

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Activities 1 Church Service on TV Morning Exercise Snacks and Music (IN2L) Afternoon Activities Sing-a-long – Susie Q (IN2L) Afternoon Snack Nail Care <small>New Year's Day</small>	Morning Activities 2 Morning Exercise Snacks and Music (IN2L) Family Feud (IN2L) Afternoon Activities Kickball Circle Afternoon Snack Painting	Morning Activities 3 Morning Exercise Snacks and Music (IN2L) Bingo for Chocolate Afternoon Activities Balloon Bounce Afternoon Snack Movie Time	Morning Activities 4 Morning Exercise Snacks and Music (IN2L) Pictionary (IN2L) Afternoon Activities Coloring with Music Afternoon Snack	Morning Activities 5 Morning Exercise Snacks and Music (IN2L) Bingo for Prizes Afternoon Activities Jewelry Building Afternoon Snack	Morning Activities 6 Morning Exercise Snacks and Music (IN2L) Monthly Trivia Afternoon Activities Building S'mores Afternoon Snack	Morning Activities 7 Morning Exercise Morning Stroll Snacks and Classic TV Afternoon Activities Kickball Circle Afternoon Snack Nail Care
Morning Activities 8 Church Service on TV Morning Exercise Snacks and Music Afternoon Activities Sing-a-long – Susie Q (IN2L) Afternoon Snack Nail Care	Morning Activities 9 Morning Exercise Snacks and Music (IN2L) Pictionary (IN2L) Afternoon Activities Kickball Circle Afternoon Snack Painting	Morning Activities 10 Morning Exercise Snacks and Music (IN2L) Bingo for Chocolate Afternoon Activities Balloon Bounce Afternoon Snack Movie Time	Morning Activities 11 Morning Exercise Snacks and Music (IN2L) Family Feud (IN2L) Afternoon Activities Coloring with Music Afternoon Snack	Morning Activities 12 Morning Exercise Snacks and Music (IN2L) Bingo for Prizes Afternoon Activities Jewelry Building Afternoon Snack	Morning Activities 13 Morning Exercise Snacks and Music (IN2L) Monthly Trivia Afternoon Activities January Birthday Parties (ft. Mike Cole) Afternoon Snack	Morning Activities 14 Morning Exercise Morning Stroll Snacks and Classic TV Afternoon Activities Kickball Circle Afternoon Snack Nail Care
Morning Activities 15 Church Service on TV Morning Exercise Snacks and Music Afternoon Activities Sing-a-long – Susie Q (IN2L) Afternoon Snack Nail Care	Morning Activities 16 Morning Exercise Snacks and Music (IN2L) Family Feud (IN2L) Afternoon Activities Kickball Circle Afternoon Snack MLK Remembrance <small>Martin Luther King Jr. Day</small>	Morning Activities 17 Morning Exercise Snacks and Music (IN2L) Bingo for Chocolate Afternoon Activities Balloon Bounce Afternoon Snack Movie Time	Morning Activities 18 Morning Exercise Snacks and Music (IN2L) Pictionary (IN2L) Afternoon Activities Coloring with Music Afternoon Snack	Morning Activities 19 Morning Exercise Snacks and Music (IN2L) Bingo for Prizes Afternoon Activities Jewelry Building Afternoon Snack	Morning Activities 20 Morning Exercise Snacks and Music (IN2L) Monthly Trivia Afternoon Activities Duck Bucket Afternoon Snack	Morning Activities 21 Morning Exercise Morning Stroll Snacks and Classic TV Afternoon Activities Kickball Circle Afternoon Snack Nail Care
Morning Activities 22 Church Service on TV Morning Exercise Snacks and Music Afternoon Activities Sing-a-long – Susie Q (IN2L) Afternoon Snack Nail Care <small>Chinese New Year (Year of the Rabbit)</small>	Morning Activities 23 Morning Exercise Snacks and Music (IN2L) Pictionary (IN2L) Afternoon Activities Kickball Circle Afternoon Snack Painting <small>Activity Professionals Week</small>	Morning Activities 24 Morning Exercise Snacks and Music (IN2L) Bingo for Chocolate Afternoon Activities Balloon Bounce Afternoon Snack Movie Time	Morning Activities 25 Morning Exercise Snacks and Music (IN2L) Family Feud (IN2L) Afternoon Activities Coloring with Music Afternoon Snack	Morning Activities 26 Morning Exercise Snacks and Music (IN2L) Bingo for Prizes Afternoon Activities Photobooth Afternoon Snack <small>Australia Day (observed)</small>	Morning Activities 27 Morning Exercise Snacks and Music (IN2L) Monthly Trivia Afternoon Activities Music with Michael Havron Afternoon Snack	Morning Activities 28 Morning Exercise Morning Stroll Snacks and Classic TV Afternoon Activities Kickball Circle Afternoon Snack Nail Care
Morning Activities 29 Church Service on TV Morning Exercise Snacks and Music Afternoon Activities Sing-a-long – Susie Q (IN2L) Afternoon Snack Nail Care	Morning Activities 30 Morning Exercise Snacks and Music (IN2L) Family Feud (IN2L) Afternoon Activities Kickball Circle Afternoon Snack Painting	Morning Activities 31 Morning Exercise Snacks and Music (IN2L) Bingo for Chocolate Afternoon Activities Balloon Bounce Afternoon Snack Movie Time	<h1>January 2023</h1> <h2>Regency Retirement Village – Memory Care Activities</h2>			

Calendar to be used as a guide and subject to change. Events depend on current guidelines, resident's wishes, and transportation availability, Weather impacts addition/subtraction of outdoor events.