

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>November 2023</h1> <h2>Regency Retirement Village – Assisted</h2>						
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe – SR 9:45 Ascension Church - SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room 3:00 Bible Study/Devotion or Games</p>	<p>5 Sign-up to vote 11/7 8:30 One on One Visits 9:15 Weights and Kinesthetics 10:30 Chinese Checkers 3:00 Assisted Living Birthday Party and Council ~ Cake and goodies 3:30 Mail Run & One-on-Ones</p>	<p>6 Open – Walmart and Dollar Tree - Schedule at front desk* Open – Voting – Sign-up at front desk for this precinct 9:15 Resistance Bands and Lower Body Exercise 10:30 Puzzles Open – Voting – Sign-up at front desk for this precinct 12:45 Putt Putt Golf with Tom 1:30 Singing oldies with Brad Mayo and karaoke 2:45 Bean Bag Toss for Prizes</p>	<p>7 Sign-up for Thursday's craft at the front desk 8:30 One on One Visits Open - Kroger and Banks – schedule at front desk* 9:15 Weights and Kinesthetics 9:30 Ashleigh and "Jaxson" 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:30 Mike C in Concert – SR 2:45 What's Cooking Wednesday with Regency and National Sandwich Day – Monte Cristo Sandwich</p>	<p>8 8:30 One on One Visits Open - Kroger and Banks – schedule at front desk* 9:15 Weights and Kinesthetics 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:30 Bryan and Larry in Concert 2:45 National French Toast Day 3:30 Mail Run & One-on-Ones</p>	<p>9 8:30 One on One Visits 9:15 Resistance Bands and Lower Body Exercise 10:00 Cappy and "Sadie" 10:30 Mexican Train Dominos 12:30 Ascension Church with Bi-Weekly Devotion 1:30 Employee Birthday Party ~ Wreaths by Lisa for sale 1:30 Tim K in Concert 2:45 Everyone Wins Bingo with Prizes 3:30 Mail Run & One-on-Ones</p>	<p>10 Funtastic Friday: 1920s Day Open – Walmart and Dollar Tree - Schedule at front desk* 9:15 Weights and Kinesthetics 10:00 Jennifer with Gooch & Pippin 10:30 Singing with Bethany and Tom 1:30 Angela & D3 Health Fitness with health & wellness tips with Reflexology to golden oldies 2:45 Rook 3:30 Mail Run & One-on-Ones</p>
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe – SR 9:45 Ascension Church - SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room 3:00 Bible Study/Devotion or Games</p>	<p>12 Sign-up for Lunch Bunch 8:30 One on One Visits 9:15 Weights and Kinesthetics 10:30 Scrabble 1:30 Trivia for Bucks 2:45 Everyone Wins Bingo with Prizes 3:30 Mail Run & One-on-Ones</p>	<p>13 8:30 One on One Visits Open – Walmart and Dollar Tree - Schedule at front desk* 9:15 Resistance Bands and Lower Body Exercise 10:30 Lunch Bunch out to eat at Outback Steakhouse in HSV – Bus – Sign up by 11/13 at front desk 12:45 Putt Putt Golf with Tom 2:45 Rummikub 3:30 Mail Run & One-on-Ones</p>	<p>14 8:30 One on One Visits Open - Kroger and Banks – schedule at front desk* 9:15 Weights and Kinesthetics 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:00 Library Trip 1:30 Jeff and Taylor in Concert – SR 2:45 Regency and National Apple Pie Day. Delicious! 3:30 Pennies for Ponies 3:30 Mail Run & One-on-Ones</p>	<p>15 8:30 One on One Visits 9:15 Resistance Bands and Lower Body Exercise 10:30 Mexican Train Dominos 2:00 Gary's Retirement Party ~ Speeches by corporate ~ Awarding of a trophy to Gary ~ Good eats and treats ~ BDK in Concert 3:30 Mail Run & One-on-</p>	<p>16 Open – Walmart and Dollar Tree Schedule at front desk* 9:15 Weights and Kinesthetics 10:00 Jennifer with Gooch & Pippin 11:00 to 1:00 Thanksgiving Feast ~ 9 dining areas with 3 different singers rotating through ~ An amazing Thanksgiving Feast ~ Sign up by 11/10 to Front Desk 2:45 Everyone Wins Bingo for Prizes 3:30 Mail Run & One-on-Ones</p>	<p>17 During the day - Mail Run & One-on-Ones 8:45 Resistance Bands and Lower Body Exercise – SR 10:00 Bible Fellowship with Harry 10:30 Bible or Other Trivia for Prizes 1:30 Bingo with Angel and the Blackburn Chapel for prizes 3:00 Bingo for Prizes</p>
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe – SR 9:45 Ascension Church - SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room 3:00 Bible Study/Devotion or Games</p>	<p>19 8:30 One on One Visits 9:15 Weights and Kinesthetics 10:30 Chinese Checkers 1:30 Shirley G with old time hits on the piano & music quizzes 2:45 Everyone Wins Bingo with Prizes 3:30 Mail Run & One-on-Ones</p>	<p>20 8:30 One on One Visits Open – Walmart and Dollar Tree - Schedule at front desk* 9:15 Resistance Bands and Lower Body Exercise 10:30 Puzzles 12:45 Putt Putt Golf with Tom 1:30 Karaoke/group singing with Courtney with Amedisys 2:45 Manicures – Come. Bring tools. 3:30 Mail Run & One-on-Ones</p>	<p>21 8:30 One on One Visits Open - Kroger and Banks – schedule at front desk* 9:15 Weights and Kinesthetics 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:30 Snazzy Thanksgiving Party (i.e. Wine & Cheese Party and Thanksgiving Party together) ~ Michael H in Concert – SR ~ Good food and fun games 3:30 Mail Run & One-on-Ones</p>	<p>22 Happy Thanksgiving! 8:45 Resistance Bands and Lower Body Exercise – SR 10:30 Bible or Other Trivia for Prizes 1:30 Quarter Bingo - SR 3:00 Bingo for Prizes</p>	<p>23 Open – Walmart and Dollar Tree Schedule at front desk* 9:15 Weights and Kinesthetics 10:00 Jennifer with Gooch & Pippin 10:30 Singing with Bethany and Tom 3:00 Regency Buck Auction ~ Come and bid on wonderful and necessary items for your apartment 3:30 Mail Run & One-on-Ones</p>	<p>24 During the day - Mail Run & One-on-Ones 8:45 Resistance Bands and Lower Body Exercise – SR 10:30 Bible or Other Trivia for Prizes 1:30 Quarter Bingo - SR 3:00 Bingo for Prizes</p>
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe – SR 9:45 Ascension Church - SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room 3:00 Bible Study/Devotion or Games</p>	<p>26 8:30 One on One Visits 9:15 Weights and Kinesthetics 10:30 Scrabble 1:30 Rook Card Games 2:45 Everyone Wins Bingo with Prizes 3:30 Mail Run</p>	<p>27 8:30 One on One Visits Open – Walmart and Dollar Tree - Schedule at front desk* 9:15 Resistance Bands and Lower Body Exercise 10:30 Puzzles 12:45 Putt Putt Golf with Tom 1:30 Christmas Decorating on the 3rd and 4th floor ~ Cookies & cider 3:30 Mail Run & One-on-Ones</p>	<p>28 8:30 One on One Visits Open - Kroger and Banks – schedule at front desk* 9:15 Weights and Kinesthetics 10:30 Walking Wednesday with Bethany 12:45 Chaplin McClaney with CCare 1:30 Danny Fraiser in Concert - SR 2:45 Christmas Decorating on the 3rd and 4th floor ~ Cookies & cider 3:30 Mail Run & One-on-Ones</p>	<p>29 8:30 One on One Visits 9:15 Resistance Bands and Lower Body Exercise 10:00 Cappy and "Sadie" 10:30 Mexican Train Dominos 1:30 Christmas Decorating on the 3rd and 4th floor ~ Cookies & cider 2:45 JD in concert 3:30 Mail Run & One-on-Ones</p>	<p>30</p>	<p>30 During the day - Mail Run & One-on-Ones 8:45 Resistance Bands and Lower Body Exercise – SR 10:30 Bible or Other Trivia for Prizes 1:30 Quarter Bingo - SR 3:00 Bingo for Prizes</p>

Calendar to be used a guide and subject to change. Events depend on current guidelines, resident's wishes, and transportation availability. Weather impacts addition/subtraction of outdoor events. * Bank, Kroger and Walmart runs will be based on medical run schedule.