

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Memory Care January 2026



<p>9:00 Morning Worship 4 10:00 Moring Snack (RA) 10:30 Spot the Difference 1:30 Brain Fitness (RA) 2:00 Afternoon Snack (RA) 3:00 Kickball (RA)</p>	<p>9:30 Metro Chair Workout 5 10:00 Moring Snack (RA) 10:00 Bible Study with Richard Stainbrook-Pathway & 2nd Floor 1:30 Memory Game (Brain Stimulation) 2:00 Afternoon Snack (RA) 3:00 Parachute- Pathway & 2nd Floor 3:30 Social Hour</p>	<p>9:30 Hot Cocoa & Conversation 6 10:00 Morning Snack (RA) 10:30 Bean Bag Toss 1:30 Tennis Table 2:00 Afternoon Snack (RA) 2:30 Matching Memory Game 3:00 UNO 3:30 One on One</p>	<p>9:30 Sit & Stretch 7 10:00 Morning Snack (RA) 10:30 Balloon Volleyball 2:00 Afternoon Snack (RA) 1:30 Golfing 3:00 Adult Coloring 4:00 Relaxation</p>	<p>-New Year's Day 1 9:30 Fun Fitness 10:00 Morning Snack (RA) 10:30 New Year Trivia 1:30 Piggy Banker (RA) 2:00 Afternoon Snack (RA) 3:30 Hallmark Channel 4:00 One on One</p>	<p>9:30 Move & Groove 2 10:00 Morning Snack (RA) 10:30 Price is Right 1:30 Sunshine Ride 2:00 Afternoon Snack (RA) 3:00 Sing-Along 4:00 One on One</p>	<p>9:00 Jazzercise & Trivia 3 10:00 Morning Snack (RA) 10:00 Bible Study/w Harry -2nd Floor 10:30 Bible Study/w Harry-Pathway 1:30 IN2L Karaoke Fun 2:00 Afternoon Snack (RA) 3:00 Puzzles</p>
<p>9:00 Morning Worship 11 10:00 Morning Snack (RA) 10:30 Spot the Difference 1:30 Brain Fitness (RA) 2:00 Afternoon Snack (RA) 3:00 Kickball (RA)</p>	<p>9:30 Metro Chair Workout 12 10:00 Moring Snack (RA) 10:00 Bible Study with Richard Stainbrook-Pathway & 2nd Floor 1:30 Umbrella Ball Toss 2:00 Afternoon Snack (RA) 3:00 IN2L Game 4:00 Social Hour</p>	<p>9:30 Fun Fitness 13 10:30 Golfing 10:00 Morning Snack (RA) 1:30 Fancy Nails 2:00 Afternoon Snack (RA) 3:00 Remember When 3:30 Sing -Along</p>	<p>9:30 The Bee Gee Exercise 14 10:00 Morning Snack (RA) 10:30 Craft 1:30 Music 2:00 Afternoon Snack (RA) 3:00 Things you don't see anymore 4:00 Socialization</p>	<p>9:30 Fun Fitness 15 10:00 Morning Snack (RA) 10:30 Balloon Volleyball 2:00 Afternoon Snack (RA) 2:00 Resident Birthday Party 3:00 Lifetime Channel 4:00 One on One</p>	<p>-Wear your Elvis Shirt 9 9:30 Move & Groove 10:00 Morning Snack (RA) 10:30 Ball Toss & Talk 1:30 Bingo- Pathway & 2nd Floor 2:00 Afternoon Snack (RA) 3:00 Classical Movie 4:00 One on One</p>	<p>9:00 Jazzercise & Trivia 10 10:00 Morning Snack (RA) 10:00 Bible Study/w Harry- 2nd Floor 10:30 Bible Study/ w Harry-Pathway 1:30 IN2L Karaoke Fun 2:00 Afternoon Snack (RA) 3:00 Noodle Ball</p>
<p>9:00 Morning Worship 18 10:00 Morning Snack (RA) 10:30 Spot the Difference 1:30 Brain Fitness (RA) 2:00 Afternoon Snack (RA) 3:00 Kickball (RA)</p> <p>Activity Professionals Week</p>	<p>-Wear your favorite Sport Team 19 9:30 Metro Chair Workout 10:00 Morning Snack (RA) 10:00 Bible Study with Richard Stainbrook- Pathway & 2nd Floor 1:30 Music 2:00 Afternoon Snack (RA) 3:00 Gone Fishing 4:00 Relaxation</p> <p>Martin Luther King Jr. Day</p>	<p>-Wear your favorite Disney Character 20 9:30 Coffee, Chat & Conversation 10:00 Morning Snack (RA) 10:30 Game Show 2:00 Afternoon Snack (RA) 2:00 Karaoke w/ Courtney -Pathway & 2nd Floor 3:00 Who, What, When 4:00 One on One</p>	<p>-Wear your favorite Super hero 21 9:30 Sit & Stretch 10:00 Morning Snack (RA) 10:30 Lunch Outing 10:30 IN2L Game 2:00 Afternoon Snack (RA) 2:00 Movie, Hot Cocoa & Popcorn 4:00 One on One</p>	<p>-Wear your favorite pajamas 22 9:30 Fun Fitness 10:00 Morning Snack (RA) 10:30 Ball Toss 1:30 Picture Game IN2L 2:00 Afternoon Snack (RA) 3:00 Sing- Along 3:30 Socialization</p>	<p>-Wear your favorite Era 23 9:30 Move & Groove 10:00 Morning Snack (RA) 10:30Piggy Banker 1:30 IN2L Game 2:00 Afternoon Snack (RA) 3:00 Family Feud 3:30 One on One</p>	<p>9:00 Jazzercise & Trivia 24 10:00 Morning Snack (RA) 10:00 Bible Study/w Harry-2nd Floor 10:30 Bible Study/w Harry-Pathway 1:30 IN2L Karaoke Fun 2:00 Afternoon Snack (RA) 3:00 Noodle Ball</p>
<p>9:00 Morning Worship 25 10:00 Morning Snack (RA) 10:30 Spot the Difference 1:30 Brain Fitness(RA) 2:00 Afternoon Snack (RA) 3:00 Kickball(RA)</p> <p>Australia Day (Observed)</p>	<p>9:30 Metro Chair Workout 26 10:00 Morning Snack (RA) 10:00 Bible Study with Richard Stainbrook- Pathway & 2nd Floor 1:30 What's Cooking- Pathway & 2nd Floor 2:00 Afternoon Snack (RA) 2:45 Bean Bag Toss 3:30 Music Therapy</p>	<p>9:30 Fun Fitness 27 10:00 Morning Snack (RA) 10:30 Fancy Nails 1:30 Bingo - Pathway & 2nd Floor 2:00 Afternoon Snack (RA) 4:00 One on One</p>	<p>9:30 The Bee Gee Exercise 28 10:00 Morning Snack (RA) 10:30 What's Cooking 1:30 Sunshine Ride 2:00 Afternoon Snack (RA) 3:00 Price is Right 4:00 Relaxation</p>	<p>-Lunar New Year 29 9:30 Fun Fitness 10:00 Morning Snack (RA) 10:30 Learning Fun Facts 1:30 Golfing 2:00 Afternoon Snack (RA) 3:00 Sing- Along 4:00 One on One</p>	<p>9:30 Move & Groove 30 10:00 Morning Snack (RA) 10:30 Creative Coloring 1:30 Tennis Table 2:00 Afternoon Snack (RA) 3:00 Hallmark Movie& Hot Cocoa 4:00 Socialization</p>	<p>9:00 Jazzercise & Triva 31 10:00 Morning Snack (RA) 10:00 Bible Study with Harry- 2nd Floor 10:30 Bible Study with Harry-Pathway 1:30 IN2L Karaoke Fun 2:00 Afternoon Snack (RA) 3:00 Noodle Ball</p>

Activities Are Subject to Change Without Prior Notice