3:45 Weights & Kinesthetics-SR During the day - One-on-Ones 2 Open - Walmart and Dollar Tree -December 2023 8:45 Resistance Bands and Schedule at front desk* Lower Body Exercise 10:00 Jennifer with Gooch & Pippin 10:00 Bible Fellowship with 10:15 Weights & Kinesthetics –SR Harry 1:30 Carol Kaye with Christmas Painting 10:45 One on One Visits Pick from one 1:30 Quarter Bingo – Lady Luck Regency Retirement Village - Independent Christmas tree & packages Style with Random Winners Snowmen 3:30 One-on-one visits 3 Sign-up for Lunch Bunch 8 During the day - One-on-Ones o 6 8:45 Resistance Bands and 8:45 Resistance Bands and Lower 8:45 Weights & Kinesthetics – SR 7 Sign up for Galaxy of Lights 8:45 Weights & Kinesthetics - SR 8:30 One-on-One Visits pen - Kroger and Banks - schedule at front de 8:45 Weights & Kinesthetics - SR Body Exercise – SR 9:00 Our Lady Queen of the Lower Body Exercise – SR 8:45 Resistance Bands and 10:15 Weights & Kinesthetics –SR Universe 10:15 Weights & Kinesthetics –SR Open - Walmart and Dollar Tree -Open - Walmart and Dollar Tree -10:15 Resistance Bands and Lower Body Exercise 0:30 Walking Wednesday with Bethan 11:15 Tom with live music in dining room Schedule at front desk* 9:45 Ascension Church – SR Schedule at front desk* 11:15 Tom with live music in dining room Lower Body Exercise – SR 10:00 Bible Fellowship with 1:15 Blood Pressure Checks 10:00 Jennifer with Gooch & Pippin 12:45 Chase Park COC - SR 10:30 Lunch Bunch out to eat at 12:45 Chaplin McClaney with CCare 12:30 Ascension Church with Bi-Weekly 1:30 Bible Study, Conversation Ball, 1:30 Independent Living Birthday Greenbrier BBQ - Bus - Sign up by 0:15 Weights & Kinesthetics –SR 1:30 Mike C in Concert – SR Devotion 10:45 One on One Visits Trivia or Bingo - SR 2/04 at front desk :45 Regency and National Brownie 1:00 Mall Trip 1:30 Johnny B in Concert 1:30 Scott with Friends and Day - Gordon Foods! Yum. Yum. 12:45 Golf/Bowling/Hatchet Throwing/Bean 1:30 Lady Luck Bingo for Quarters 2:30 Show Time in Movie Room Cake and goodies 2:45 Christmas Cards – come Bags with Tom :30 Pennies for Ponies Family with Christmas Caroling 2:45 Everyone Wins Bingo for Show up to vote on movie 2:00 Independent Living Council and decorate for soldiers 2:45 D3 Health Fitness with Angela 3:00 Bingo with Karen - SR selection & stay to watch 8:45 Resistance Bands and Lower Body 12 ntastic Friday: Christmas Sweather Day 108:45 Weights & Kinesthetics - SR11 8:45 Weights & Kinesthetics - SR 9:45 Resistance Bands and Lower Body
Open - Kroger and Banks – schedule at Exercise – SR During the day - One-on-Ones 6 8:30 One-on-One Visits xercise - SR :45 Weights & Kinesthetics - SR 9:00 Our Lady Queen of the :15 Sam Tindol in Concert - SR 8:45 Resistance Bands and Open - Walmart and Dollar Tree - Schedule Open - Walmart and Dollar Tree - Schedule ront desk* :00 Podiatrist in Community Room 11:15 Tom with live music in dining room Universe Lower Body Exercise at front desk* at front desk* 10:15 Weights & Kinesthetics –SR 10:00 Cappy and "Sadie" :15 Blood Pressure Checks 9:45 Ascension Church - SR 10:15 Resistance Bands and Lower Body 10:15 Weights & Kinesthetics –SR 10:45 One on One Visits 10:15 Resistance Bands and Lower 0:30 Walking Wednesday with Bethan :30 Korean Mission Dance Exercise - SR :00 to 4:00 Christmas Open House 12:45 Chase Park COC - SR 11:15 Tom with live music in dining room 11:00 Caroling with Tammy & Body Exercise – SR Academy in Performance 12:45 Come play the bells with Tom B Live nativity scene at front entrance 1:30 Bible Study, Conversation Ball, 12:45 Chaplin McClaney with CCare 1:30 Employee Birthday Party Union Chapel MBCGS - 1st DR :30 Luanas Wahines Hawaiian - Full Spectrum in Concert with Christmas 2:45 Everyone Wins Bingo with ` Trivia or Bingo - SR 1:30 Bryan and Larry in Concert 1:30 Al Mahan in Concert Songs and Oldies in SR Dancers for Christmas 1:00 Valley Conservatory in 2:45 Sue with Valley Conservatory 2:45 Regency and National 2:45 T-Mobile and Protecting Yourself Santa at the Fireplace :45 Everyone Wins Bingo for Prizes Concert – Christmas songs 4:45 Galaxy of Lights – sign up by Vendor and craft show with gifts for sale Strings in Concert - SR from Scams – The latest and worst! Pumpkin Pie Day 3:30 One-on-one Visits 2/8 at front desk Fancy Hors d'oeuvres with JD Pollard-DR 3:00 Bingo with Karen - SR 3:30 One-on-one visits :30 Pennies for Ponies 3:45 Resistance Bands and Lower Body 19 8:45 Weights & Kinesthetics - SR
Open - Kroger and Banks – schedule at 178:45 Weights & Kinesthetics – SR 8 8:45 Resistance Bands and Lower During the day - One-on-One 93 3:45 Weights & Kinesthetics - SR 8:30 One-on-One Visits xercise - SR Open - Walmart and Dollar Tree -9:00 Our Lady Queen of the 0:15 Weights & Kinesthetics -SR Body Exercise - SR 8:45 Resistance Bands and Open - Walmart and Dollar Tree Schedule at front desk* ront desk* 11:15 Tom with live music in dining room Universe 0:15 Resistance Bands and Lower Lower Body Exercise 10:15 Resistance Bands and Lower 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR :15 Blood Pressure Checks 9:45 Ascension Church – SR Body Exercise – SR Body Exercise - SR 10:45 One on One Visits 10:15 Weights & Kinesthetics –SR 0:30 Walking Wednesday with Bethan :30 Shirley G with old time hits 12:45 Chase Park COC - SR 12:30 Ascension Church with Bi-Weekl 12:45 Golf/Bowling/Hatchet Throwing/Bean 11:15 Tom with live music in dining room 1:30 Tim Goff in Concert in :30 Christmas Party 1:30 Bible Study, Conversation Ball, on the piano & music quizzes Devotion Bags with Tom 12:45 Chaplin McClaney with CCare Christmas sing-a-long Sun Room :30 Karaoke/group singing with :30 Melissa and Christmas Harp Trivia or Bingo - SR 2:45 Jackie with Alpha Kapa 1:00 Library Trip Courtney with Amedisys Sip on cider in listening circle - Trivia 2:30 Calandra Terry with Union Alpha doing bingo for prizes - SR :30 Tom B in Concert – SR 2:45 Dirty Santa Gift Exchange 2:45 Door Decorating Contest Chapel Singles – Music & gifts – SR 3:30 One-on-One Visits Delicious treats and good eats 2:45 What's Cooking Wednesday and Bring a \$10 gift to exchange with Attend and tour to vote on favorite ational Choc Day - Choc Chip Pancakes 3:15 Calandra - 4th 3:30 One-on-One Visits 8:45 Resistance Bands and Lower Body 28 8:45 Weights & Kinesthetics - SR
One - Welmort and Poller Tree - 29 During the day - One-on-One 30 25 8:45 Resistance Bands and Lower Back 3:45 Weights & Kinesthetics - SR o:45 weights & Kinesthetics - SR 27 Open - Kroger and Banks – schedule at 8:30 One-on-One Visits Merry Christmas! Exercise – SR Open - Walmart and Dollar Tree -Exercise - SR 8:45 Resistance Bands and 9:00 Our Lady Queen of the 10:00 Cappy and "Sadie" Open - Walmart and Dollar Tree -Schedule at front desk* ront desk* Lower Body Exercise During the day - One-on-Ones 10:15 Resistance Bands and Lower Body 10:15 Weights & Kinesthetics –SR 10:00 Jennifer with Gooch & Pippin Schedule at front desk* 12:45 Chase Park COC - SR xercise – SR 8:45 Resistance Bands and 10:45 One on One Visits 10:15 Resistance Bands and Lower 0:30 Walking Wednesday with Bethan 10:15 Weights & Kinesthetics –SR 1:30 Bible Study, Conversation Ball :30 Regency Buck Auction Body Exercise - SR Lower Body Exercise 1:30 Quarter Bingo – Lady Luck 11:15 Tom with live music in dining 1:30 New Year's Celebration Trivia or Bingo - SR Come and bid on wonderful and 12:45 Golf/Bowling/Hatchet Throwing/Bean 10:45 One on One Visits Style with Random Winners and Countdown – SR 2:30 Show Time in Movie Room necessary items for your apartment Bags with Tom 12:45 Chaplin McClaney with CCare 1:30 Quarter Bingo - Lady Luck Taylor and Jeff in Concert ~ Show up to vote on movie :30 Lady Luck Bingo for Quarters 3:30 One-on-one Visits :30 Michael H in Concert 2:45 Manicures – Come. Bring tools. 3:15 Pendant Kwasuag Begins Prary Style with Random Winners Delicious treats and good eats selection & stay to watch 2:45 Regency and a slice of pizza on us 3:30 One-on-One Visits 3:30 Pennies for Ponies Christmas 8:30 One-on-One Visits 31 9:00 Our Lady Queen of the **Universe** 12:45 Chase Park COC - SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room Show up to vote on movie selection & stay to watch New Year's Eve Calendar to be used a guide and subject to change. Events depend on current guidelines, resident's wishes, and transportation availability. Weather impacts addition/subtraction of outdoor events. * Bank, Kroger and Walmart runs will be based on medical run schedule.

Wednesday

Thursday

Friday

Saturday

Sunday

Monday