

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022

Regency Retirement Village – Independent Living

| | | | | | | |
|---|--|--|---|---|---|--|
| <p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe - SR 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room 3:00 Valley Conservatory in Concert with youth performing Christmas Songs! - SR</p> | <p>8:45 Weights & Kinesthetics - SR 10:00 Hallelujah Choir from 1st Baptist with Christmas songs 1:15 Blood Pressure Checks 1:30 Independent Living Birthday Party ~ Cake and goodies 2:00 Independent Living Council 3:30 One-on-One Visits</p> | <p>8:45 Resistance Bands and Lower Body Exercise – SR 9:00 Walmart and Dollar Tree 10:30 Lunch Bunch out to eat at Cheddar's – Bus – Sign up at front desk by 12/5 2:45 Group singing with Christmas Songs - SR 3:30 One-on-One Visits</p> | <p>8:45 Weights & Kinesthetics – SR 9:00 Kroger and Banks 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:30 Mike in Concert – Sun Room 2:45 Regency and National Brownie Day - SR 3:30 One-on-One Visits</p> | <p>8:45 Resistance Bands and Lower Body Exercise – SR 10:00 Donna and "Sam" Pet Visits with Therapy Partners 10:15 Resistance Bands and Lower Body Exercise – SR 12:30 Ascension Church with Bi-Weekly Devotion (1:30 Employee Christmas Party) 1:30 Al Mahan in Concert - SR 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p> | <p>8:45 Weights & Kinesthetics - SR 9:00 Walmart and Dollar Tree 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 1:00 Mall Trip 1:30 December Craft decorating Christmas House Signs for your apartment 2:45 Tom with Compassus for a Christmas Concert 3:30 One-on-One Visits</p> | <p>During the day - One-on-Ones 8:45 Resistance Bands and Lower Body Exercise 10:00 Harry with non-denominational church service 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random</p> |
| <p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe - SR 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p> | <p>8:45 Weights & Kinesthetics – SR 10:00 Ashleigh and "Jaxson" Visit 10:15 Weights & Kinesthetics –SR 1:15 Blood Pressure Checks 1:30 Music with Shirley Gullion with pop music quizzes, sing-a-long and variety music on piano - SR 2:45 Everyone Wins Bingo with Prizes 4:45 Galaxy of Lights – Bus – Sign up by 12/9 at front desk</p> | <p>8:45 Resistance Bands and Lower Body Exercise – SR 9:00 Walmart and Dollar Tree 10:15 Resistance Bands and Lower Body Exercise – SR 1:30 Lady Luck Bingo for Quarters 2:45 Our Lady Queen of the Universe Choir for Christmas Concert - SR 3:30 One-on-One Visits</p> | <p>8:45 Weights & Kinesthetics - SR 9:00 Kroger and Banks 10:00 Whitesburg Middle School Choir with Kristie - SR 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:00 Library Trip 1:30 Antonio and Mike in Concert 2:30 Regency and National Pumpkin Pie Day 3:30 One-on-One Visits</p> | <p>8:45 Resistance Bands and Lower Body Exercise – SR 10:15 Resistance Bands and Lower Body Exercise – SR 1:30 Christmas Hula Show with the Luanas Wahines Hawaiian Dancers 2:45 Dirty Santa Gift Exchange ~ Bring a \$10 gift to switch with others in a rousing game 3:30 One-on-One Visits</p> | <p>Fantastic Friday: Ugly Christmas Sweater Day 8:45 Weights & Kinesthetics - SR 9:00 Walmart and Dollar Tree 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 2:00 to 4:00 Christmas Open House ~ Live nativity scene by front entrance ~ Full Spectrum in Concert with Christmas Songs and Oldies ~ Santa at the Fireplace ~ Fancy Hors d'oeuvres in the dining room with Raul in Concert 3:30 One-on-One Visits</p> | <p>During the day - One-on-Ones 8:45 Resistance Bands and Lower Body Exercise 10:00 Harry with non-denominational church service 10:45 One on One Visits 1:30 Regency's Tim Goff in Concert – Pavilion or SR</p> |
| <p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe - SR 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch 3:00 Deborah Brown with the Horizon Orchestra in Concert - SR</p> | <p>8:45 Weights & Kinesthetics - SR 10:15 Weights & Kinesthetics –SR 1:15 Blood Pressure Checks 1:30 Ms. Eva's 100th Birthday Party ~ JD Pollard in Concert ~ Ms. Eva's requested meal: Upper Peninsula Pasties (from Dobber's in Escanaba), salad and chocolate cake 3:30 One-on-One Visits</p> | <p>8:45 Resistance Bands and Lower Body Exercise – SR 9:00 Walmart and Dollar Tree 10:15 Resistance Bands and Lower Body Exercise – SR 1:30 Group singing with Christmas Songs / Christmas Caroling - SR 2:45 Manicures – Come and have your nails painted and trimmed. Bring tools. 3:15 Door Decorating Contest ~ Attend to tour and vote on favorite doors of those in attendance</p> | <p>8:45 Weights & Kinesthetics - SR 9:00 Kroger and Banks 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:30 Michael Havron in Concert - SR 2:45 Regency and National Chocolate Day and chocolate chip pancakes - SR 3:30 One-on-One Visits</p> | <p>8:45 Resistance Bands and Lower Body Exercise – SR 10:15 Resistance Bands and Lower Body Exercise – SR 12:30 Ascension Church with Bi-Weekly Devotion 1:30 Regency Buck Auction ~ Come and bid on wonderful and necessary items for your apartment 3:30 One-on-One Visits</p> | <p>8:45 Weights & Kinesthetics - SR 9:00 Walmart and Dollar Tree 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics – SR 1:00 Mall Trip 1:30 Christmas Party ~ Christmas sing-a-long & trivia ~ Delicious treats and good eats 3:30 One-on-One Visits</p> | <p>~ Christmas Eve ~ During the day - One-on-Ones 8:45 Resistance Bands and Lower Body Exercise 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random</p> |
| <p>~ Christmas Day ~ 8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe - SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p> | <p>During the day - One-on-Ones 8:45 Resistance Bands and Lower Body Exercise 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random</p> | <p>8:45 Resistance Bands and Lower Body Exercise – SR 9:00 Walmart and Dollar Tree 10:15 Resistance Bands and Lower Body Exercise – SR 1:30 Group singing / karaoke with Jerry and Bethany/Dennis 2:45 Competitive Bean Bag Toss for Prizes</p> | <p>8:45 Weights & Kinesthetics - SR 9:00 Kroger and Banks 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:30 Bryan and Larry in Concert - SR 2:45 Regency and a slice of pizza pie on us - SR 3:30 One-on-One Visits</p> | <p>8:45 Resistance Bands and Lower Body Exercise – SR 10:15 Resistance Bands and Lower Body Exercise – SR 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p> | <p>8:45 Weights & Kinesthetics - SR 9:00 Walmart and Dollar Tree 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics – SR 10:45 One-on-One Visits 1:30 New Year's Celebration and Countdown - SR ~ Brandon Morris in Concert ~ Delicious treats and good eats 3:30 One-on-One Visits</p> | <p>~ New Year's Eve ~ During the day - One-on-Ones 8:45 Resistance Bands and Lower Body Exercise 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random</p> |

Christmas

Boxing Day (Canada)
Kwanzaa Begins

New Year's Eve

Calendar to be used a guide and subject to change. Events depend on current guidelines, resident's wishes, and transportation availability. Weather impacts addition/subtraction of outdoor events.