

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

Regency Retirement Village - Independent

<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p>	<p>4 Sign-up for Lunch Bunch 8:45 Weights & Kinesthetics - SR 10:15 Weights & Kinesthetics –SR 11:15 Tom with live music in dining room 1:15 Blood Pressure Checks 1:30 Independent Living Birthday Party ~ Cake and goodies 2:00 Independent Living Council 3:30 One-on-One Visits</p>	<p>5 8:45 Resistance Bands and Lower Body Exercise – SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:30 Lunch Bunch out to eat at Walton's Southern Table – Bus – Sign up by 2/5 at front desk 12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom 2:45 Tim K in Concert - SR 3:30 One-on-one Visits</p>	<p>6 8:45 Weights & Kinesthetics – SR Open - Kroger and Banks – schedule at front desk* 9:30 Ashleigh and Jackson – doggie visits 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 11:15 Tom with live music in dining room 12:45 Chaplin McClaney with CCare 1:30 Mike C in Concert – SR 2:45 Regency and National Pizza Day for gooey fresh baked pizza! 3:30 Pennies for Ponies</p>	<p>7 8:45 Resistance Bands and Lower Body Exercise – SR 10:00 Cappy and “Sadie” 10:15 Resistance Bands and Lower Body Exercise – SR 1:30 Employee Birthday Party 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-one visits</p>	<p>8 8:45 Resistance Bands and Lower Body Exercise – SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 1:00 Mall Trip 1:30 Chinese (Lunar) New Year ~ Korean Mission Dance performing ~ Asian foods and snacks 3:30 One-on-one visits</p>	<p>9 During the day - One-on-Ones 8:45 Resistance Bands and Lower Body Exercise 10:00 Bible Fellowship with Harry 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch 5:30 Super Bowl Sunday - FP</p>	<p>11 8:45 Weights & Kinesthetics - SR 10:15 Weights & Kinesthetics –SR 11:15 Tom with live music in dining room 1:15 Blood Pressure Checks 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p>	<p>12 8:45 Resistance Bands and Lower Body Exercise – SR 9:00 Podiatrist at Front Community Room Open – Walmart and Dollar Tree - Schedule at front desk* 10:15 Resistance Bands and Lower Body Exercise – SR 11:00 What's Cooking Themed Lunch ~ Mardi Gras – Flavors of New Orleans 12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom 1:30 Mardi Gras Celebration – 1DR ~ Randy & The Tea Time Music Group in Concert ~ New Orleans styled goodies and snacks</p>	<p>13 8:00 Our Lady Queen of the Universe Catholic Church – Ash Wed – ind. rooms 8:45 Weights & Kinesthetics - SR Open - Kroger and Banks – schedule at front desk* 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 11:00 What's Cooking Wednesday ~ Valentine's Day "Menu of Love" 11:15 Tom with live music in dining room 12:45 Chaplin McClaney with CCare 1:30 Valentine's Day Party ~ JD Pollard in Concert ~ Valentine's Day goodies ~ Games Valentine's Day</p>	<p>14 8:45 Resistance Bands and Lower Body Exercise – SR 10:15 Resistance Bands and Lower Body Exercise – SR 10:45 Ascension Church with Bi-Weekly Devotion – 4th 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p>	<p>15 8:45 Weights & Kinesthetics - SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 1:30 Regency Buck Auction ~ Come and bid on wonderful and necessary items for your apartment 3:30 One-on-one visits</p>	<p>16 During the day - One-on-Ones 8:45 Resistance Bands and Lower Body Exercise 10:45 One on One Visits 1:30 Tim Goff in Concert in Sun Room 3:00 Tim Goff – 4th Floor</p>
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p>	<p>18 8:45 Weights & Kinesthetics – SR 10:15 Weights & Kinesthetics –SR 11:15 Tom with live music in dining room 1:15 Blood Pressure Checks 1:30 Shirley G with old time hits on the piano & music quizzes 1:30 Tammy with Girl Scout Cookies - FP 2:45 Bingo with Kamille and Power to Exhale 3:30 One-on-One Visits</p>	<p>19 8:45 Resistance Bands and Lower Body Exercise – SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:15 Resistance Bands and Lower Body Exercise – SR 12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom 1:30 Karaoke/group singing with Courtney with Amedisys 2:45 Angela with D3 Fitness for reflexology and exercises 3:30 One-on-one Visits</p>	<p>20 8:45 Weights & Kinesthetics - SR Open - Kroger and Banks – schedule at front desk* 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 11:15 Tom with live music in dining room 12:45 Chaplin McClaney with CCare 1:00 Library Trip 1:30 Bryan & Larry in Concert 2:45 Regency and National Muffin Day – Delicious muffins from Costco 3:30 Pennies for Ponies</p>	<p>21 8:45 Resistance Bands and Lower Body Exercise – SR 10:00 Cappy and “Sadie” 10:15 Resistance Bands and Lower Body Exercise – SR 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-one visits</p>	<p>22 8:45 Weights & Kinesthetics - SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 1:30 Wine & Cheese ~ Taylor & Jeff in Concert ~ sweet treats and good eats 3:30 One-on-One Visits</p>	<p>23 During the day - One-on-Ones 8:45 Resistance Bands and Lower Body Exercise 10:00 Bible Fellowship with Harry 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p>	<p>25 8:45 Weights & Kinesthetics - SR 10:15 Weights & Kinesthetics –SR 11:15 Tom with live music in dining room 1:15 Blood Pressure Checks 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p>	<p>26 8:45 Resistance Bands and Lower Body Exercise – SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:15 Resistance Bands and Lower Body Exercise – SR 12:45 Golf/Bowling/Hatchet Throwing/Bean Bags with Tom 1:30 Quarter Bingo – Lady Luck Style 2:45 Manicures – Come. Bring tools. 3:15 Pendant Testing – Library 3:30 One-on-one Visits</p>	<p>27 8:45 Weights & Kinesthetics - SR Open - Kroger and Banks – schedule at front desk* 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 11:15 Tom with live music in dining room 12:45 Chaplin McClaney with CCare 1:30 Michael H in Concert - SR 2:45 Regency and What's Cooking Wednesday ~ National Tortilla Chip Day with homemade nachos 3:30 One-on-one Visits</p>	<p>28 8:45 Resistance Bands and Lower Body Exercise – SR 10:15 Resistance Bands and Lower Body Exercise – SR 10:45 Ascension Church with Bi-Weekly Devotion – 4th 1:30 Creative Jazz Piano 2:45 Everyone Wins Bingo with Prizes ~ with Kerri from CenterWell 3:30 One-on-one visits</p>	<p>29</p>	<p>30</p>

Calendar to be used a guide and subject to change. Events depend on current guidelines, resident's wishes, and transportation availability. Weather impacts addition/subtraction of outdoor events. * Bank, Kroger and Walmart runs will be based on medical run schedule.