

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024

Regency Retirement Village - Independent

<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe – in rooms 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p>	<p>3 Sign-up for Lunch Bunch 8:45 Weights & Kinesthetics - SR 10:15 Weights & Kinesthetics –SR 11:15 Tom with live music in dining room 1:15 Blood Pressure Checks 1:30 Independent Living Birthday Party ~ Cake and goodies 2:00 Independent Living Council 3:30 One-on-One Visits</p>	<p>4 8:45 Resistance Bands and Lower Body Exercise – SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:30 Lunch Bunch out to eat at Red Lobster – Bus – Sign up by 3/4 at front desk 12:45 Golf/Hatchet Throwing/Bean Bags with Tom 2:45 Cheryl in Concert - SR</p>	<p>5 8:45 Weights & Kinesthetics – SR Open - Kroger and Banks – schedule at front desk 9:30 Ashleigh and “Jaxson” – doggie visits 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 11:15 Tom with live music in dining room 12:45 Chaplin McClaney with CCare 1:30 Mike C in Concert – SR 2:45 Regency and National Pizza Day for goeey fresh baked pizza! 3:30 Pennies for Ponies</p>	<p>6 8:45 Resistance Bands and Lower Body Exercise – SR 10:15 Resistance Bands and Lower Body Exercise – SR 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p>	<p>7 8:45 Weights & Kinesthetics - SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 1:30 Employee of the Year Party ~ Ceremony honoring our Employees of the Month and Employee of the Year ~ Emily and Jeff in Concert ~ Delicious bits</p>	<p>1 During the day - One-on-Ones 2 8:45 Resistance Bands and Lower Body Exercise 10:00 Bible Fellowship with Harry 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>9:00 Our Lady Queen of the Universe – in rooms 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p>	<p>10 8:45 Weights & Kinesthetics - SR 10:15 Weights & Kinesthetics –SR 11:15 Tom with live music in dining room 1:15 Blood Pressure Checks 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p>	<p>11 8:45 Resistance Bands and Lower Body Exercise – SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:15 Resistance Bands and Lower Body Exercise – SR 12:45 Golf/Hatchet Throwing/Bean Bags with Tom 1:30 Quarter Bingo 2:45 Show and Reminisce ~ Bring something to share or a story to tell & let's get to know each other better</p>	<p>12 8:45 Weights & Kinesthetics - SR Open - Kroger and Banks – schedule at front desk* 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 11:15 Tom with live music in dining room 12:45 Chaplin McClaney with CCare 1:30 JD in Concert 2:45 National Oreo Day with Cookies & Cream Ice Cream Sundaes and Oreos 3:30 One-on-one Visits</p>	<p>13 8:45 Resistance Bands and Lower Body Exercise – SR 10:00 Cappy and “Sadie” 10:15 Resistance Bands and Lower Body Exercise – SR 10:45 Ascension Church with Bi-Weekly Devotion – 4th 1:30 Al Mahan in Concert 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-one visits</p>	<p>14 8:45 Weights & Kinesthetics - SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 11:00 What's Cooking Luncheon ~ St. Patrick's Day Remembered 1:30 St Patrick's Day Celebration ~ Randy & McNamara's Gitty Ups Band in Concert ~ Irish-themed goodies and treats</p>	<p>15 During the day - One-on-Ones 16 8:45 Resistance Bands and Lower Body Exercise 10:00 Bible Fellowship with Harry 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe – in rooms 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p>	<p>17 8:45 Weights & Kinesthetics – SR 10:15 Weights & Kinesthetics –SR 11:15 Tom with live music in dining room 1:15 Blood Pressure Checks 1:30 Shirley G with old time hits on the piano & music quizzes 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p>	<p>18 8:45 Resistance Bands and Lower Body Exercise – SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:15 Resistance Bands and Lower Body Exercise – SR 12:45 Golf/Hatchet Throwing/Bean Bags with Tom 1:30 Karaoke/group singing with Courtney with Amedisys 2:45 Angela with D3 Fitness for reflexology and exercises</p>	<p>19 8:45 Weights & Kinesthetics - SR Open - Kroger and Banks – schedule at front desk* 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 11:15 Tom with live music in dining room 12:45 Chaplin McClaney with CCare 1:00 Library Trip 1:30 Bryan & Larry in Concert 2:45 Regency and National Chip Day with a grill-in with hotdogs</p>	<p>20 8:45 Resistance Bands and Lower Body Exercise – SR 10:00 Senior Adult Choir from Mt. Zion Church 1:30 Lady Luck Bingo for Quarters 2:45 Stephanie with United Cerebral Palsy – stuffing eggs for service project (egg hunt) 3:30 One-on-One Visits</p>	<p>21 8:45 Weights & Kinesthetics - SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 1:30 Regency Buck Auction ~ Come and bid on wonderful and necessary items for your apartment 3:30 One-on-one visits</p>	<p>22 During the day - One-on-Ones 23 8:45 Resistance Bands and Lower Body Exercise 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>8:30 One-on-One Visits 9:00 Our Lady Queen of the Universe – in rooms 9:45 Ascension Church – SR 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p>	<p>24 8:45 Weights & Kinesthetics - SR 10:15 Weights & Kinesthetics –SR 11:15 Tom with live music in dining room 1:15 Blood Pressure Checks 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-One Visits</p>	<p>25 8:45 Resistance Bands and Lower Body Exercise – SR Open – Walmart and Dollar Tree - Schedule at front desk* 9:45 United Cerebral Palsy – help and visit for Easter Egg Hunt – sign up at front desk 12:45 Golf/Hatchet Throwing/Bean Bags with Tom 1:30 Quarter Bingo – Lady Luck Style 2:45 Manicures – Come. Bring tools. 3:15 Pendant Testing – Library 3:30 One-on-one Visits</p>	<p>26 8:45 Weights & Kinesthetics - SR Open - Kroger and Banks – schedule at front desk* 10:15 Weights & Kinesthetics –SR 10:30 Walking Wednesday with Bethany 11:15 Tom with live music in dining room 12:45 Chaplin McClaney with CCare 1:30 Michael H in Concert - SR 2:45 Regency and International Waffle Day ~ Homemade Belgium waffles!</p>	<p>27 8:45 Resistance Bands and Lower Body Exercise – SR 10:00 Cappy and “Sadie” 10:15 Resistance Bands and Lower Body Exercise – SR 10:45 Ascension Church with Bi-Weekly Devotion – 4th 1:30 Lady Luck Bingo for Quarters 2:45 Everyone Wins Bingo with Prizes 3:30 One-on-one visits</p>	<p>28 8:45 Weights & Kinesthetics - SR Open – Walmart and Dollar Tree - Schedule at front desk* 10:00 Jennifer with Gooch & Pippin 10:15 Weights & Kinesthetics –SR 1:30 Wine & Cheese ~ Alyssa in Concert ~ Sweet treats and good eats 2:30 Good Friday Devotion & Gospel with Regency 3:30 One-on-One Visits</p>	<p>29 During the day - One-on-Ones 30 8:45 Resistance Bands and Lower Body Exercise 10:45 One on One Visits 1:30 Quarter Bingo – Lady Luck Style with Random Winners</p>
<p>7:00 Resurrection Easter Breakfast with Tom 9:00 Our Lady Queen of the Universe – in rooms 11:00 Easter Sunday Lunch Special Menu 12:45 Chase Park COC – SR 1:30 Bible Study, Conversation Ball, Trivia or Bingo - SR 2:30 Show Time in Movie Room ~ Show up to vote on movie selection & stay to watch</p>	<p>31</p>					

Calendar to be used a guide and subject to change. Events depend on current guidelines, resident's wishes, and transportation availability. Weather impacts addition/subtraction of outdoor events. * Bank, Kroger and Walmart runs will be based on medical run schedule.