jennifer with Gooch &amp; Pippin  <b>11:00 to 1:00 Fall Festival Extravaganza</b>  ~ Ice Cream Truck, petting zoo, bouncy houses, clowns, balloon animals &amp; Cookout  ~ Vendors with games/prizes, facepainting  ~ <b>Big Daddy Kingfish in concert</b>  <b>2:45 Karaoke/group singing with Jerry</b></p>	<p>During the day - One-on-Ones  8:45 Resistance Bands and Lower Body Exercise  10:45 One on One Visits  1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>8:30 One-on-One Visits  <b>9:00 Our Lady Queen of the Universe - SR</b>  9:45 Ascension Church – SR  12:45 Chase Park COC – SR  1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR  2:30 Show Time in Movie Room  ~ Show up to vote on movie selection &amp; stay to watch</p>	<p>8:45 Weights &amp; Kinesthetics - SR  10:15 Weights &amp; Kinesthetics –SR  <b>1:15 Blood Pressure Checks</b>  1:30 Lady Luck Bingo for Quarters  2:45 Everyone Wins Bingo with Prizes  3:30 One-on-One Visits  <small>Indigenous Peoples' Day  Thanksgiving Day (Canada)</small></p>	<p>8:45 Resistance Bands and Lower Body Exercise – SR  9:00 Walmart and Dollar Tree  10:15 Resistance Bands and Lower Body Exercise – SR  <b>1:30 Danny Frazier in Concert</b>  <b>2:45 Price is Right Game Show</b>  ~ Come and bid on various items for your apartment. The closest one wins....and everyone wins at least once.</p>	<p>8:45 Weights &amp; Kinesthetics - SR  9:00 Kroger and Banks  10:15 Weights &amp; Kinesthetics –SR  <b>10:30 Walking Wednesday with Bethany</b>  12:45 Chaplin McClaney with CCare  1:00 Library Trip  <b>1:30 Antonio and Mike in Concert</b>  <b>2:30 Regency and National Dessert Day – Surprise Menu Items</b>  <b>3:00 Beth with Earfinity - free services</b></p>	<p>8:45 Resistance Bands and Lower Body Exercise – SR  10:00 Donna and “Sam” Pet Visits with Therapy Partners  10:15 Resistance Bands and Lower Body Exercise – SR  12:30 Ascension Church with Bi-Weekly Devotion  1:30 Employee Birthday Party  2:45 Everyone Wins Bingo with Prizes  3:30 One-on-One Visits</p>	<p>8:45 Weights &amp; Kinesthetics - SR  9:00 Walmart and Dollar Tree  10:00 Jennifer with Gooch &amp; Pippin  10:15 Weights &amp; Kinesthetics –SR  1:00 Mall Trip  <b>1:30 New! Huntsville Botanical Gardens</b>  - Bus – Guided tour on a golf cart  ~ Sign up by 10/5 at front desk in order to ensure spot. Space is limited.  <b>2:45 Tom with Compassus in Concert</b>  3:30 One-on-One Visits</p>	<p>During the day - One-on-Ones  8:45 Resistance Bands and Lower Body Exercise  10:45 One on One Visits  1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>8:30 One-on-One Visits  <b>9:00 Our Lady Queen of the Universe - SR</b>  9:45 Ascension Church – SR  12:45 Chase Park COC – SR  1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR  2:30 Show Time in Movie Room  ~ Show up to vote on movie selection &amp; stay to watch</p>	<p>8:45 Weights &amp; Kinesthetics - SR  10:15 Weights &amp; Kinesthetics –SR  <b>1:15 Blood Pressure Checks</b>  <b>1:30 Music with Shirley Gullion with pop music quizzes, sing-along and variety music on piano - SR</b>  2:45 Everyone Wins Bingo with Prizes  <small>Simchat Torah Begins</small></p>	<p>8:45 Resistance Bands and Lower Body Exercise – SR  9:00 Walmart and Dollar Tree  10:15 Resistance Bands and Lower Body Exercise – SR  1:30 Courtney with Amedisys doing karaoke with Gospel and oldies – SR  <b>2:45 Jim Phillips – Lost in Antelebellum Talk with displays</b></p>	<p>8:45 Weights &amp; Kinesthetics - SR  9:00 Kroger and Banks  10:15 Weights &amp; Kinesthetics –SR  <b>10:30 Walking Wednesday with Bethany</b>  12:45 Chaplin McClaney with CCare  <b>1:30 Michael Havron in Concert - SR</b>  <b>2:45 Regency and Mexican Quesadillas as a treat, per residents' request</b>  3:30 One-on-One Visits</p>	<p>8:45 Resistance Bands and Lower Body Exercise – SR  10:15 Resistance Bands and Lower Body Exercise – SR  1:30 Lady Luck Bingo for Quarters  <b>2:45 Kerri with CenterWell for bingo for prizes – everyone wins</b>  3:30 One-on-One Visits</p>	<p>8:45 Weights &amp; Kinesthetics - SR  9:00 Walmart and Dollar Tree  10:00 Jennifer with Gooch &amp; Pippin  10:15 Weights &amp; Kinesthetics –SR  10:45 One-on-One Visits  <b>1:30 Regency Buck Auction</b>  ~ Come and bid on wonderful and necessary items for your apartment  3:30 One-on-One Visits</p>	<p>During the day - One-on-Ones  8:45 Resistance Bands and Lower Body Exercise  10:45 One on One Visits  1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>8:30 One-on-One Visits  <b>9:00 Our Lady Queen of the Universe - SR</b>  9:45 Ascension Church – SR  12:45 Chase Park COC – SR  1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR  2:30 Show Time in Movie Room  ~ Show up to vote on movie selection &amp; stay to watch</p>	<p>8:45 Weights &amp; Kinesthetics - SR  10:15 Weights &amp; Kinesthetics –SR  <b>1:15 Blood Pressure Checks</b>  1:30 Lady Luck Bingo for Quarters  2:45 Everyone Wins Bingo with Prizes  <small>Diwali (Hindi)</small></p>	<p>8:45 Resistance Bands and Lower Body Exercise – SR  9:00 Walmart and Dollar Tree  10:15 Resistance Bands and Lower Body Exercise – SR  <b>1:30 JD Pollard in Concert</b>  2:45 Manicures – Come and have your nails painted and trimmed. Bring tools.  3:15 Pendant Testing - Library  3:30 One-on-One Visits</p>	<p>8:45 Weights &amp; Kinesthetics - SR  9:00 Kroger and Banks  10:15 Weights &amp; Kinesthetics –SR  <b>10:30 Walking Wednesday with Bethany</b>  12:45 Chaplin McClaney with CCare  <b>1:30 Bryan and Larry in Concert – Sun Room</b>  <b>2:45 Regency and National Pizza Month</b>  3:30 One-on-One Visits</p>	<p>8:45 Resistance Bands and Lower Body Exercise – SR  10:00 Donna and “Sam” Pet Visits with Therapy Partners  10:15 Resistance Bands and Lower Body Exercise – SR  12:30 Ascension Church with Bi-Weekly Devotion  1:30 Come, cheer and vote on your favorite pumpkin, carved by Management  2:45 Halloween Craft – Creating spooky eats to snack on</p>	<p>8:45 Weights &amp; Kinesthetics - SR  9:00 Walmart and Dollar Tree  10:00 Jennifer with Gooch &amp; Pippin  10:15 Weights &amp; Kinesthetics –SR  10:45 One-on-One Visits  <b>1:30 Wine &amp; Cheese - SR</b>  ~ Brandon Morris in Concert  ~ Snacks and Goodies</p>	<p>During the day - One-on-Ones  8:45 Resistance Bands and Lower Body Exercise  10:45 One on One Visits  1:30 Regency’s Tim Goff in Concert – Pavilion or SR</p>
<p>8:30 One-on-One Visits  <b>9:00 Our Lady Queen of the Universe - SR</b>  9:45 Ascension Church – SR  12:45 Chase Park COC – SR  1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR  2:30 Show Time in Movie Room  ~ Show up to vote on movie selection &amp; stay to watch</p>	<p>8:45 Weights &amp; Kinesthetics - SR  10:00 Stepping Stones Homeschoolers with Reverse Trick-or-Treating  1:15 Blood Pressure Checks  <b>1:30 Halloween Party</b>  ~ Costume Contest for prizes (residents &amp; employees)  ~ Treats and good eats  3:30 One-on-One Visits  <small>Halloween</small></p>					

Calendar to be used a guide and subject to change. Events depend on current guidelines, resident’s wishes, and transportation availability. Weather impacts addition/subtraction of outdoor events.