

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Happy New Year! 1</p> <p>During the day - Mail Run & One-on-Ones</p> <p>8:45 Resistance Bands and Lower Body Exercise – SR</p> <p>10:30 Bible or Other Trivia for Prizes</p> <p>1:30 Quarter Bingo - SR</p> <p>3:00 Bingo for Prizes</p> <p>New Year's Day</p>	<p>8:30 One on One Visits 2</p> <p>Open – Walmart and Dollar Tree - Schedule at front desk*</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:30 Puzzles</p> <p>12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom</p> <p>1:30 Rummikub</p> <p>2:45 Everyone Wins Bingo with Prizes</p> <p>3:30 Mail Run & One-on-ones</p>	<p>8:30 One on One Visits 3</p> <p>Open - Kroger and Banks – schedule at front desk*</p> <p>9:15 Weights and Kinesthetics</p> <p>9:30 Ashleigh and Jackson – doggie visits</p> <p>10:30 Walking Wednesday with Bethany</p> <p>12:45 Chaplin McClaney with CCare</p> <p>1:30 Mike C in Concert – SR</p> <p>2:45 Regency and What's Cooking Wednesday with Belgium Waffles</p> <p>3:30 Mail Run & One-on-ones</p>	<p>8:30 One on One Visits 4</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:45 Ascension Church with Bi-Weekly Devotion – 4th</p> <p>1:30 Rook</p> <p>2:45 Everyone Wins Bingo with Prizes</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>Open – Walmart and Dollar Tree - Schedule at front desk* 5</p> <p>9:15 Weights and Kinesthetics</p> <p>10:00 Jennifer with Gooch & Pippin</p> <p>10:30 Singing with Bethany and Tom</p> <p>1:30 Show and Reminisce</p> <p>~ Bring your favorite story or picture and share with the group</p> <p>2:45 Danny in Concert</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>During the day - Mail Run & One-on-Ones 6</p> <p>8:45 Resistance Bands and Lower Body Exercise – SR</p> <p>10:00 Bible Fellowship with Harry</p> <p>10:30 Bible or Other Trivia for Prizes</p> <p>1:30 Quarter Bingo - SR</p> <p>3:00 Bingo for Prizes</p>
<p>8:30 One-on-One Visits 7</p> <p>9:00 Our Lady Queen of the Universe – SR</p> <p>9:45 Ascension Church - SR</p> <p>12:45 Chase Park COC – SR</p> <p>1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR</p> <p>2:30 Show Time in Movie Room</p> <p>3:00 Bible Study/Devotion or Games</p>	<p>Sign-up for Lunch Bunch 8</p> <p>8:30 One on One Visits</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Scrabble</p> <p>3:00 Assisted Living Birthday Party and Council</p> <p>~ Cake and goodies</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>3:30 Mail Run & One-on-Ones 9</p> <p>Open – Walmart and Dollar Tree - Schedule at front desk*</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:30 Lunch Bunch out to eat at Posey's Buffet – Bus – Sign up by 1/8 at front desk</p> <p>12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom</p> <p>2:45 Russell Davis Magic Show – SR</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>Sign-up for beer tasting on 1/11 10</p> <p>8:30 One on One Visits</p> <p>Open - Kroger and Banks – schedule at front desk*</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Walking Wednesday with Bethany</p> <p>12:45 Chaplin McClaney with CCare</p> <p>1:30 Bryan and Larry in Concert</p> <p>2:45 Regency and Krystal's burgers</p> <p>3:30 Pennies for Ponies</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>8:30 One on One Visits 11</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:00 Cappy and "Sadie"</p> <p>10:30 Mexican Train Dominos</p> <p>11:30 100th Birthday Party for Herb</p> <p>1:30 Employee Birthday Party</p> <p>2:45 Beer Tasting with Patrick</p> <p>~ Sign-up at front desk by 1/10</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>8:30 One on One Visits 12</p> <p>Open – Walmart and Dollar Tree - Schedule at front desk*</p> <p>9:15 Weights and Kinesthetics</p> <p>10:00 Jennifer with Gooch & Pippin</p> <p>10:30 Singing with Bethany and Tom</p> <p>1:30 "Elvis" (aka Brian Lee) Rocking and Rolling – 1DR</p> <p>~ Elvis-themed snacks and edibles</p> <p>~ Give-aways</p> <p>~ Public event</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>During the day - Mail Run & One-on-Ones 13</p> <p>8:45 Resistance Bands and Lower Body Exercise – SR</p> <p>10:00 Bible Fellowship with Harry</p> <p>10:30 Bible or Other Trivia for Prizes</p> <p>1:30 Quarter Bingo - SR</p> <p>3:00 Spirit of Life & Hope with games and singing - SR</p>
<p>8:30 One-on-One Visits 14</p> <p>9:00 Our Lady Queen of the Universe – SR</p> <p>9:45 Ascension Church - SR</p> <p>12:45 Chase Park COC – SR</p> <p>1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR</p> <p>2:30 Show Time in Movie Room</p> <p>3:00 Bible Study/Devotion or Games</p>	<p>8:30 One on One Visits 15</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Chinese Checkers</p> <p>1:30 Shirley G with old time hits on the piano & music quizzes</p> <p>2:45 Lowery in Concert - SR</p> <p>3:30 Mail Run & One-on-Ones</p> <p>Martin Luther King Jr. Day</p>	<p>Open – Walmart and Dollar Tree - Schedule at front desk* 16</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:30 Puzzles</p> <p>12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom</p> <p>1:30 Karaoke/group singing with Courtney with Amedisys</p> <p>2:45 Angela with D3 Fitness for reflexology and exercises</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>8:30 One on One Visits 17</p> <p>Open - Kroger and Banks – schedule at front desk*</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Walking Wednesday with Bethany</p> <p>12:45 Chaplin McClaney with CCare</p> <p>1:00 Library Trip</p> <p>1:30 Brandon Lee in Concert</p> <p>2:45 Regency and National Bagel Day</p> <p>~ Bruegel Bagels with fixings</p> <p>3:30 Pennies for Ponies</p>	<p>8:30 One on One Visits 18</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:45 Ascension Church with Bi-Weekly Devotion – 4th</p> <p>1:30 Rook</p> <p>2:45 Everyone Wins Bingo with Prizes</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>Open – Walmart and Dollar Tree - Schedule at front desk* 19</p> <p>10:00 Jennifer with Gooch & Pippin</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Singing with Bethany and Tom</p> <p>3:00 Regency Buck Auction</p> <p>~ Come and bid on wonderful and necessary items for your apartment</p> <p>3:30 One-on-one visits</p>	<p>During the day - Mail Run & One-on-Ones 20</p> <p>8:45 Resistance Bands and Lower Body Exercise – SR</p> <p>10:00 Bible Fellowship with Harry</p> <p>10:30 Bible or Other Trivia for Prizes</p> <p>1:30 Tim Goff in Concert – SR</p> <p>3:00 Tim Goff in Concert – 4th</p>
<p>8:30 One-on-One Visits 21</p> <p>9:00 Our Lady Queen of the Universe – SR</p> <p>9:45 Ascension Church - SR</p> <p>12:45 Chase Park COC – SR</p> <p>1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR</p> <p>2:30 Show Time in Movie Room</p> <p>3:00 Bible Study/Devotion or Games</p> <p>Activity Professionals Week</p>	<p>8:30 One on One Visits 22</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Scrabble</p> <p>1:30 Trivia</p> <p>2:45 Everyone Wins Bingo with Prizes</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>8:30 One on One Visits 23</p> <p>Open – Walmart and Dollar Tree - Schedule at front desk*</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:30 Puzzles</p> <p>12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom</p> <p>1:30 Fun with drums with Bryan</p> <p>2:45 Manicures – Come. Bring tools.</p> <p>3:15 Pendant Testing – Library</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>8:30 One on One Visits 24</p> <p>Open - Kroger and Banks – schedule at front desk*</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Walking Wednesday with Bethany</p> <p>12:45 Chaplin McClaney with CCare</p> <p>1:30 Tim K in Concert</p> <p>2:45 Regency and National Cheese Lover's Day – Pepperoni and cheese pizza!</p> <p>3:30 Pennies for Ponies</p> <p>Tu B'Shevat Begins</p>	<p>8:30 One on One Visits 25</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:00 Cappy and "Sadie"</p> <p>10:30 Mexican Train Dominos</p> <p>1:30 Bid Whist with Idella</p> <p>2:45 Everyone Wins Bingo with Prizes</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>Open – Walmart and Dollar Tree - Schedule at front desk* 26</p> <p>9:15 Weights and Kinesthetics</p> <p>10:00 Jennifer with Gooch & Pippin</p> <p>10:30 Singing with Bethany and Tom</p> <p>1:30 Wine & Cheese</p> <p>~ Alyssa in Concert</p> <p>~ sweet treats and good eats</p> <p>3:30 Mail Run & One-on-Ones</p> <p>Australia Day (Observed)</p>	<p>During the day - Mail Run & One-on-Ones 27</p> <p>8:45 Resistance Bands and Lower Body Exercise – SR</p> <p>10:00 Bible Fellowship with Harry</p> <p>10:30 Bible or Other Trivia for Prizes</p> <p>1:30 Quarter Bingo - SR</p> <p>3:00 Bingo for Prizes</p>
<p>8:30 One-on-One Visits 28</p> <p>9:00 Our Lady Queen of the Universe – SR</p> <p>9:45 Ascension Church - SR</p> <p>12:45 Chase Park COC – SR</p> <p>1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR</p> <p>2:30 Show Time in Movie Room</p> <p>3:00 Liz with Senior Reading Hour - Library</p>	<p>8:30 One on One Visits 29</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Chinese Checkers</p> <p>1:30 Trivia</p> <p>2:45 Everyone Wins Bingo with Prizes</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>8:30 One on One Visits 30</p> <p>Open – Walmart and Dollar Tree - Schedule at front desk*</p> <p>9:15 Resistance Bands and Lower Body Exercise</p> <p>10:30 Puzzles</p> <p>12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom</p> <p>1:30 Rummikub</p> <p>2:45 Bowling for Prizes</p> <p>3:30 Mail Run & One-on-Ones</p>	<p>8:30 One on One Visits 31</p> <p>Open - Kroger and Banks – schedule at front desk*</p> <p>9:15 Weights and Kinesthetics</p> <p>10:30 Walking Wednesday with Bethany</p> <p>12:45 Chaplin McClaney with CCare</p> <p>1:30 Michael H in Concert - SR</p> <p>2:45 Regency and National Cheese Lover's Day again – Gourmet Grilled Cheese</p> <p>3:30 Mail Run & One-on-Ones</p>	<h1>January 2024</h1> <p>Regency Retirement Village - Assisted</p>		

Calendar to be used a guide and subject to change. Events depend on current guidelines, resident's wishes, and transportation availability. Weather impacts addition/subtraction of outdoor events. * Bank, Kroger and Walmart runs will be based on medical run schedule.